

INKLESS REVISION

POST-CARE

IMMEDIATELY AFTER TREATMENT

- Do not touch treated area with unwashed hands or objects
- No makeup on treatment area
- No direct sun exposure
- Do not shower the night of your treatment Bathing is acceptable if treatment area is on the face

WOUND CARE PROTOCOL

Your provider will advise which protocol applies to your treatment.

IF SECOND SKIN BANDAGE IS APPLIED:

- Wear bandage for the duration advised by your provider — typically 3-5 days
- Mild weeping or fluid beneath the bandage is normal and part of the healing process
- To remove: peel back gently against the skin, not outward
- After removal: wash the area gently with fingertips and mild soap. Air dry for 45 minutes to 1 hour before applying anything. Do not rush this step.

IF NO BANDAGE APPLIED:

- Keep the area very clean
- Days 1-3: apply a thin layer of provided aftercare gel with a clean cotton swab or gloved finger 3 times daily
- Days 4-7: do not touch or treat the area. Allow the scab to fall off naturally. Do not pick

DURING HEALING

- **D**o not pick, scratch, rub, or peel any flaking or scabbing — allow to release naturally
- Redness at the treatment site may shift to a brownish tone during healing — this is normal and typically fades over 1-3 months
- No working out or submerging for 5-7 days. You may shower.
- Wear loose clothing over body treatment site
- Stay hydrated
- Continue Arnica supplements for 1 week post-treatment *

FOR 3 DAYS AFTER

- Take cold sore antiviral medication if applicable — continue as directed by your physician
- Discontinue any blood thinners as directed

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FOR 2 WEEKS AFTER

DISCONTINUE:

- Retinoids, retinol, vitamin A, or skin-thinning products
- Laser or any other skin treatment in treatment area
- Commercial sunscreens – use only provided SPF from your post-care kit for 30 days

CONTINUE:

- Collagen and vitamin C supplements *
- Drinking plenty of water daily
- Red light therapy to treatment area if possible *
- Provided SPF on treatment area whenever exposed to sunlight
- Wearing a hat or physical sun protection when outdoors

LONG TERM

- No commercial sunscreen on treatment area for 30 days – provided SPF only
- SPF 30–50 daily on treated area after 30 days ** skinstrategy.com/resources
- No tanning for 30–45 days post-treatment
- Series of sessions required – minimum 4–6 weeks between sessions

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All products are recommended to maximize your experience but are not required to see great results.
Individual results vary. No outcomes can be guaranteed.

*Visit the Resources page at www.skinstrategy.com/resources for recommended products.
Questions or concerns: alison@skinstrategy.com | 855.254.7665