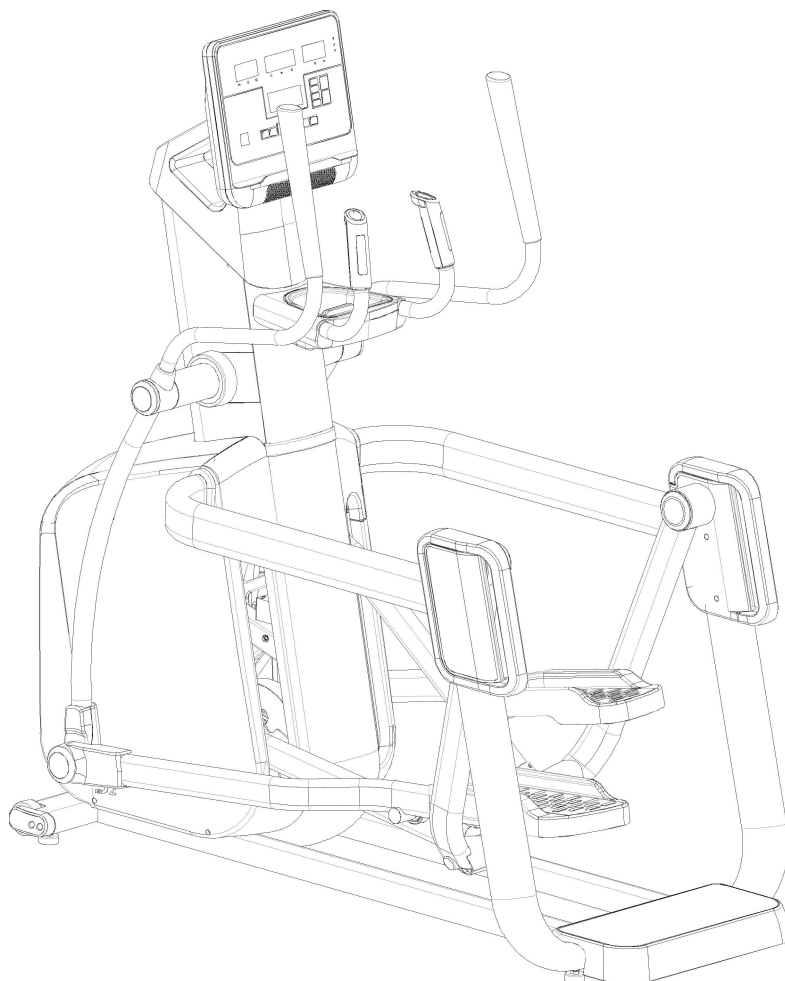




BLACK SERIES ELLIPTICAL

SK-BLK-ELIP

USER MANUAL



**TO OBTAIN THE WARRANTY OF THIS
PRODUCT, WE RECOMMEND THAT
A QUALIFIED TECHNICIAN
CARRIES OUT THE FULL ASSEMBLY.**



CAUTION

**BEFORE USING THIS EQUIPMENT.
READ ALL PRECAUTIONS AND
INSTRUCTIONS IN THIS MANUAL.
KEEP THIS MANUAL FOR FUTURE
REFERENCE.**

IMPORTANT SAFETY INSTRUCTIONS

PURCHASER INSTRUCTIONS

It is the sole responsibility of the purchaser of products to read, understand, and comply with the owner's manual and warning labels for this product, and to instruct all individuals on the proper use of this equipment. Use this product only for its intended purpose as described in the owner's manual. Failure to do so may result in injury or damage. It is recommended that all users be informed of the following information prior to use.

RISK OF INJURY AND ASSUMPTION OF RISK; NO CHILDREN

- Before starting any exercise or conditioning program, you should consult your physician. This is especially important if you are new to exercise or training equipment, inactive, pregnant, or suffer from any illness or mental condition. Using training equipment can result in injury or death, and the purchaser is assuming that risk. This makes understanding the owner's manual and instructing others particularly important.
- If at any time during exercise you feel faint, dizzy, or experience pain, stop exercising immediately and consult your physician.
- Keep children away from the equipment, and particularly moving parts. If using the product near children or pets, ensure constant supervision to prevent accidents and ensure that there is no ability for the child or pet to get near the moving parts. If authorized by a legal guardian or parent, a child should be under direct and immediate supervision at all times. Under no circumstances should a child younger than 15 years old use the equipment.

SECURE ENVIRONMENT

Skelcore equipment must:

- Be secured to or set up on a solid, level surface to stabilize and eliminate rocking or tipping over during training.
- Be set up with sufficient ventilation to ensure proper operation.
- Be set up with sufficient space around the equipment so that all exercises can be completed safely. It is recommended that there should be at least 1 meter of space around the equipment where access is required to exercise.

INSTALLATION

Risk of Injury:

- Installation of this product involves certain risks, including the risk of injury. Follow the installation instructions carefully, and if you are unsure, seek professional assistance.
 - For optimal safety, professional installation is recommended. If you choose to install the product yourself, ensure that you have the necessary skills and tools.
 - Before installation, verify that the installation location can support the weight and forces exerted by the product. Consult a professional if needed.
- If you encounter difficulties during installation or have any questions, contact the distributor/sales person from which you purchased the equipment for assistance.

Failure to follow these installation guidelines may result in injury or damage or void your warranty. By installing and using this product, you acknowledge and accept all associated risks. If you have questions, please contact our customer support.

IMPORTANT SAFETY INSTRUCTIONS

USER WEIGHT LIMITATIONS

- This product has a maximum weight limit. Do not exceed the specified weight capacity. Doing so may compromise the stability of the equipment and result in injury. This machine has a max. user weight of **180 KG / 396 LBS**.

INSPECTION AND CLEANING

- Before any use, examine all accessories approved for use with the Skelcore equipment for damage or wear.
- Do not use or permit the use of any equipment that is damaged or has worn or broken parts. For all Skelcore equipment, use only replacement parts supplied by Skelcore.
- Always make sure that all nuts and bolts are tightened prior to each use.
- Maintain labels and nameplates – do not remove labels for any reason. They contain important information.
- Equipment maintenance – preventative maintenance is the key to smooth operating equipment. Please ensure that you follow our maintenance tips to ensure the continued correct function of your Skelcore equipment.
- If there are damages to small parts, please stop using the equipment at once and contact the purchasing company or agency for replacements. Install the new small parts properly and make sure the connected joints and working parts are fastened, avoiding danger during use.
- Should your Skelcore equipment appear damaged or worn, do not attempt to use or repair the equipment yourself.
- Do not use caustic cleansers to clean and/or wipe it.

OPERATING PROCEDURES AND WARNINGS

- It is the purchaser's responsibility to instruct all users as to the proper operating procedures of all Skelcore equipment.
- Do not wear loose-fitting clothing or jewelry when using the equipment. It is also recommended that users tie up long hair to avoid contact with moving parts.
- Ensure that anyone not using the equipment stays clear of the user, accessories, and moving parts while the machine is in operation.
- To avoid muscular pain and strain, begin each workout by stretching and warming up, and end each session by cooling down and stretching.
- If the user experiences any injury during use, they should immediately stop using the product and seek medical attention.

SAVE THIS INSTRUCTION MANUAL FOR FUTURE USE AND REFERENCE.

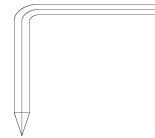
ASSEMBLY LIST

NO	Parts No	Qty	NO	Parts No	Qty
1	Frame	1	9	cover	1
2	Dashboard	1	10	screw cover	1
3	Armrest shaft sheath	2	11	pedal welding	1
4	Left armrest	1	12	pedal	1
5	Right armrest	1	13	pad	1
6	Rocker cover	2	14	Manual	1
7	Handrail bearing end cap	2	15	Screw bag	1
8	Meter transfer	1	16		

Tool List:

a.Frame packing box

5mm Allen wrench (1)



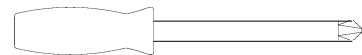
6mm Allen wrench (1)



8mm Allen wrench (1)



150*6 Phillips screwdriver (1)



ASSEMBLY STEPS

Assembly step:

Preparation before assembly: Open the packing box, take out the above materials and place the machine on the ground, and confirm whether the materials in the above list are complete.

Tips: When lifting the frame from the packing box, it is recommended to lift and assemble the machine by three or more people to avoid accidents.

Step1:

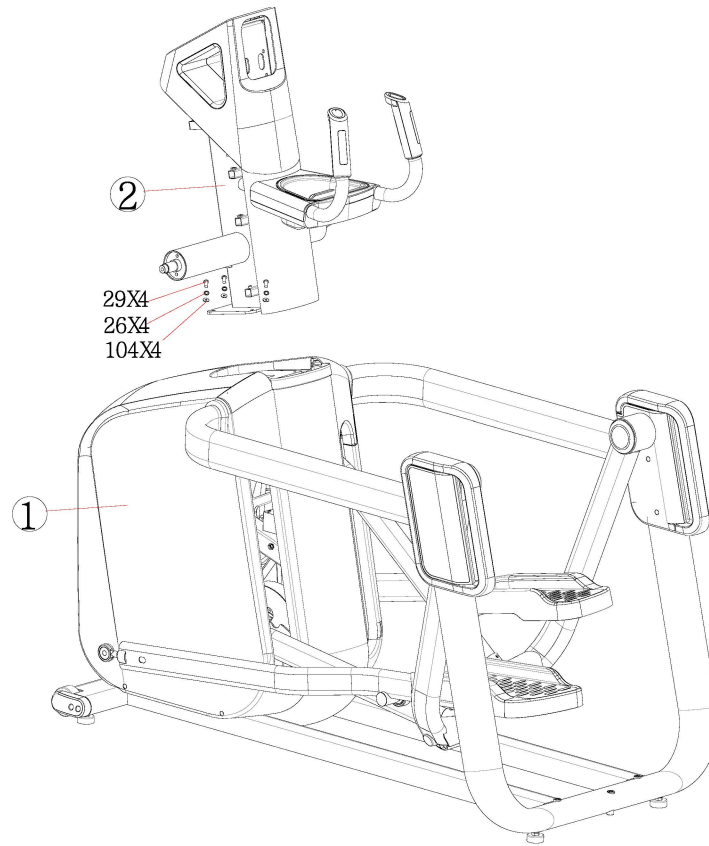
a.Open1# Screw bag 。

b.Fix ②Dashboard and ①Frame by 5mm Allen wrench

As below:

Fastener

NO.	Name	Q'ty
29	Hexagon socket head boltM8*20	4
26	spring washer ϕ 8.1* ϕ 13.1*t1.6	4
104	Flat washer ϕ 8.4* ϕ 16*t1.6	4



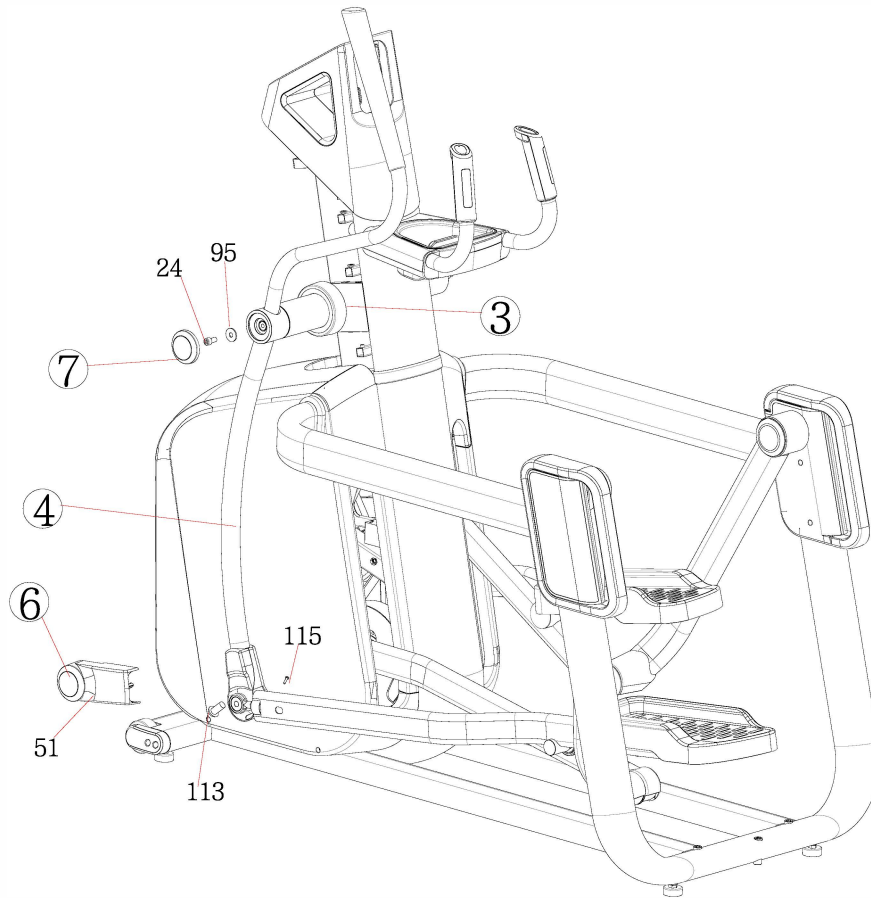
Step2:

- a. Open 2#Screw bag .
- b. Put the left Armrest shaft sheath ③ on the armrest shaft.
- c. The left armrest ④ is inserted into the shaft, and the left armrest group is locked with a 6mm hexagonal wrench; the lower end is locked and fixed with an 8mm hexagonal wrench.
- d. Close the rocker cover ⑥ and tighten it with a 5mm inner hexagon; fasten the armrest bearing end cover ⑦.

As below:

Fastener

NO.	Name	Q'ty
24	Hexagon socket flat head screwsM10*20	1
95	Flat washer ϕ 10.5* ϕ 30*t2.5	1
113	Hexagon socket head bolt M12*40	1
115	Cross recessed pan head screws M4*12	1



Step3:

Open 3# screw bag .

Put the right Armrest shaft sheath ③ on the armrest shaft.

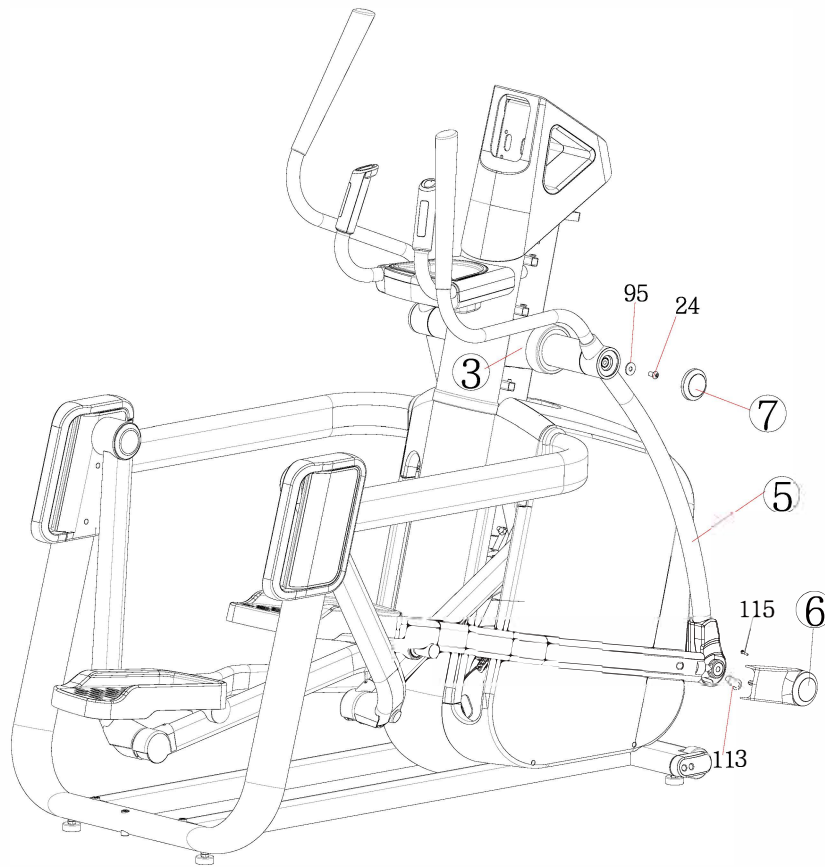
The right armrest ⑤ is inserted into the shaft, and the right armrest group is locked with a 6mm hexagonal wrench; the lower end is locked and fixed with an 8mm hexagonal wrench.

Close the rocker cover ⑥ and tighten it with a 5mm inner hexagon; fasten the armrest bearing end cover ⑦.

As below

Fastener

NO.	Name	Q'ty
24	Hexagon socket flat head screws M10*20	1
95	Flat washer $\phi 10.5 * \phi 30 * t2.5$	1
113	Hexagon socket head bolt M12*40	1
115	Cross recessed pan head screws M4*12	1



Step4:

*This step depends on the selected electronic meter, the appearance, installation and wiring method will be different. Take SH-C15.6L as an example

a. Remove 4 M8 electronic watch sets with fasteners .

b. The rear line of the electronic watch passes through the meter transfer ⑧; fix the meter transfer group on the electronic watch .

c. Take out the bracket rubber sleeve A, bracket rubber sleeve B; then connect the communication line instrument rod section (136) with the electronic watch; then connect the hand-held heart rate line (138) with the electronic watch; then connect the resistance shortcut key connection line (139) Docking with electronic watch.

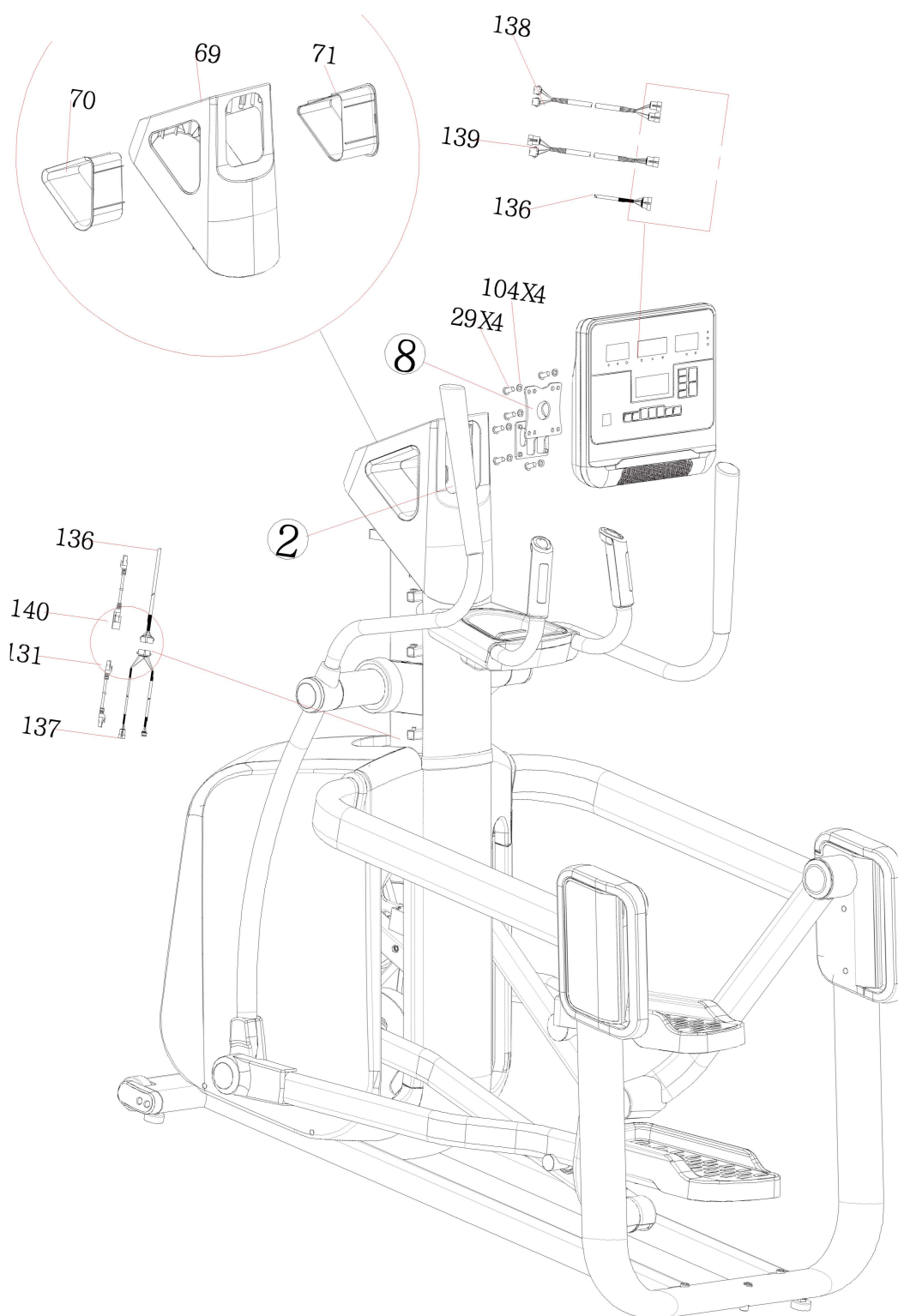
d. Open the 4 # screw bag, and then assemble the electronic watch set (Note: optional) on the Dashboard ②; finally, fasten the bracket rubber sleeve A and the bracket rubber sleeve B.

e. Connect the network cable (131/140) and communication cable (136/137) to the lower part of the Dashboard②.

As below:

Fastener

NO.	Name	Q'ty
29	Hexagon socket head boltM8*20	4
104	spring washer ϕ 8.4* ϕ 16*t1.6	4



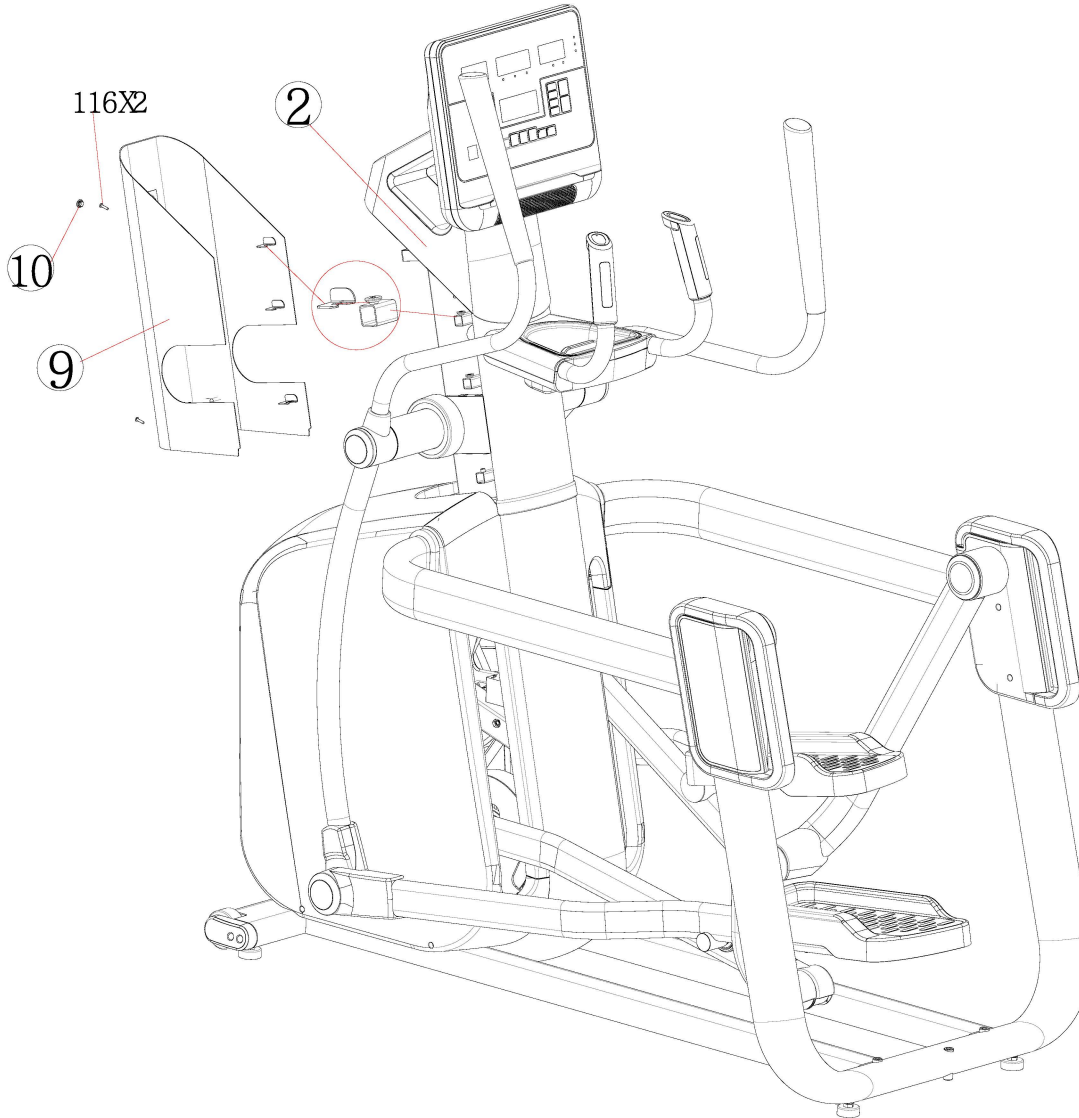
Step5:

- a. Open 5#screw bag。
- b. Push the maintenance cover ⑨ into the Dashboard ② as shown in the figure, and use a Phillips screwdriver to sink the two cross recessed heads.
- c. Close the screw cover ⑩。

As below:

Fastener

NO.	Name	Q'ty
116	Cross recessed countersunk head screwsM5*12	2



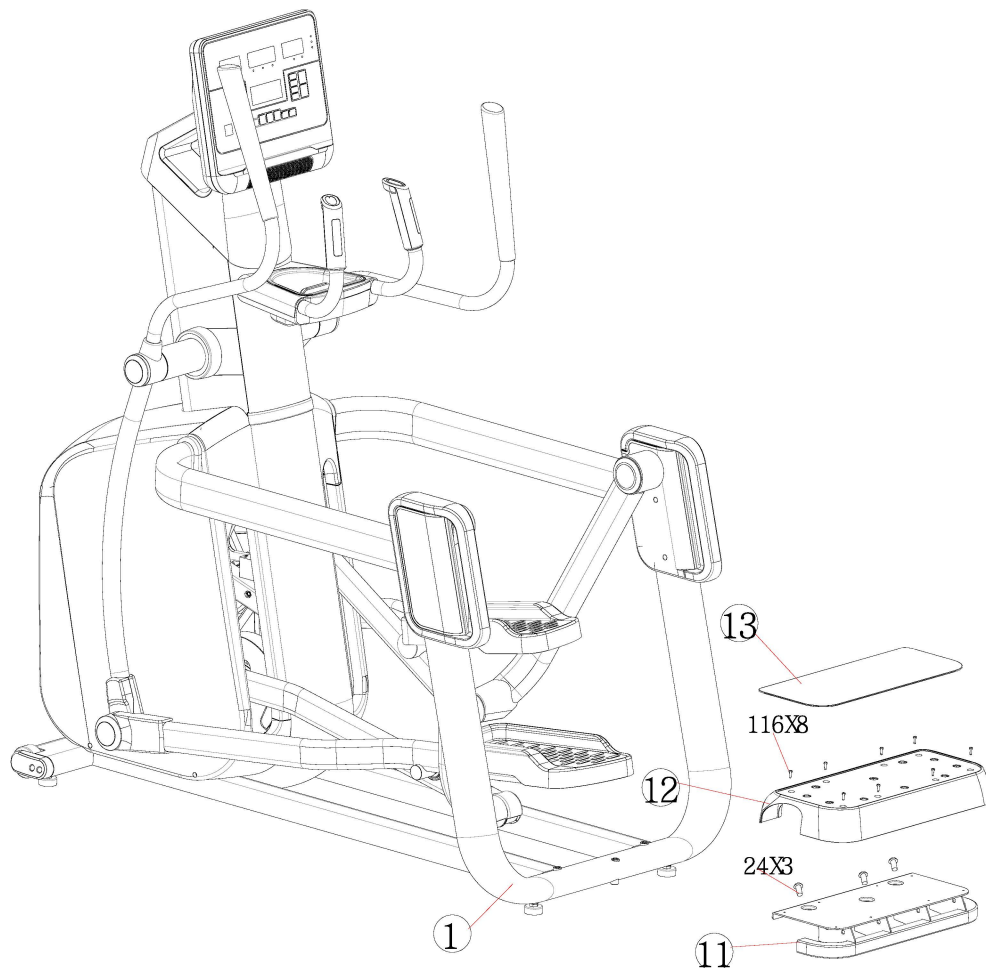
Step6:

- a. Open 6#Screw bag .
- b. The upper pedal is welded and buckled to the rear cross section of the frame①. Use a 6mm hex wrench to lock and fix the three hex flat head screws M10 * 20.
- c. The pedal ⑫ is buckled into the upper pedal welding ⑪ and locked with 8 M5 * 12 cross recessed countersunk head screws.
- d. Cover the pad ⑬ to the pedal ⑫, and snap the back buckle in.

As below

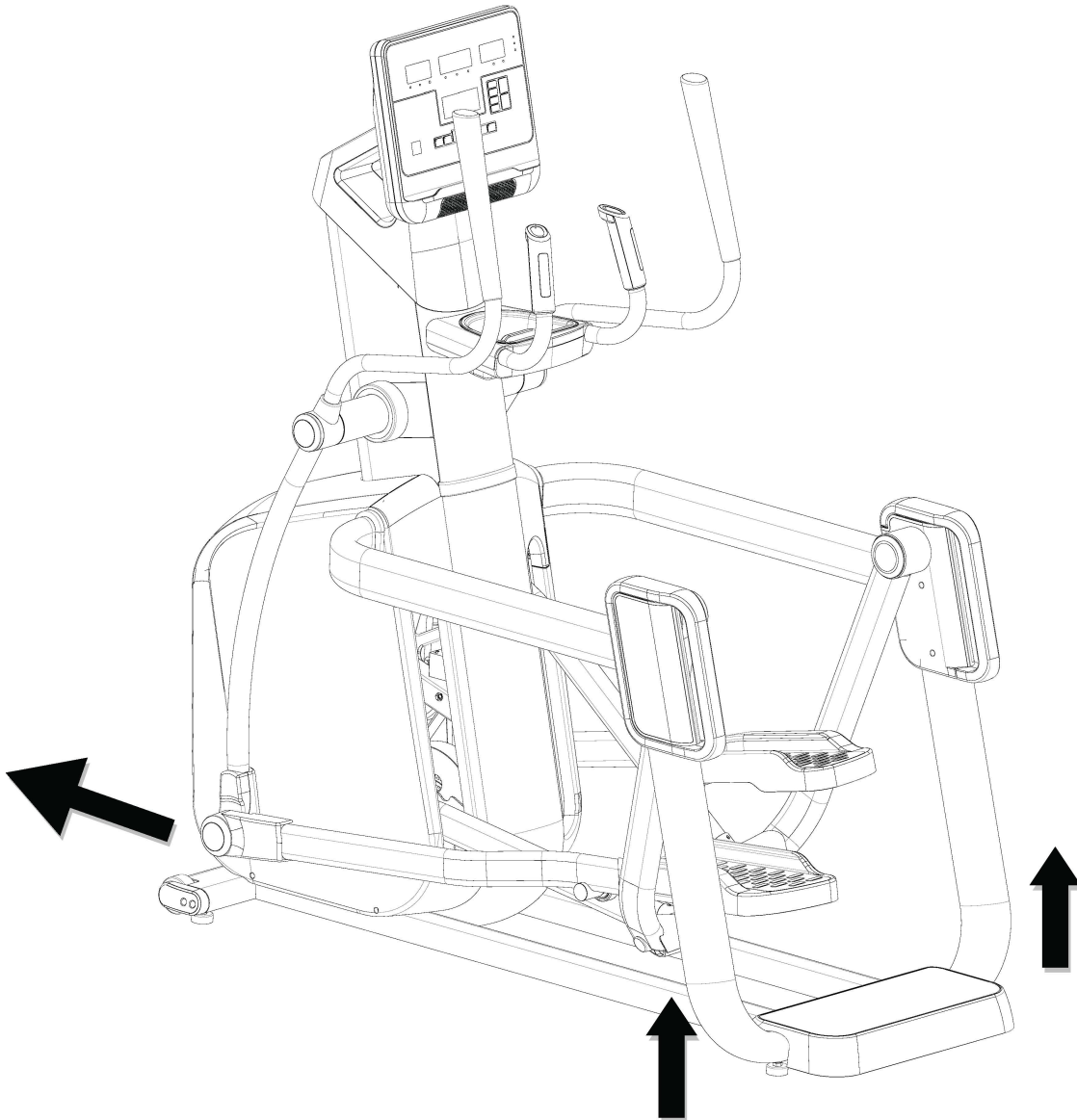
Fastener

NO.	Name	Q'ty
24	Hexagon socket flat head screwsM10*20	3
116	Cross recessed countersunk head screwsM5*12	8



Please note: Please read the following instructions carefully before using this product.

2、Handling instructions



This product moves:

After making sure that the equipment is completely stopped, stand at the back of the product and lift up the end of the product with both hands;

WARRANTY

For a period of either 120 days or 24 months after the purchase date (the “Warranty Period”), a warranty will apply on moving parts, pulley's, cables, buttons, upholstery, hydraulic seats and cables for a period of 120 days, with the balance of the machine being a 24 month warranty. Skelcore warrants that the equipment for materials and workmanship such that, when installed and used in accordance with the owner's manual, will operate for its intended purpose. The warranty applies to equipment installed in air conditioned and temperature controlled environments and will be null and void if used outdoors or in an environment with no air conditioning. Skelcore will, at its expense and as its sole obligation and your exclusive remedy for any breach of this warranty, repair or replace the equipment or any parts, in its discretion, provided that such malfunction or defect is reported to Skelcore by you in writing during the Warranty Period and that you provide all information that may be necessary or requested to assist Skelcore in resolving the malfunction. If Skelcore determines that it is unable to repair the malfunction or replace the equipment, Skelcore or its authorized reseller may refund you the fees you actually paid for the defective equipment, in which case you agree to immediately cease using and to destroy, throw out, or otherwise take steps to ensure no one can use the equipment ever again.

If there are any problems or malfunctions with the Skelcore equipment you purchased, please contact your sales manager promptly. They will help you identify the cause of the problem and assist you in resolving it. If the issue involves parts that cannot be quickly addressed, the company's professional after-sales service personnel will provide specialized support.

COST OF REPAIRS

UNDER WARRANTY

Any items still under warranty will be repaired free of charge, if the repair complies with the terms and conditions of the warranty (refer to the “warranties” section in this manual). Any items that need to be repaired that are not covered under the warranty will be at your expense. A quote for the repair or replacement of these items will be provided to you for approval prior to any repairs being conducted.

OUT OF WARRANTY

Any items that need to be repaired once the warranty has expired will be at your expense, including call-out fees. A quote for the repair or replacement of these items will be provided to you for approval prior to any repairs being conducted.

Save this instruction manual for future use and reference.

SAVE THIS INSTRUCTIONAL MANUAL FOR FUTURE USE AND REFERENCE.

WARRANTY

To maintain your warranty, please complete the form below upon receiving your machine and email it back to the representative who sold you the goods.

Failure to do so will result in the loss of warranty.

SKELCORE ATTACH RECEIPT

CLIENT DETAILS

- NAME:
- EMAIL:
- CELL:
- TEL(H):
- TEL(W):
- FAX:
- ADDRESS:

PRODUCT DETAILS

- DATE OF PURCHASE:
- SERIAL NUMBER:
- TILL SLIP NUMBER:
- DESCRIPTION OF PURCHASE:

Signature: _____

Date: _____