

WHAT TO EXPECT

THE PROCESS

A complimentary phone or video call is the first step. This allows us to review your goals, confirm there are no contraindications, and determine whether Plasma is the right treatment for you. If we decide to move forward, a strategy session will be scheduled. The strategy session is a \$100 in-person appointment applied toward your treatment cost when you book. During this appointment we will review your treatment areas, discuss your complete skin strategy, go over pre-care and post-care protocols in detail, take before photographs, and complete all required forms. A patch test will be performed at this time if indicated. This session is designed so that your treatment appointment is focused entirely on results and time is given for any questions to be answered. Your first treatment appointment will be scheduled a minimum of two weeks following your strategy session.

TREATMENT DAY

Please arrive having completed all pre-care steps. Upon arrival you will go directly to the treatment room to begin topical numbing. Please plan for approximately 45 minutes of numbing time before treatment begins. Individual response to topical anesthetics varies — every measure will be taken to ensure your comfort throughout the procedure. Following treatment, photographs will be taken and you will receive your complete post-care kit with instructions. Do not leave without confirming you understand your post-care protocol.

AFTER TREATMENT

Expect swelling, redness, and sensitivity for the first 12–48 hours. The treated area may feel similar to a mild sunburn. If the eye area was treated, swelling will be more pronounced and is expected. Carbon dots will form over the first 12–48 hours. These are a normal and necessary part of the healing process. Do not pick, scratch, or attempt to remove them. Premature removal disrupts the healing process and increases the risk of scarring. Carbon dots will shed naturally within 5–14 days depending on the area treated, your individual healing speed, and adherence to post-care protocol. New skin will be visible beneath.

*Social downtime of *up to* one week should be anticipated if treatment is on the face. Solutions are available if this is a major concern.

ONGOING

Follow your post-care protocol completely and without exception. Contact me at any time with questions or concerns. Twelve weeks must pass between sessions for skin rejuvenation.

**Individual results vary. No outcomes can be guaranteed.*

www.skinstrategy.com

Questions or concerns:

855.254.7665