

PROCELL MICROCHANNELING

PRE-CARE

2 WEEKS BEFORE / AS SOON AS POSSIBLE

DISCONTINUE:

- All Retinol, Retin-A, Tretinoin. Alpha-hydroxy or any type of Vitamin A product
- AHAs, BHAs, glycolic acid, salicylic acid, or chemical exfoliants at treatment area
- Laser or any other type of skin treatment
- Tanning or sun exposure on the treatment area. (Ideally sun exposure should be stopped 60 days before treatment. If your skin is tanned this will need to be evaluated individually.)

BEGIN:

- *Collagen and vitamin C supplements **
- *Exfoliating treatment area regularly*
- *Moisturizing treatment area daily*
- *Red light therapy to treatment area if possible **
- *SPF 30-50 on treatment area whenever exposed to sunlight*
- *Drinking plenty of water daily*

ONE WEEK BEFORE

- Discontinue alcohol

3 DAYS BEFORE

- Discontinue any blood thinners with physician approval.
- Discontinue NSAIDs and aspirin unless medically required
- Begin cold sore antiviral medication if applicable — obtain prescription from physician in advance

24 HOURS BEFORE

- Discontinue caffeine

DAY OF APPOINTMENT

ARRIVE WITH:

- Clean skin — no makeup, moisturizer, or sunscreen on treatment area
- Treatment area shaved if needed
- Loose, comfortable clothing if treatment area is on the body

DO:

- Eat a light meal and drink plenty of water before your appointment

Please review Post-Care instructions, What to Expect and FAQ pages to know what to expect and plan for..
All products are recommended to maximize your experience but are not required to see great results.
Individual results vary. No outcomes can be guaranteed.