

LUXE TRUE PLASMA SKIN REJUVENATION & SCAR REVISION

PRE-CARE

2 WEEKS BEFORE / AS SOON AS POSSIBLE

DISCONTINUE:

- All Retinol, Retin-A, Tretinoin. Alpha-hydroxy or any type of Vitamin A product
- Laser or any other type of skin treatment
- Tanning or sun exposure on the treatment area. (Ideally sun exposure should be stopped 60 days before treatment. If your skin is tanned this will need to be evaluated individually.)

BEGIN:

- Taking high quality collagen and vitamin C supplements to help your skin's recovery. Isotonix Beauty Blend is also a wonderful beauty supplement.
- Drinking lots of water.
- Wearing SPF 30-50 sunscreen on treatment area if it must be exposed to sunlight.
- Exfoliating the treatment area regularly. Microdermabrasion is recommended every other day, discontinuing 2 days before treatment.
- Moisturize every day.
- Expose treatment area to red light regularly if possible for healing and collagen production

ONE WEEK BEFORE

- Begin taking Arnica to support healing.

3 DAYS BEFORE

- Discontinue any blood thinners with physician approval.
- Take cold sore medication if applicable.
- Wax treatment area if applicable to allow skin time to recover.

DAY OF APPOINTMENT

- Treatment area should be makeup and product free. No moisturizers.
- Gently shave treatment area if needed.
- Wear loose clothes the day of the appointment if the treatment area is on the body.
- Please eat and drink lots of water.
- You won't be able to sweat or submerge for 5-7 days.
- No showering for 24 hours after your treatment, so plan accordingly. Bathing is acceptable if treatment is on the face.
- Contact lenses are not recommended when treating eye area in case numbing creams seep into the eyes and get trapped under lenses which can cause a corneal abrasion. Contacts may be put in after treatment, but glasses are recommended in case you have excessive swelling.

Please review Post-Care instructions, What to Expect and FAQ pages to know what to expect and plan for..
All products are recommended to maximize your experience but are not required to see great results.
Individual results vary. No outcomes can be guaranteed.

*Product links and resources at www.skinstrategy.com
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