

INK PROCEDURE

POST-CARE

IMMEDIATELY AFTER TREATMENT

- Do not touch treated area with unwashed hands or objects
- No makeup on treatment area
- No direct sun exposure
- Do not shower the night of your treatment Bathing is acceptable if treatment area is on the face

WOUND CARE PROTOCOL

Your provider will advise which protocol applies to your treatment.

IF SECOND SKIN BANDAGE IS APPLIED:

- Wear bandage for the duration advised by your provider – typically 3-5 days
- Bandage creates a sealed healing environment – mild weeping or fluid beneath is normal and part of the process
- To remove: peel back gently against the skin, not outward
- After removal: wash the area gently with fingertips and mild soap. Air dry for 45 minutes to 1 hour before applying anything. Do not rush this step.

NANO BROW SPECIFIC – IF NO BANDAGE APPLIED:

- Day 1: Gently wipe the area a few times with provided antiseptic wipes
- Days 2-3: Wipe gently with antiseptic wipes morning and night. Allow to air dry. Apply a very thin layer of provided aftercare gel with a clean cotton swab.
- Days 4-10: Wash gently with mild cleanser and apply a very thin layer of aftercare gel once daily. Discontinue gel after 10 days unless skin still feels dry or itchy.
- Do not pick at any scabbing – allow to heal naturally

DURING HEALING

- Brows will appear significantly darker and denser for 7-14 days – this is expected. True color emerges after healing.
- Brows will fade 20-40% during healing – final result is assessed at your touch-up appointment
- Do not pick, scratch, rub, or peel any flaking or scabbing – allow to release naturally
- Wear loose clothing over body treatment site if applicable
- No working out or submerging for 5-7 days. You may shower.
- No direct sun exposure during entire healing phase
- Stay hydrated

FOR 2 WEEKS AFTER

DISCONTINUE:

- Retinoids, retinol, vitamin A, or skin-thinning products
- Laser or any other skin treatment in treatment area
- Tanning

CONTINUE:

- Drinking plenty of water daily
- SPF 30–50 on treatment area whenever exposed to sunlight *

LONG TERM

- SPF 30–50 daily on treated area ** skinstrategy.com/resources
- Avoid prolonged sun exposure – UV exposure significantly affects pigment longevity
- Touch-up appointment at 6–8 weeks is essential – do not assess final results before this appointment
- Contact your provider immediately if you experience abnormal pain, discharge, fever, or signs of infection

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All products are recommended to maximize your experience but are not required to see great results.
Individual results vary. No outcomes can be guaranteed.

*Visit the Resources page at www.skinstrategy.com/resources for recommended products.
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