

HOW CAN **VAST SUPPORT** YOU OR YOUR ORGANIZATION

VAST is BC's largest centre for refugee mental health. We are committed to supporting our training partners as we grow the capacity of the refugee-serving sector in BC.

We offer training and professional development workshops on refugee mental health and recovery from torture & trauma, for health, education, and social service providers, law firms, and practicum students. We also sit on local, provincial, national, and international committees to advance the rights of refugees and access to mental health supports.



WHY IS OUR **TRAINING** EFFECTIVE?

We have immense experience as direct service providers, and as capacity builders and advisors, in supporting the mental health of refugees who arrive in British Columbia with psychological trauma as a result of torture, political violence, and other forms of persecution on the basis of race, religion, gender identity, and sexual orientation.

100⁺ TRAININGS
5000⁺ PARTICIPANTS

OUR IMPACT

“The 45 staff and private sponsors in attendance all found the workshop extremely valuable in understanding trauma informed practise and found the facilitation provided by Mariana Martinez Vieyra engaging, educational, and valuable. We also gained important knowledge about how resilient refugees are and the importance of supporting this resiliency.
- Training partner

“Hearing from people who've been through it, people in my shoes, gave me courage and hope.
- Client

NOTABLES **TRAINED** BY US



WHAT WE **OFFER**:

A series of modules to build your and your team's capacity to work **effectively and appropriately** with Refugee populations:

- 1 A Trauma-Focused Groupwork Model
- 2 Organizational Trauma-Informed Practice
- 3 Healing & Self-Care as Solidarity building
- 4 Supporting Refugee Children
- 5 Cross Cultural Skills
- 6 Expressive Arts-Based Approaches
- 7 Working with Interpreters in the Mental Health Context
- 8 Safe, Sustainable, & Appropriate Boundaries
- 9 Neuroscience-based approaches to Conflict
- 10 Working with Survivors of Torture

COST STRUCTURE?

Our rates are: \$300/hr, \$500/2hr, \$800/half day, \$1500/full day.
Inquire for customized rate.

LET'S TALK!
referrals@vastbc.ca

Hours:
Monday-Friday
9am-5pm

Address:
2610 Victoria Dr.,
Vancouver, BC