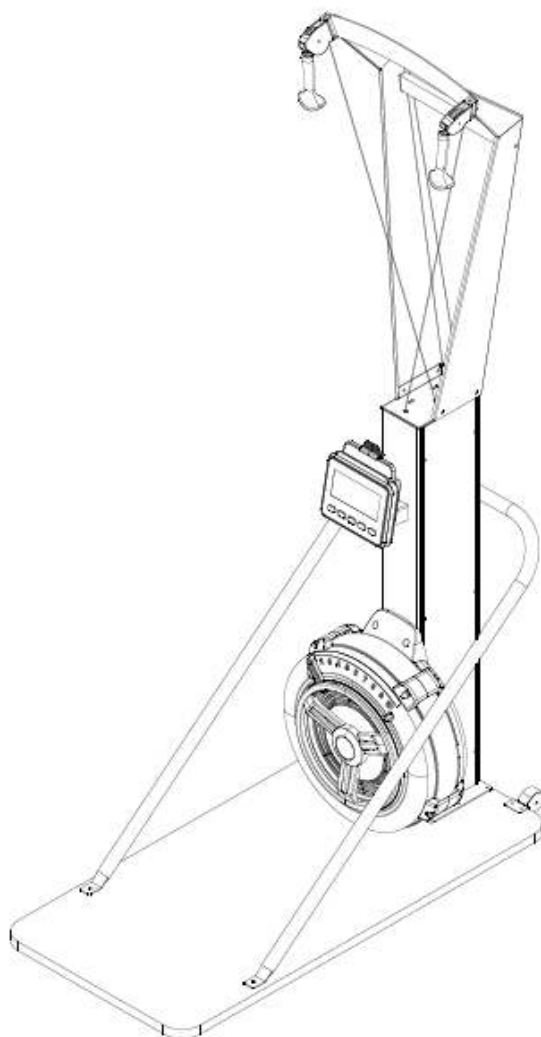




SKI TRAINER

SK-SKITRA001



**TO OBTAIN THE WARRANTY OF THIS
PRODUCT, WE RECOMMEND THAT
A QUALIFIED TECHNICIAN
CARRIES OUT THE FULL ASSEMBLY.**



CAUTION

BEFORE USING THIS EQUIPMENT. READ
ALL PRECAUTIONS AND INSTRUCTIONS
IN THIS MANUAL KEEP THIS MANUAL
FOR FUTURE REFERENCE.

IMPORTANT WARNINGS & SAFETY INSTRUCTIONS

PROPER INSTALLATION

The Gym facility shall ensure that all exercise equipment and machines are properly installed, anchored, and secured to the floor or wall in accordance with the manufacturer's instructions and applicable safety standards to prevent tipping, movement, or other hazards.

LIMITATION OF LIABILITY

Evolution Group LLC and its affiliates shall not be liable for any damages, injuries, or losses arising from the improper installation, maintenance, or use of the equipment. The Gym facility agrees to hold harmless and indemnify Evolution Group LLC and its affiliates against any claims, demands, or liabilities resulting from such incidents.

COMPLIANCE WITH INSTRUCTIONS

The Gym facility confirms that it has received and understood the manufacturer's instructions and safety guidelines for the equipment. The Gym facility is responsible for ensuring that its staff and members are aware of and comply with these instructions.

NO WARRANTY FOR MISUSE

Evolution Group LLC and its affiliates do not warrant the equipment's performance or safety in cases of misuse, improper installation, or failure to maintain the equipment as recommended.

PURCHASER INSTRUCTIONS

It is the sole responsibility of the purchaser of products to read, understand, and comply with the this equipment. Use this product only for its intended purpose as described in the owner's manual. Failure to do so may result in injury or damage . It is recommended that all users be informed of the following information prior to use.

RISK OF INJURY AND ASSUMPTION OF RISK; NO CHILDREN

- Before starting any exercise or conditioning program, you should consult your physician. This is especially important if you are new to exercise or training equipment, inactive, pregnant, or suffer from any illness or mental condition. Using training equipment can result in injury or death, and the purchaser is assuming that risk. This makes understanding the owner's manual and instructing others particularly important.
- If at any time during exercise you feel faint, dizzy, or experience pain, stop exercising immediately and consult your physician.
- Keep children away from the equipment, and particularly moving parts. If using the product near children or pets, ensure constant supervision to prevent accidents and ensure that there is no ability for the child or pet to get near the moving parts. If authorized by a legal guardian or parent, a child should be under direct and immediate supervision at all times. Under no circumstances should a child younger than 15 years old use the equipment.

SECURE ENVIRONMENT

Skelcore equipment must:

- Be secured to or set up on a solid, level surface to stabilize and eliminate rocking or tipping over during training.
- Be set up with sufficient ventilation to ensure proper operation.

IMPORTANT WARNINGS & SAFETY INSTRUCTIONS

- Be set up with sufficient space around the equipment so that all exercises can be completed safely. It is recommended that there should be at least 1 meter of space around the equipment where access is required to exercise.

INSTALLATION

Risk of Injury:

- Installation of this product involves certain risks, including the risk of injury. Follow the installation instructions carefully, and if you are unsure, seek professional assistance.
 - For optimal safety, professional installation is recommended. If you choose to install the product yourself, ensure that you have the necessary skills and tools.
 - Before installation, verify that the installation location can support the weight and forces exerted by the product. Consult a professional if needed.
- If you encounter difficulties during installation or have any questions, contact the distributor/sales person from which you purchased the equipment from for assistance.

Failure to follow these installation guidelines may result in injury or damage or void your warranty. By installing and using this product, you acknowledge and accept all associated risks. If you have questions, please contact our customer support.

USER WEIGHT LIMITATIONS

This product has a maximum weight limit. Do not exceed the specified weight capacity. Doing so may compromise the stability of the equipment and result in injury. This machine has a max. user weight of **136 KG / 300 LB**

INSPECTION AND CLEANING

- Before any use, examine all accessories approved for use with the Skelcore equipment for damage or wear.
- Do not use or permit the use of any equipment that is damaged or has worn or broken parts. For all Skelcore equipment, use only replacement parts supplied by Skelcore.
- Always make sure that all nuts and bolts are tightened prior to each use.
- Maintain labels and nameplates – do not remove labels for any reason. They contain important information.
- Equipment maintenance – preventative maintenance is the key to smooth operating equipment. Please ensure that you follow our maintenance tips to ensure the continued correct function of your Skelcore equipment.
- If there are damages to small parts, please stop using the equipment at once and contact the purchasing company or agency for replacements. Install the new small parts properly and make sure the connected joints and working parts are fastened, avoiding danger during use.
- Should your Skelcore equipment appear damaged or worn, do not attempt to use or repair the equipment yourself.
- Do not use caustic cleansers to clean and/or wipe it.

OPERATING PROCEDURES AND WARNINGS

- It is the purchaser's responsibility to instruct all users as to the proper operating procedures of all

IMPORTANT WARNINGS & SAFETY INSTRUCTIONS

Skelcore equipment.

- Do not wear loose-fitting clothing or jewelry when using the equipment. It is also recommended that users tie up long hair to avoid contact with moving parts.
- Ensure that anyone not using the equipment stays clear of the user, accessories, and moving parts while the machine is in operation.
- To avoid muscular pain and strain, begin each workout by stretching and warming up, and end each session by cooling down and stretching.
- If the user experiences any injury during use, they should immediately stop using the product and seek medical attention.

PROPER INSTALLATION

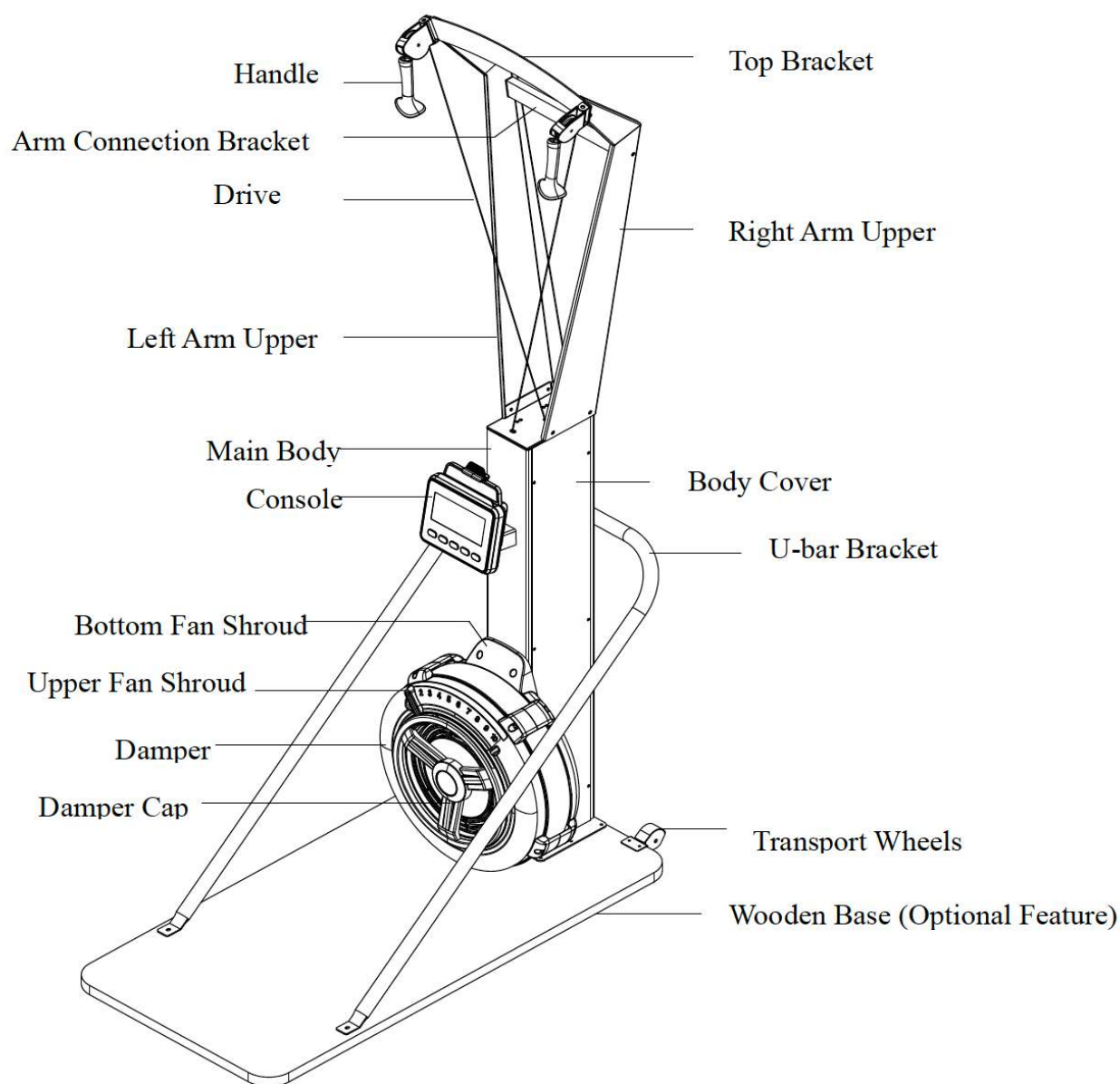
The Gym facility shall ensure that all exercise equipment and machines are properly installed, anchored, and secured to the floor or wall in accordance with the manufacturer's instructions and applicable safety standards to prevent tipping, movement, or other hazards.

LIMITATION OF LIABILITY

Evolution Group LLC and its affiliates shall not be liable for any damages, injuries, or losses arising from the improper installation, maintenance, or use of the equipment. The Gym facility agrees to hold harmless and indemnify Evolution Group LLC and its affiliates against any claims, demands, or liabilities resulting from such incidents.

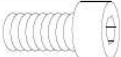
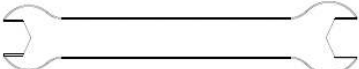
SAVE THIS INSTRUCTION MANUAL FOR FUTURE USE AND REFERENCE.

ASSEMBLY LIST

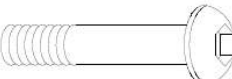
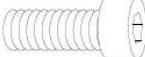


ASSEMBLY LIST

After unpacking the unit, open the hardware bag and make sure that you have all the following fasteners. Some fasteners may be already attached to the part.

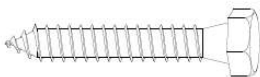
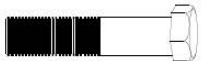
Image	Part no.	Description	Qty
	82	Button Head Cap Screw M8 x 75mm	1
	71	Flat Washer M8	13
	72	Nylon nut M8	1
	86	Socket Head Cap Screw M8 x 12mm	10
	87	Socket Head Cap Screw M8 x 15mm	2
	89	Allen Wrench 6mm	1
	88	Open End Wrench	1

Below chart includes the extra fasteners for **FREE STANDING STYLE** assembly:

Image	Part no.	Description	Qty
	84	Button Head Cap Screw M8 x 50mm	2
	85	Arc Washer M8	2
	83	Socket Head Cap Screw M8X30mm	6
	71	Flat Washer M8	6
	90	Allen Wrench 5mm	1

ASSEMBLY LIST

Below chart includes the extra fasteners for WALL MOUNTED STYLE assembly:

Image	Part No.	Description	QTY
	8	Lower wall mounting bracket	1
	9	Upper wall mounting bracket	2
	54	Socket head cap screw ST8X50mm	4
	53	Hex Head Bolt M8X35mm	2
	71	Flat Washer M8	2
	55	Flat Washer M8	4

ASSEMBLY LIST

PART NO.	DESCRIPTION	QTY
1	Main body	1
2	Left upper arm	1
3	Right upper arm	1
4	Top bracket	1
5	Arm connection bracket	1
6	U-bar bracket	1
7	Transport wheel cover	2
10	Body cover (left/right)	2
11	Fan	1
12	Perforated steel mesh	1
13	Console pulley spacer	8
14	Console monitor	1
16	Generator	1
17	Sensor cable	1
18	Wooden base	1
19	Fan axle	1
20	Bearing 6001RS	6
21	One way bearing HF1212,12t	2
22	Magnet	1
23	Balance weight	3
24	Small balance weight	2
25	Cord pulley	2
26	Pulley spacer	2
27	Cord pulley	2
28	Bearing 6000ZZ	4
29	Console pulley	8
30	Bearing 606ZZ	8
31	Damper	1

ASSEMBLY LIST

32	Upper fan shroud	1
33	Bottom fan shroud	1
35	Steel plate	2
36	Bushing 6001	2
37	Cable plug	2
38	Damper cap	1
39	Pulley cover	1
40	Pulley bracket	2
41	Body upper cover	1
42	U-bar bracket cushion	1
43	Generator base	1
44	Handle	2
45	Handle plug	2
46	Short spacer	1
47	Long spacer	2
48	Cord pulley spacer	8
49	Transport wheel	2
50	Wooden base cushion	6
51	Bungee cord	2
52	Drive cord	2
56	Socket Head Cap Screw M5X92mm	4
57	Hex nut M5	4
58	Phillips Pan Head Self-Tapping Screw ST4.2X6mm	6
59	Phillips Pan Head Screw M4X45mm	1
60	Hex nut M4	1
62	Phillips Truss Head Screw M6X10mm	8
63	Lock Washer,Internal Tooth M6	8
64	Flat Washer M6	6
65	Flat Washer $\phi 16 \times \phi 6.2 \times 1.5T$	1
66	Phillips Pan Head Screw M6X16mm	2
67	Cushion nut M8	6

ASSEMBLY LIST

68	Phillips Flat Head Self-Tapping Screw ST4.2X16mm	22
69	Socket Head Cap Screw M8X40mm	2
70	Phillips Pan Head Self-Tapping Screw ST4.2X25mm	8
71	Flat Washer M8	25
72	Nylon nut M8	5
73	Button Head Cap Screw M6X35mm	6
74	Phillips Truss Head Screw M6x20mm	8
75	Nylon nut M6	14
76	Phillips Pan Head Self-Tapping Screw ST4.2X13mm	5
77	Phillips Pan Head Self-Tapping Screw ST3.0X20mm	2
79	Flat Socket Head Cap Screw M5X8mm	16
80	Hex nut M8	4
81	Phillips Pan Head Self-Tapping Screw ST4.2X16mm	23
82	Button Head Cap Screw M8X75mm	3
83	Socket Head Cap Screw M8X30mm	6
84	Button Head Cap Screw M8X50mm	2
85	Arc washer M8	2
86	Socket Head Cap Screw M8X12mm	10
87	Socket Head Cap Screw M8X15mm	2
88	Open End Wrench	1
89	Allen Wrench 6mm	1
90	Allen Wrench 5mm	1
92	Rubber cushion	2
93	Phillips Flat Head Screw M5x8mm	2
94	Socket Head Cap Screw M4X12mm	3
95	Generator cover	1
96	PU stopper	2
97	Aluminum cord pulley	2
98	Stopper ring	2
99	Phone holder	1
100	Bungee cord for phone holder	1

ASSEMBLY LIST

101	Long EVA Pad	1
102	Short EVA Pad	1
103	Socket Head Cap Screw M6X16mm	1
104	Spring Washer M6	1
108	Damper Cap	1
109	Phillips Pan Head Self-Tapping Screw ST4.2X10mm	5
150	Phillips Flat Head Self-Tapping Screw ST3.5X10mm	4

The diagram is an exploded view of a treadmill assembly, divided into two main sections: 'FRONT' and 'BACK'.

FRONT View: This section shows the treadmill deck (11) and its internal components, including the motor (12) and various rollers (13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109). It also shows the front frame (9) and various fasteners (screws, bolts, nuts, washers, etc.).

BACK View: This section shows the rear frame (9) and the motor assembly (12). It includes various fasteners (screws, bolts, nuts, washers, etc.) and components (1, 2, 3, 4, 5, 6, 7, 8, 10, 11, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109).

The diagram includes numerous numbered parts (1-109) and assembly instructions with arrows and symbols. The 'FRONT' label is at the bottom left, and the 'BACK' label is at the top right.

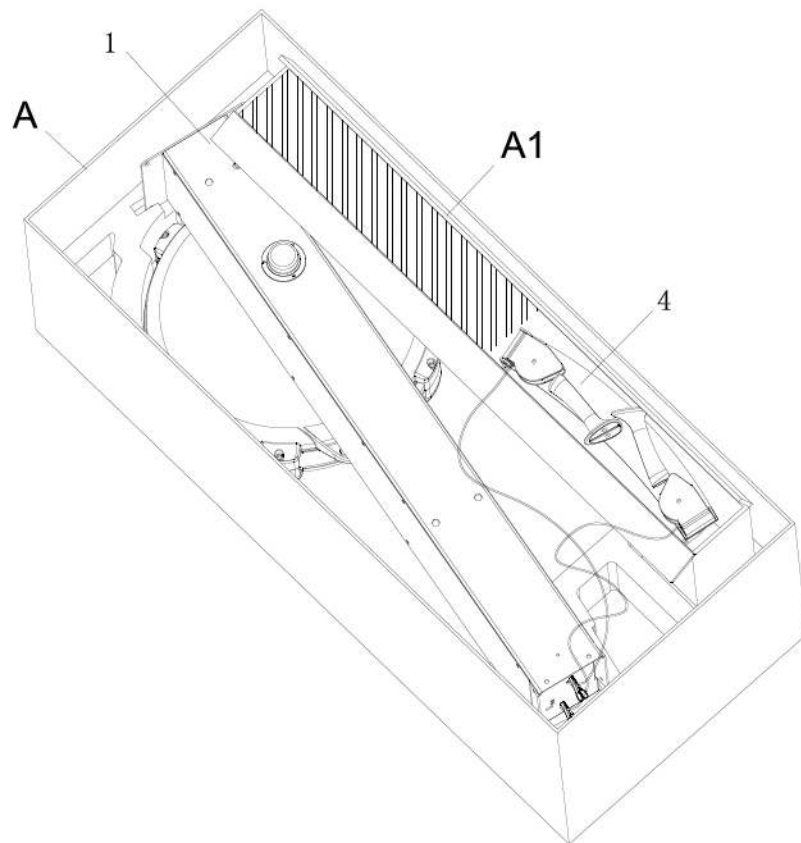
ASSEMBLY STEPS

Step 1

- Remove the Top bracket (4) from the packaging and place it on the ground next to box A.
- Remove the Main body (1) from the packaging and place it on the ground next to box A.

Note:

- Fan shrouds will be easily damaged if it faces downwards on the ground during the assembly.
- Do not throw Styrofoam away until the assembly is completed.

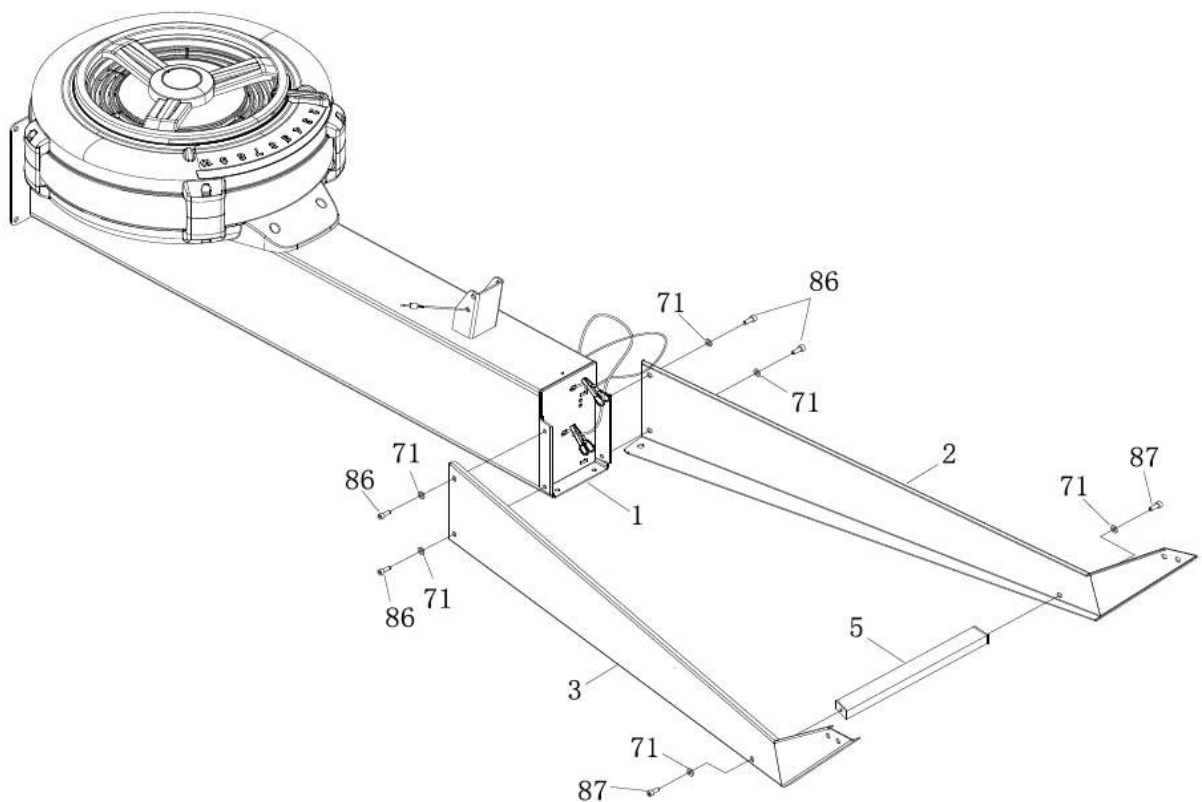
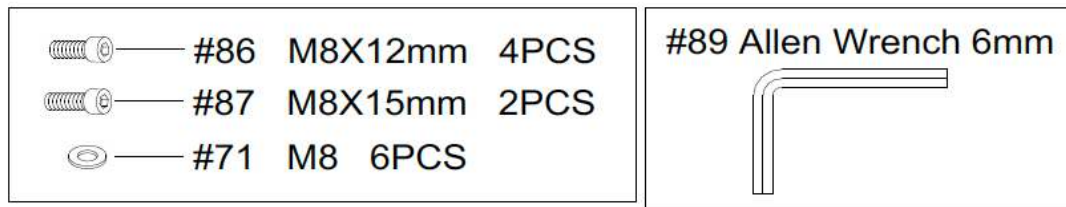


ASSEMBLY STEPS

Step 2

- Attach the Left (2) and Right (3) upper arms to the Main body (1) using 4pcs Socket Head Cap Screw M8X12mm (86) and 4pcs flat washer M8(71). Don't Tighten all the bolts.
- Connect the Left (2) and Right (3) upper arms to the Arm connection bracket (5) using 2pcs Socket Head Cap Screw M8X15mm (87) and 2pcs flat washer M8 (71).

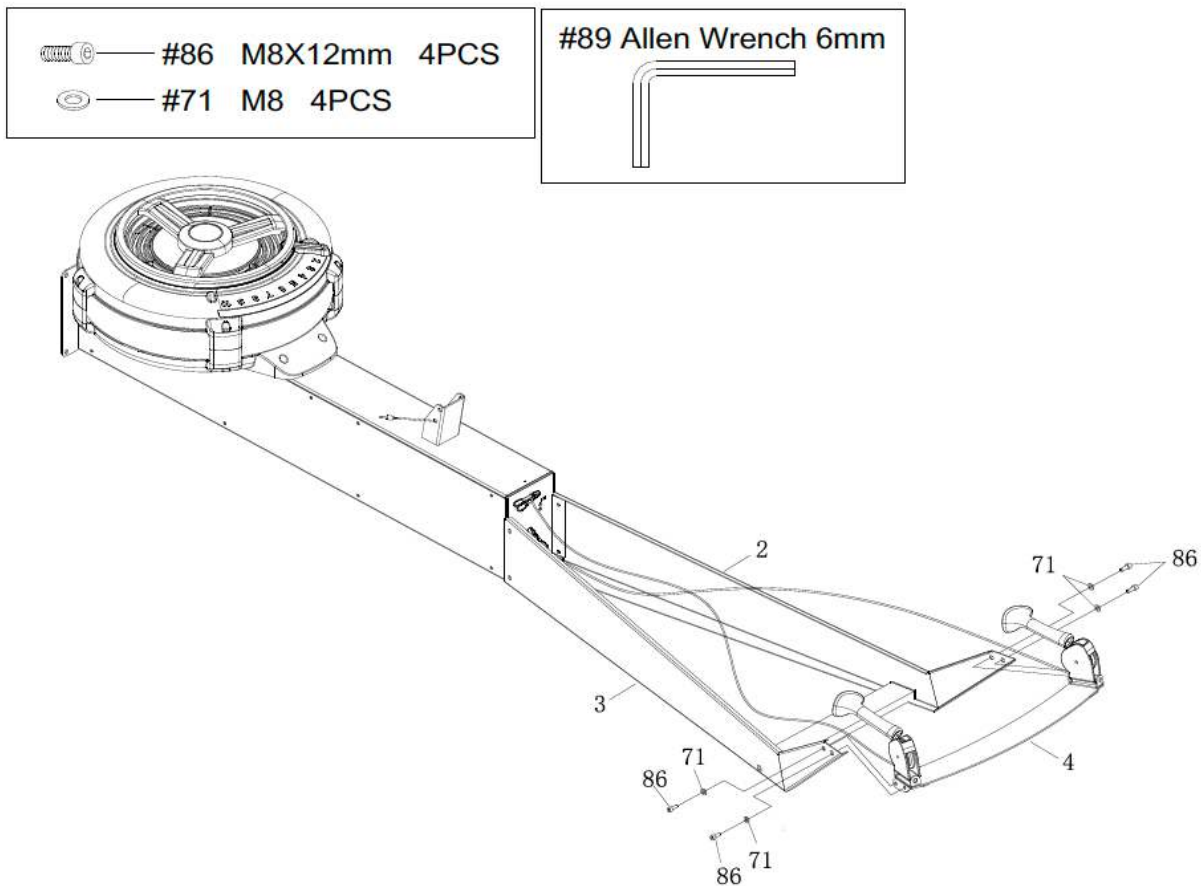
Note: Ensure that all bolts are firmly tightened at the end of the above steps.



ASSEMBLY STEPS

STEP 3

- Attach the top bracket (4) to the left and right upper arms (2/3) using 4pcs of Socket Head Cap Screw M8X12mm (86) and Flat washer M8 (71).
- Secure the Top bracket (4) to the Left (2) and Right (3) upper arms using 4pcs Socket Head Cap Screw M8X12mm (86) and 4pcs M8 flat washer (71).



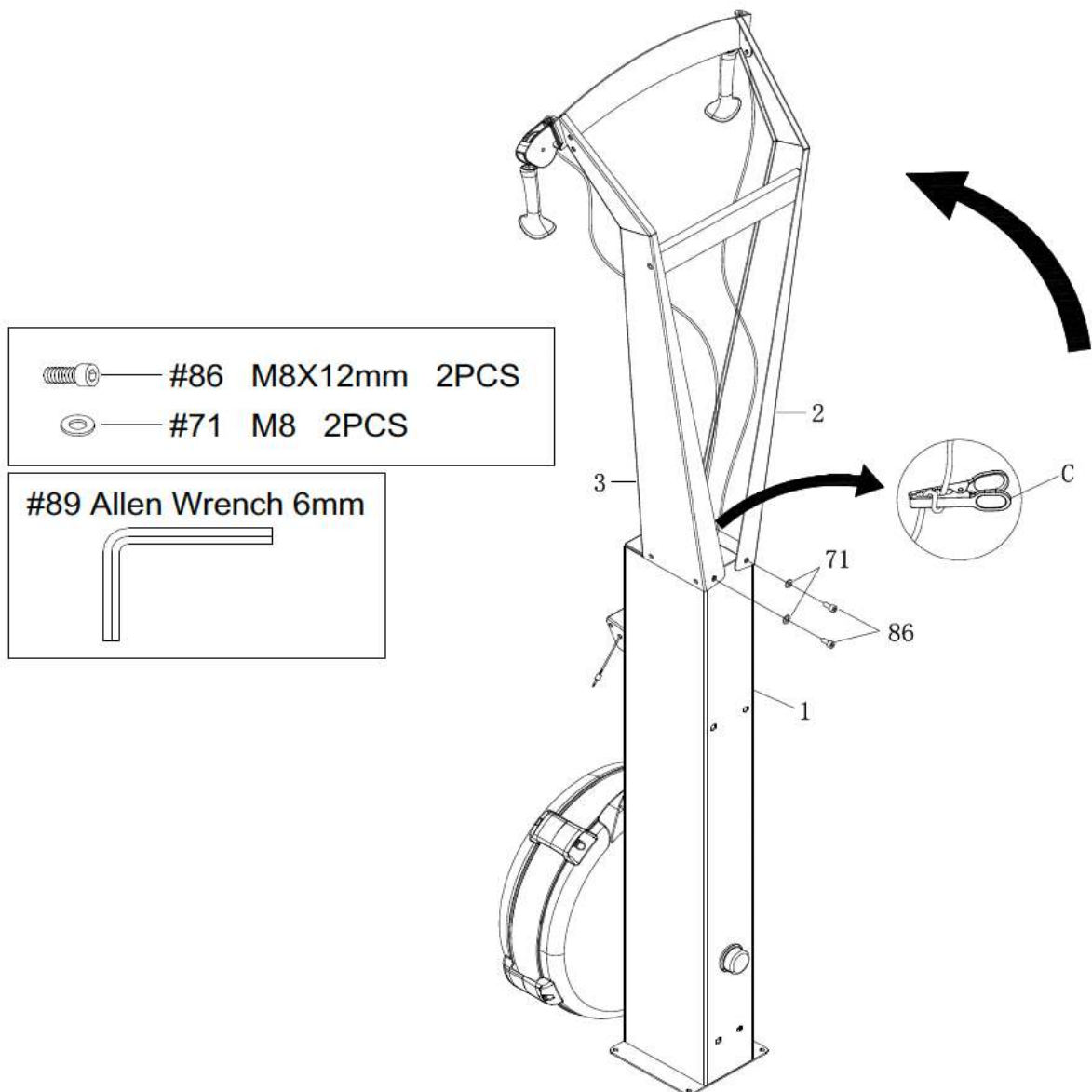
ASSEMBLY STEPS

STEP 4

- Stand the assembly up and tighten the left and right upper arms (2/3) using 2 pcs of Socket Head Cap Screw M8X12mm (86) and Flat washer M8 (71). Then tighten all bolts.

STEP 5

- Remove the clicker from the drive cord (52).



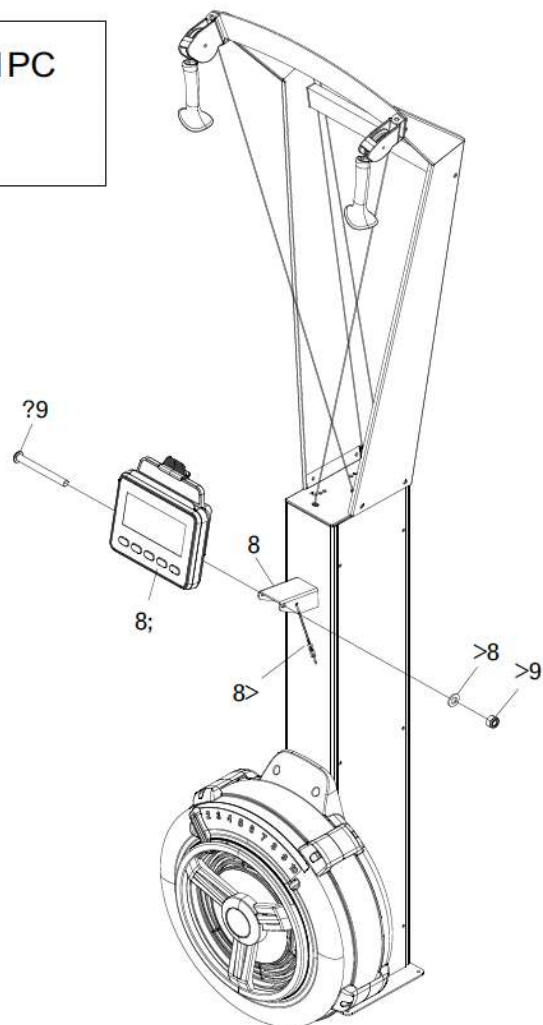
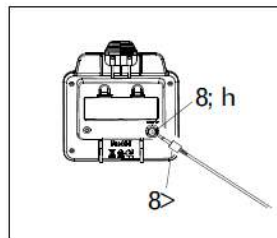
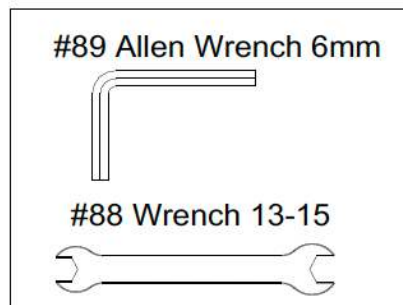
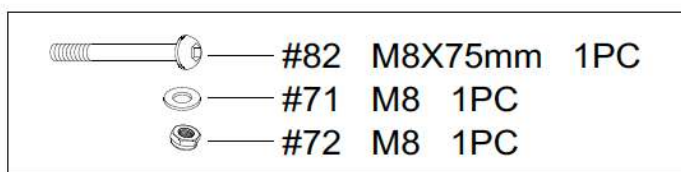
ASSEMBLY STEPS

STEP 6

- Insert the cell phone bracket (15) to the console monitor (14). Tie with the rubber band (34).
- Secure the console monitor (14) to the console mounting bracket on the main body (1) using 1 pc Button Head Cap Screw M8X75mm (82), Flat washer M8 (71) and Nylon nut M8 (72).

STEP 7

- Connect the sensor cable (17) into the back of the console monitor (14a).



— #83 M8X30mm 4PCS
— #71 M8 4PCS

Allen Wrench 6mm

- Attach the main body (1) to the wooden base (18) using 4 pcs Socket Head Cap Screw M8X30 (83) and Flat washer M8(71).

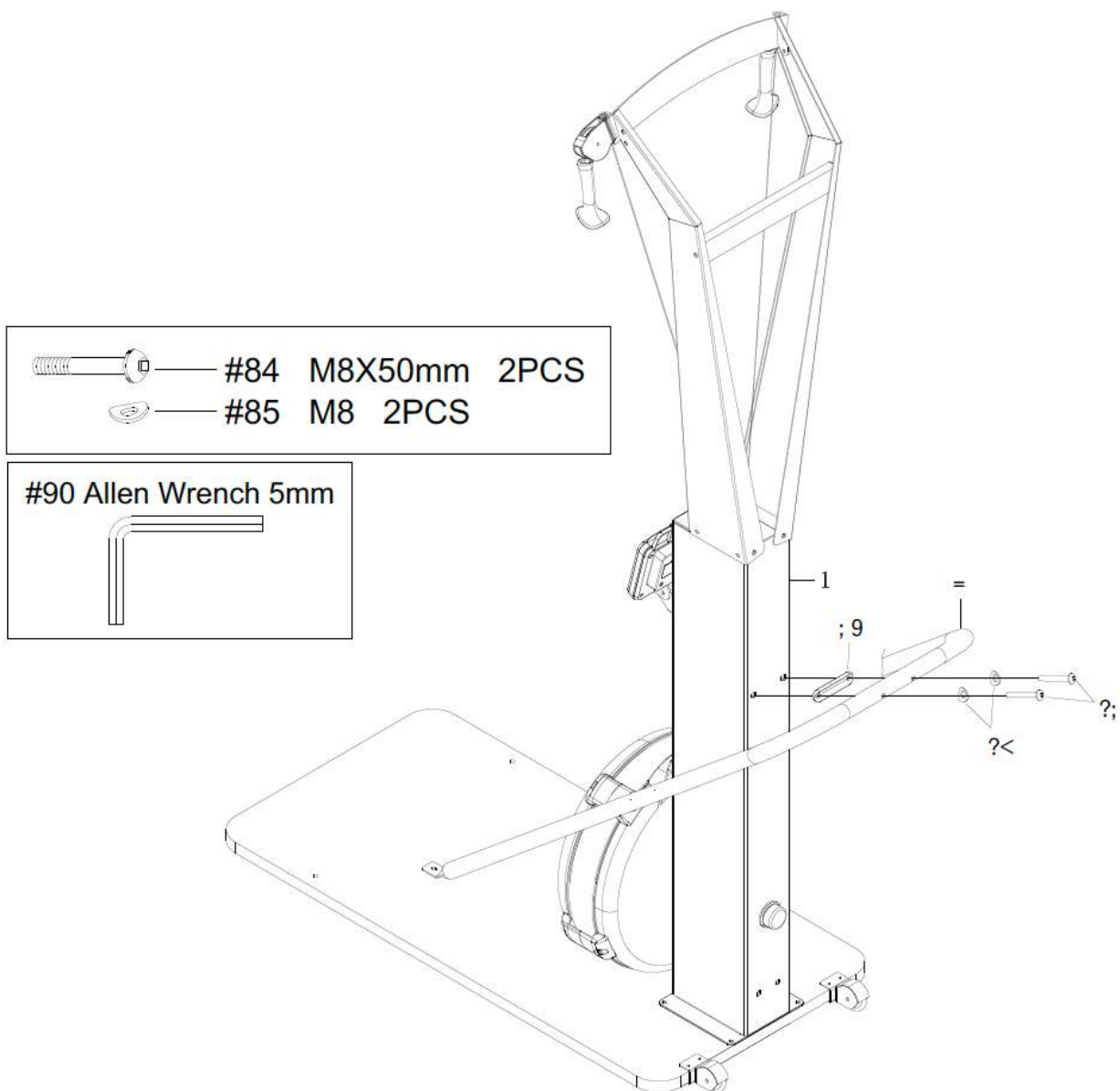
Note: Ensure that all bolts are firmly tightened at the end of the above steps.

ASSEMBLY STEPS

STEP 9

- Secure the U-bar bracket (6) to the main body (1) using 2pcs Button Head Cap Screw M8X50 (84), Arc washer M8(85) and 1pc U-bar bracket cushion (42).

Note: Ensure that all bolts are firmly tightened at the end of the above steps.

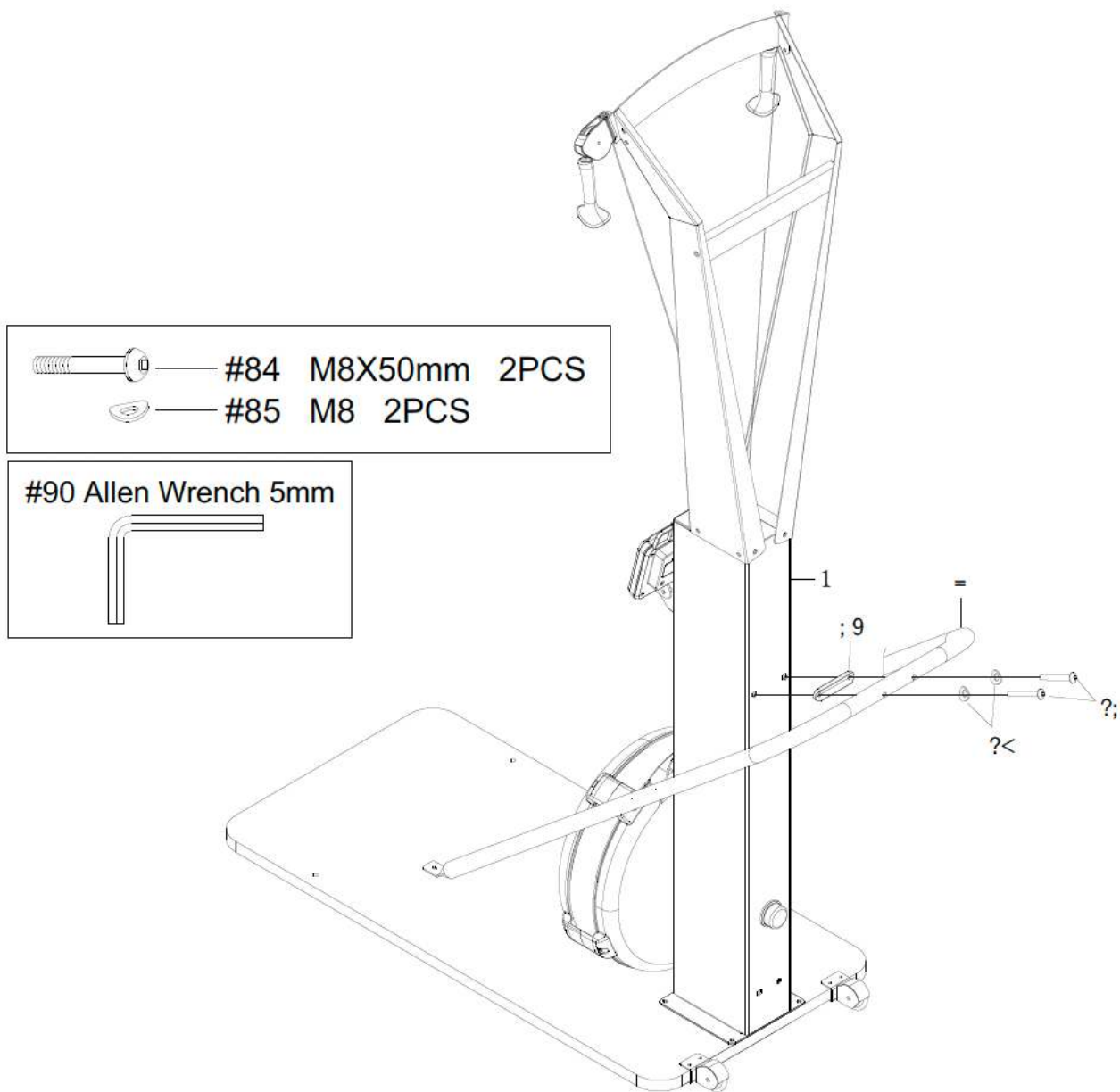


ASSEMBLY STEPS

STEP 10

- Attach the U-bar bracket (6) to the wooden base (18) using Socket Head Cap Screw M8X30mm (83) and Flat washer M8 (71).
- Tighten all screws on the U-bar bracket (6).

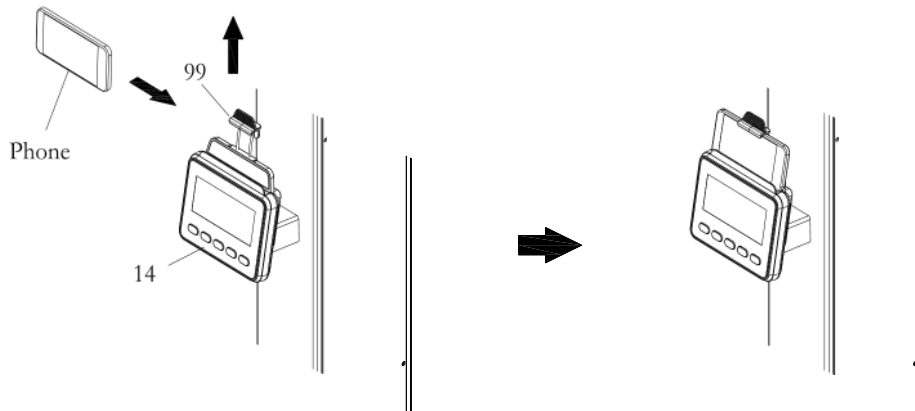
Note: Fully tighten all bolts now.



OPERATION

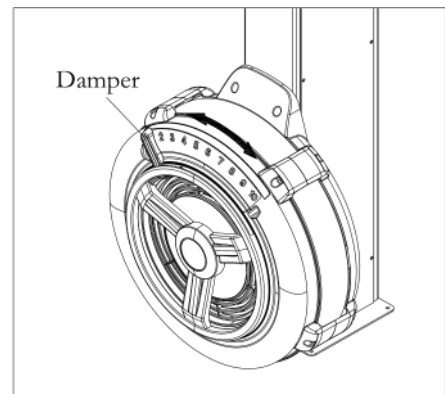
USING THE CELL PHONE BRACKET

The Cell Phone Bracket (99) can move up and down. Move the Cell Phone Bracket (99) up, then slide the Cell Phone into the gap between the Cell Phone Bracket (99) and the Console Monitor (14). Move the Cell Phone Bracket (99) down to clip the Cell Phone in position.



LOAD ADJUSTMENT

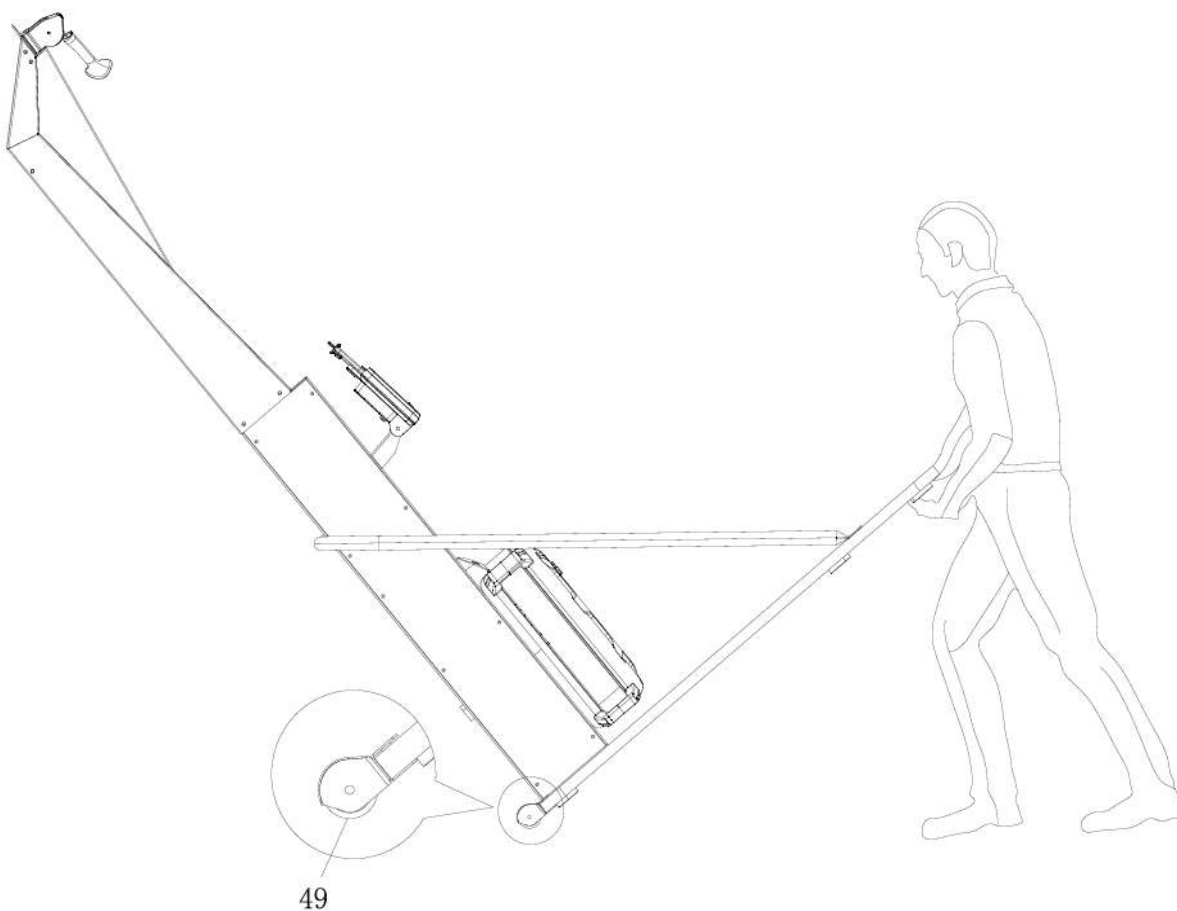
There is a Damper (31) built into the Upper Fan Shroud (32). Move the Indicator in the Damper (31) to point to the numbers on the Upper Fan Shroud (32) to adjust the load. There are settings from 1 to 10. Setting #1 will provide the lowest resistance. Setting #10 will provide the highest resistance.



OPERATION

1. To store the unit, keep it in a clean dry place.
2. Remove the batteries from the Console monitor (14) before storing for one year or more to avoid damage.
3. To relocate the unit, use the transport wheels (49) on the Wooden base (18). Lift one end of the Wooden base (18) to move the unit. Refer to the illustration hereunder.

NOTE: DO NOT USE THE U-BAR BRACKET (6) TO MOVE THE UNIT – IT MAY RESULT IN BREAKAGE OF THE EQUIPMENT.



WARRANTY

For a period of either 120 days or 24 months after the purchase date (the “Warranty Period”), a warranty will apply on moving parts, pulley's, cables, buttons, upholstery, hydraulic seats and cables for a period of 120 days, with the balance of the machine being a 24 month warranty. Skelcore warrants that the equipment for materials and workmanship such that, when installed and used in accordance with the owner's manual, will operate for its intended purpose. The warranty applies to equipment installed in air conditioned and temperature controlled environments and will be null and void if used outdoors or in an environment with no air conditioning. Skelcore will, at its expense and as its sole obligation and your exclusive remedy for any breach of this warranty, repair or replace the equipment or any parts, in its discretion, provided that such malfunction or defect is reported to Skelcore by you in writing during the Warranty Period and that you provide all information that may be necessary or requested to assist Skelcore in resolving the malfunction. If Skelcore determines that it is unable to repair the malfunction or replace the equipment, Skelcore or its authorized reseller may refund you the fees you actually paid for the defective equipment, in which case you agree to immediately cease using and to destroy, throw out, or otherwise take steps to ensure no one can use the equipment ever again.

If there are any problems or malfunctions with the Skelcore equipment you purchased, please contact your sales manager promptly. They will help you identify the cause of the problem and assist you in resolving it. If the issue involves parts that cannot be quickly addressed, the company's professional after-sales service personnel will provide specialized support.

COST OF REPAIRS

UNDER WARRANTY

Any items still under warranty will be repaired free of charge, if the repair complies with the terms and conditions of the warranty (refer to the “warranties” section in this manual). Any items that need to be repaired that are not covered under the warranty will be at your expense. A quote for the repair or replacement of these items will be provided to you for approval prior to any repairs being conducted.

OUT OF WARRANTY

Any items that need to be repaired once the warranty has expired will be at your expense, including call-out fees. A quote for the repair or replacement of these items will be provided to you for approval prior to any repairs being conducted.

Save this instruction manual for future use and reference.

SAVE THIS INSTRUCTIONAL MANUAL FOR FUTURE USE AND REFERENCE.

WARRANTY

To maintain your warranty, please complete the form below upon receiving your machine and email it back to the representative who sold you the goods.

Failure to do so will result in the loss of warranty.

SKELCORE ATTACH RECEIPT

CLIENT DETAILS

- NAME:
- EMAIL:
- CELL:
- TEL(H):
- TEL(W):
- FAX:
- ADDRESS:

PRODUCT DETAILS

- DATE OF PURCHASE:
- SERIAL NUMBER:
- TILL SLIP NUMBER:
- DESCRIPTION OF PURCHASE:

Signature: _____

Date: _____