

Oasis Pavilion Nursing and Rehabilitation

How a Casa Grande skilled nursing facility reached residents who skipped group activities

Casa Grande, Arizona · Skilled nursing and long-term care, 134 certified beds · Powered by Televeda



40

residents at a single class, January 2019

1 week

for residents, families and staff to share positive feedback

2019

the year the pilot became an ongoing weekly program

THE CHALLENGE

Like most nursing homes, Oasis had residents who skipped group activities. Some are frail, some have mobility or mild cognitive disabilities, and some simply aren't interested. Staff kept them connected through a growing number of one-on-one room visits. Oasis already ran a busy activities department, and its administrator was skeptical at first. Televeda's focus on the residents that program wasn't reaching changed his mind.

THE SOLUTION

From October to December 2018, Televeda ran a Saturday-morning pilot built for residents of every ability.

THE RESULTS

Attendance rose 900%. Residents who had skipped group activities started coming, and the crowds kept growing. By January 2019 one class drew 40 residents, and staff said, "We need a bigger room."

Feedback within a week. Residents, families and staff began sharing positive comments in the program's first week.

Residents asked to keep it. The Resident Council President went to the administrator's office to ask that Televeda stay permanently. Oasis brought it back as a weekly class in January 2019.

Staff saw changes in movement. Residents reported better hand movement and fewer cramps, and staff described improvement in residents living with Alzheimer's and Parkinson's.



Brain Games

Memory, puzzle, word and optical-illusion games kept residents curious.



Movement for every body

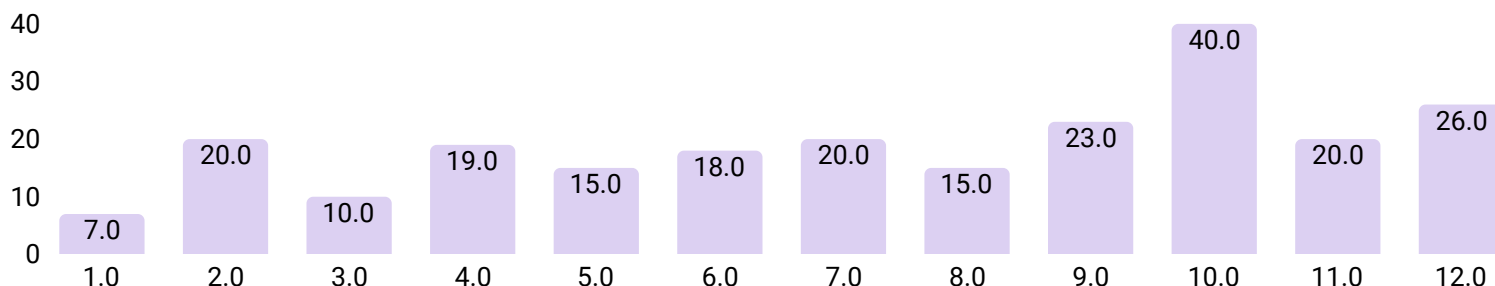
Stretching, breathing and chair-friendly dance. Wheelchair users and a blind resident took part.



Community

Get-to-know-you games, birthday celebrations, and staff and families joining in.

Weekly Class Attendance From October 2018 to February 2019



I can today say as the Administrator that this is one of the best decisions that I have ever made.

Kenneth Opara, Administrator, Oasis Pavilion



You made us feel we're not stupid and we can do more than just sit in these chairs.

Oasis resident, at the pilot's graduation session

Looking ahead Oasis continued with Televeda after the pilot so residents could keep improving. Their main request stays simple: more programs, and no end to the classes they love.

Sources: Televeda session notes, Oct 2018–Feb 2019; letter from Kenneth Opara, Administrator, Oasis Pavilion

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