

wellcube.life

MASSAGES AND BODY TREATMENTS

WHERE TENSION MELTS
INTO STILLNESS.





RELAXATION & STRESS RELIEF

A selection of soothing and therapeutic treatments designed to calm the mind, release everyday tension, and promote deep relaxation through gentle touch, warmth, essential oils, and targeted massage techniques.

Swedish
Massage

Hot Stone
Therapy

Aromatherapy
Massage

Relaxation
Massage
Therapy

Head and
Shoulder
Massage

Ease muscle tension, improve circulation and promote relaxation

Deep, penetrating heat of volcanic basalt stones to melt the tension away

Essential oils to calm, balance and relax the body

Therapeutic massage that releases strain in the head and shoulder areas



Specialized therapies designed to support the body's natural drainage processes, stimulate circulation, promote overall balance, and enhance the body's sense of lightness and well-being.

Lymphatic
Drainage

Reflexology
Massage

Maderotherapy

DETOX & BODY WELLNESS

Targets foot using pressure points linked to the body's systems

Activates the body's natural drainage network to remove toxins

Natural body contouring, toning and sculpting with wooden tools



PAIN RELIEF & MUSCLE RECOVERY

Targeted therapies using varying levels of pressure and specialized techniques to release muscular tension, ease discomfort, support physical recovery and promote greater ease of movement.

Sports
Massage

Deep Tissue
Massage

Balinese
Massage

Antenatal
Soothing Massage

For active or athletic individuals who seek muscle-intensive massages

Herbal oils and firm pressure to release knots, reduce stress and tension

Soothing and therapeutic treatments designed to nurture pregnant individuals

Targets deep muscle and connective tissues using strong, steady pressure



HAND & FOOT CARE

A selection of treatments dedicated to soothing tired feet, relieving everyday tension, and caring for the hands and feet through relaxing massage, grooming, and restorative care.

Relaxing Foot
Massage

Manicure

Pedicure

Soothes and relaxes tired & overworked hands and feet

Luxurious and intimate care for your nails, cuticles and surrounding skin

Increases circulation and relieves everyday tension in the body's farthest extremities

Stimulates blood flow to fingers and toes



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ARRIVE. TRANSFORM. THRIVE.