



INK PROCEDURES

WHAT TO EXPECT

THE PROCESS

A pre-consultation history form will be sent followed by a complimentary phone or video call to begin the process. This allows us to review your goals, confirm there are no contraindications, and determine possible paths forward. If we decide to proceed, a strategy session will be scheduled. The strategy session is a \$100 in-person appointment applied toward your treatment cost when you book. During this appointment we will review your treatment areas, discuss your complete skin strategy, go over pre-care and post-care protocols in detail, take before photographs, and complete all required forms. A test patch will be performed if indicated. This session is designed so that your treatment appointment is focused entirely on results and time is given for any questions to be answered. Your appointments will be scheduled according to where you are in the pre-care process.

TREATMENT DAY

Please arrive having completed all pre-care steps. Topical anesthetics are applied before or during the procedure, most of the time immediately after the first pass. Comfort varies by treatment area and individual sensitivity. Often none are needed. Treatment time varies, typically take 2-3 hours including mapping, numbing, and the procedure. Scar camouflage varies by area size.

- For feature procedures (brows, areola, etc.): your provider will map and design the shape before any pigment is applied. This step is collaborative and shape will be agreed upon before we begin.
- For camouflage procedures: skin tone will be matched with a special device

AFTER TREATMENT

Immediately after treatment aftercare product will be supplied and a second skin bandage may or may not be applied depending on procedure. Follow all post-care instructions completely. The treated area will appear more intense after treatment than the final result. This is normal and softens significantly as healing progresses.

- Days 1-3: The area may be red and feel tender, tight, or mildly itchy. This is the inflammatory response – normal and expected.
- Days 3-7: Peeling or flaking begins as the outermost layer of skin sheds. Do not pick or peel – this disrupts pigment retention.
- Days 7-14: Brows enter a "ghosting" phase where color may appear to fade significantly or almost disappear. This is temporary – pigment is settling into the deeper layers of skin.
- Surface healing completes in approximately 1-2 weeks
- True color and depth settle over 4-6 weeks
- Final result is assessed at the touch-up appointment at 6-8 weeks – this appointment is essential and considered part of the service. Scar camouflage consists of a series of treatments.

ONGOING

Procedures typically last several to many years depending on procedure, skin type, age, lifestyle, sun exposure and pre and post-care compliance. These specifics will be discussed during your strategy session.

**Individual results vary. No outcomes can be guaranteed.*

More information on the Resources page @ www.skinstrategy.com
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