



wellcube.life

NEUROFIT

**TRAIN YOUR BRAIN.
TRANSFORM YOUR BODY.**

DUBAI'S FIRST NEUROCOGNITIVE TRAINING STUDIO
COMBINING BRAIN-BODY PERFORMANCE TRAINING



TRAIN YOUR BRAIN. TRANSFORM YOUR BODY.

DUBAI'S FIRST NEUROCOGNITIVE TRAINING STUDIO COMBINING
BRAIN-BODY PERFORMANCE TRAINING, GUIDED WELLNESS SESSIONS,
AND ADVANCED RECOVERY TECHNOLOGIES.

DESIGNED TO IMPROVE:



ALIGNMENT OF
MIND AND BODY



RECOVERY, LONGEVITY,
AND OVERALL
WELL-BEING



STRENGTH AND
MOVEMENT EFFICIENCY



NERVOUS SYSTEM
BALANCE



REACTION SPEED
AND COORDINATION



IMPROVED BALANCE
AND AGILITY





HOW YOUR PROGRAM WORKS?

01 INITIAL CONSULTATION + ASSESSMENT
Physical assessment with a Personal Trainer and nutrition consultation with Clinical Nutritionist

02 NEURO PERFORMANCE MAPPING
Understand your movement, balance, and reaction

03 STRUCTURED TRAINING PLAN
Based on your goals: fitness, weight loss, performance, or recovery

04 MONTHLY PROGRESS TRACKING
Biowell energy scan, BCA and performance updates



REAX RUN

The world's first treadmill with unpredictable inclinations in all directions, training your body to react in real time.



REAX MONITOR

Fully programmable smart screen with personalized training protocols. HIIT, fat loss, performance, and more.



REAX BOARD

Fully programmable smart floor with unpredictable 3D inclinations, forcing your body to react and adapt in real time.



REAX LIGHTS PRO WALL

Wall-mounted reactive light panels that train focus, coordination, and response speed through unpredictable visual stimuli.



REAX LIGHTS PRO

Mobile reactive light satellites that create 3D cognitive training spaces to sharpen mental focus and neuromuscular response.



REAX LIFT PRO + REAX RACK

A complete unstable strength training station combining the Reax Lift bar with a full functional rack for advanced neuromuscular training.

MEMBERSHIPS.

		POPULAR	
FEATURES	NEURO START. AED 500/month Annual: AED 6,000 AED 5,000	NEURO CORE. AED 800/month Annual: AED 9,600 AED 8,000	NEURO TRANSFORM. AED 1,250/month Annual: AED 15,000 AED 12,500
Access to Wellheal Movement Hub	✓	✓	✓
Introductory Physical Assessment	✓	✓	✓
Neuro Consultation	✗	✓	✓
Monthly Vitals + Body Composition Analysis	✗	✓	✓
Monthly BioWell Energy Scan	✗	✗	✓
Meal Planning & Tracking by Clinical Nutritionist	✗	✓	✓
Recovery Sessions per month	1	2	4
Group sessions	✗	Unlimited	Unlimited
Discount on WellHeal services	10%	20%	30%

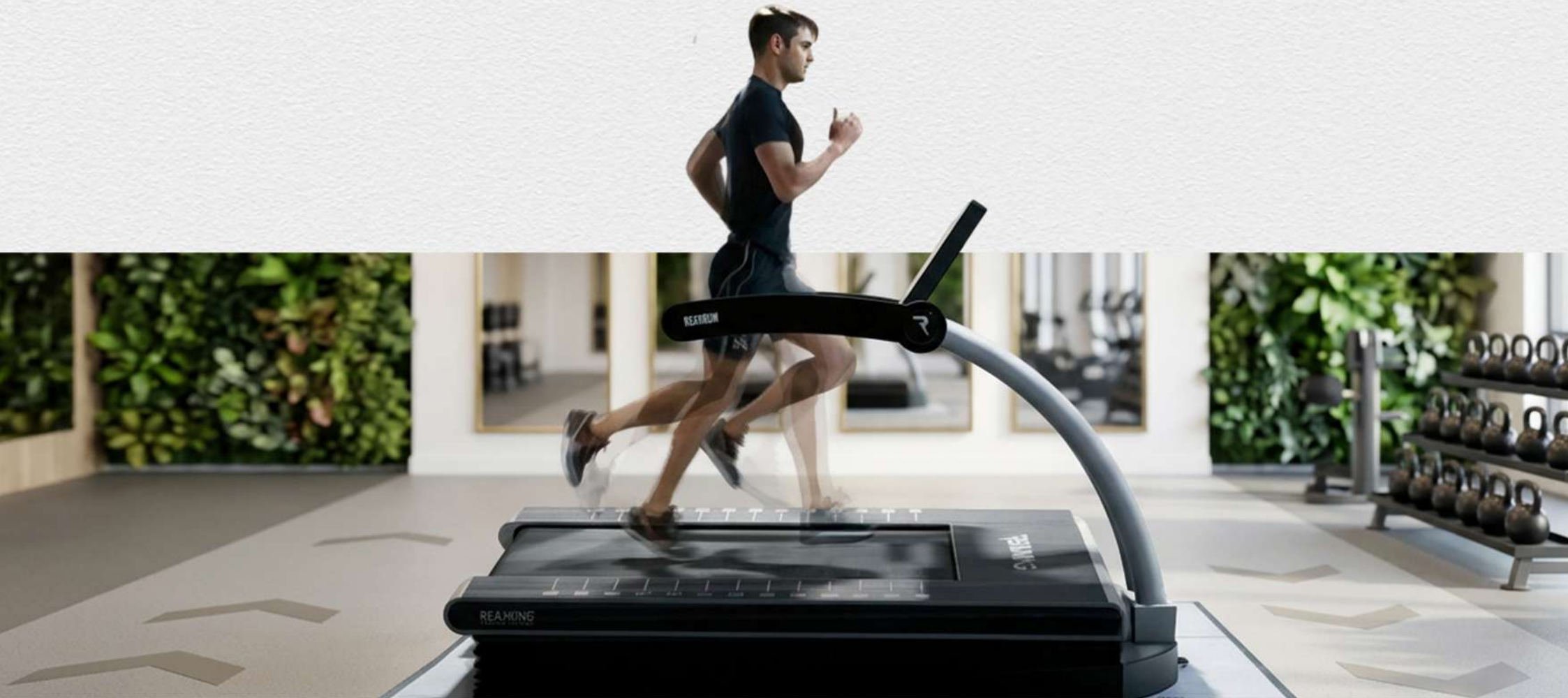
START YOUR JOURNEY

Neuro Assessment + Trial Session

AED149 (Redeemable upon membership)

INCLUDES:

Movement and reaction testing • Guided Reax training experience • Personalized recommendation



GROUP WELLNESS SESSIONS

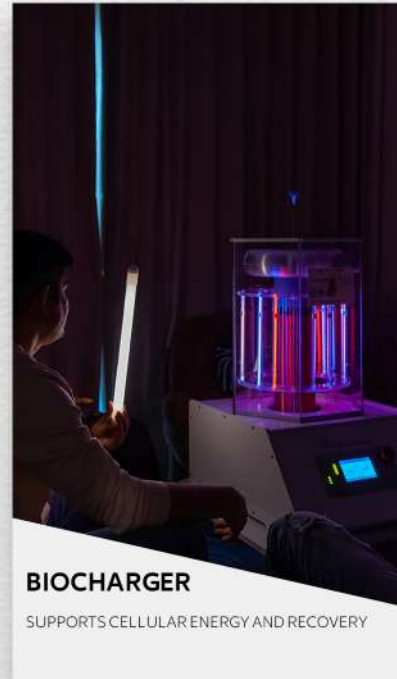
INCLUDED IN CORE & TRANSFORM MEMBERSHIPS:



THESE SESSIONS ARE DESIGNED TO
**COMPLEMENT NEURO TRAINING BY CALMING
THE NERVOUS SYSTEM AND IMPROVING RECOVERY.**

ADVANCED RECOVERY TECHNOLOGIES

AVAILABLE WITH MEMBERSHIPS OR AS ADD-ONS



wellcube.life

Contact Us



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WEBSITE



LOCATION