



Quick Start Guide

GETTING STARTED WITH YOUR STAIRASSIST WALKER

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Quick Start Guide



SAFETY WARNINGS – READ BEFORE EVERY USE



This Quick Start Guide is a summary only. Always read and follow the full Instructions for Use (IFU) before operating the StairAssist Walker.

- A StairAssist Walker (SAW) Certified™ Caregiver, gait belt, and handrail are REQUIRED for all stair use.
- This device is NOT for independent patient use on stairs.
- Failure to follow these instructions can result in serious injury or death.
- Only use on stairs that are 6” to 9” in height.
- Clear stairs completely of objects, unsecured rugs, cords, toys, or debris before use.
- Do NOT use if damaged or any parts are missing or not working properly.
- Maximum patient weight: 300 lbs (136 kg)
- Height: 5’2” – 6’0”
- Caregiver must be certified at www.StairAssistWalker.com/certification



Scan to access full IFU

Or, go to www.stairassistwalker.com/instructions-for-use

WHO CAN BE A SAW CERTIFIED™ CAREGIVER

A SAW Certified™ Caregiver must meet all of the following criteria.

1. StairAssist Walker (SAW) Certified™ Caregiver is a person who has passed and is certified from the online SAW Certified Caregiver™ Program, available at www.StairAssistWalker.com/certification.
2. SAW Certified™ Caregiver may include, but is not limited to, a relative, partner, friend, neighbor, or licensed professional who has passed and is certified from the online SAW Certified Caregiver™ Program.
3. If there are additional people that need to be certified, they can go to www.StairAssistWalker.com/certification to get certified in the SAW Certified Caregiver™ Program.
4. Independent with mobility (walking and stairs)
5. Able to lift 35 lbs. (15.9 Kgs)
6. Cognitive ability to read instructions for use and pass SAW Certified Caregiver™ Program on proper SAW use with a patient.



Scan to access the SAW Certified Caregiver™ Program.

Or, go to www.StairAssistWalker.com/certification



Opening the Walker

ALWAYS CHECK THAT THE WALKER IS FULLY OPEN AND THE SEAT IS SECURELY LOCKED BEFORE USE.



1 Unfold the legs.



2 Push the seat down firmly until you hear a click.



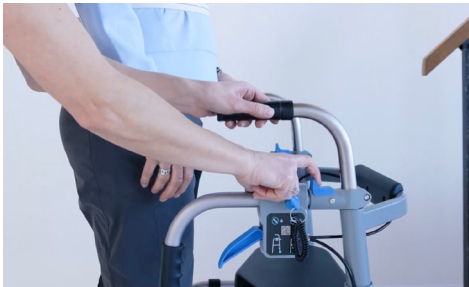
3 Confirm all four legs are stable on the ground before use.



Adjusting the Walker

DO NOT EXCEED MAXIMUM STAIR RISE OF 9 INCHES OR STAIR RUN OF 9.5 INCHES.

FOR THE PATIENT (WALKER MODE):



- 1 Patient stands with arms at their sides.
- 2 Pull the height switch, move the grip up or down to align with the patient's wrist crease.
- 3 Release. Listen for the click.

FOR THE STAIRS:



- 1 Measure the stair rise. It must be 6 to 9 inches. Do not use on stairs outside this range.
- 2 Use the stair rise ruler on the conversion leg.
- 3 Pull the stair rise switch, line the leg up to the measurement.
- 4 Release. Listen for the click on both sides.



Converting Between Modes



CAUTION

ALWAYS TILT THE STAIRASSIST WALKER BACK ONTO ITS REAR FOOT BEFORE CONVERTING. IF YOU DO NOT TILT IT BACK FIRST, THE WALKER WILL FALL FORWARD.

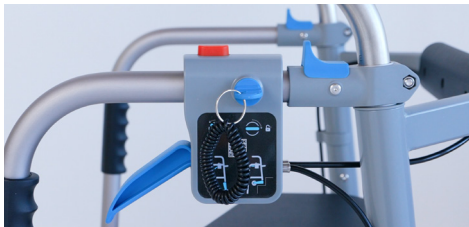
WALKER MODE → STAIR MODE:



- 1 Lock the brakes.



- 2 Lower patient grips to the lowest position.



- 3 Insert the key fully and turn right to “Unlocked.”



- 4 Tilt the walker back toward you, supporting the rear leg with your foot.



- 5 Press the red button and squeeze the blue lever until you hear a click.



- 6 Turn the key left to “Locked” or remove it.



Converting Between Modes



CAUTION

ALWAYS TILT THE STAIRASSIST WALKER BACK ONTO ITS REAR FOOT BEFORE CONVERTING. IF YOU DO NOT TILT IT BACK FIRST, THE WALKER WILL FALL FORWARD.

STAIR MODE → WALKER MODE:



1 Tilt the walker back.



2 Squeeze the blue lever, then press the red button.



3 Release the blue lever first, then the red button. Listen for the click.



4 Turn the key to "Locked" or remove it.



Apply the Gait Belt

REQUIRED FOR ALL STAIR USE. THE GAIT BELT PROVIDES STABILITY ONLY. IT IS NOT A LIFTING DEVICE.



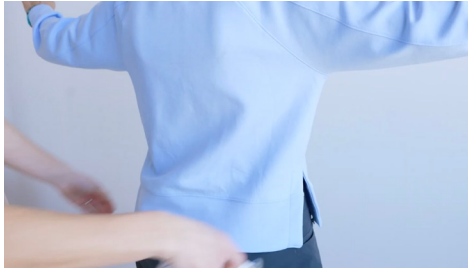
Do NOT use the gait belt if the patient has any of the following:

- Unstable fractures
- Recent abdominal or thoracic surgery
- Open wounds, feeding tubes, catheters, or abdominal medical devices
- Severe cardiac or respiratory conditions
- Severe confusion or aggression that prevents safe cooperation



Apply the Gait Belt

REQUIRED FOR ALL STAIR USE. THE GAIT BELT PROVIDES STABILITY ONLY. IT IS NOT A LIFTING DEVICE.



- 1 Patient stands or sits comfortably while wearing clothing.



- 2 Wrap the belt around the patient's waist, above the hips and below the ribs.



- 3 Pull snug. Only two fingers should fit underneath.



- 4 Fasten the buckle on the side. Never over the spine.



- 5 After the patient stands, re-check fit and adjust if needed.



Proper Guarding Technique

STAY CLOSE. FACE THE PATIENT AT ALL TIMES ON STAIRS.



- 1 Keep your back straight. Use your legs, not your back when lifting and supporting.
- 2 Keep a firm grip on the gait belt throughout.
- 3 Use clear commands: “Step up,” “Step down,” “Stop,” “Sit.”
- 4 Never pull on the patient’s arms, clothing, or the walker.
- 5 The gait belt is for control and stability only. Not for lifting full body weight.
- 6 Stop immediately if the patient feels dizzy, short of breath, or reports pain.

Ascending and Descending Stairs Instructions



CAUTION

- SAW Certified™ Caregiver + gait belt + handrail required.
- Lower patient grips to the lowest position before going on the stairs. Raise to walking height when done.
- Do NOT lean toward the bottom or top of the stairs.
- Do NOT attempt to use the device on stairs in walker mode.
- Ensure the Stair Mode Safety Lock is Locked before patient uses stairs.



Ascending Stairs



- 1 Walk with the patient to the base of the stairs in walker mode.



- 2 Direct the patient to hold the handrail and release the walker. Lock the brakes.



- 3 Convert to stair mode (see page 11). Lower grips to lowest position.



- 4 Lift the walker so the stair legs rest at the base of the second stair.



- 5 Turn the key to "Locked" or remove it.



- 6 Hold the walker steady. Keep contact with the gait belt.



Ascending Stairs Cont.



- 7** Direct the patient to turn and sit on the seat, towards the caregiver.



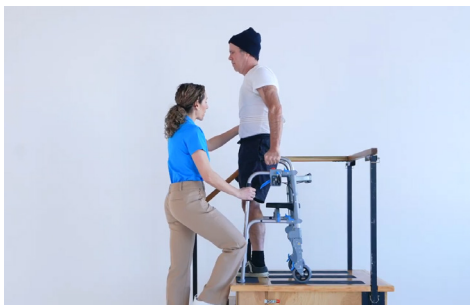
- 8** Patient moves the strong leg up to the next step, then stands using the grips or handrail.



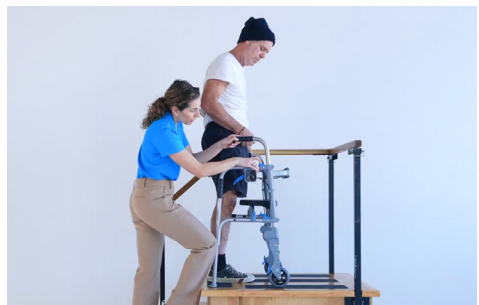
- 9** Patient steadies on the handrail. Move the walker up one stair.



- 10** Repeat Steps 6–9 until the patient reaches the top.



- 11** At the top, direct the patient to stand and hold the handrail.



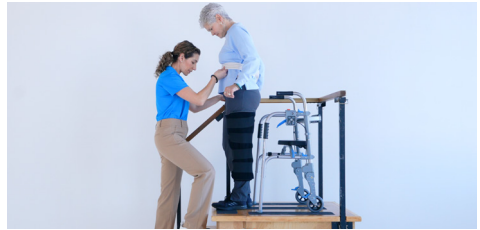
- 12** Convert back to walker mode before the patient walks away. Raise grips to walking height.



Descending Stairs



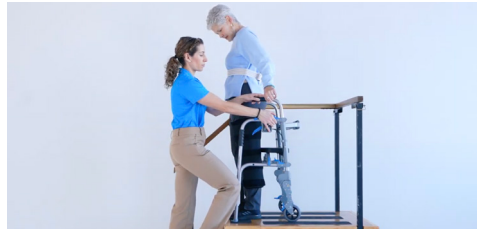
- 1** Walk with the patient to the top of the stairs in walker mode.



- 2** Step down one stair and face the patient in guard position.



- 3** Direct the patient to hold the handrail and release the walker.



- 4** Lower grips to the lowest position. Lock the brakes.



- 5** Turn the walker so the patient can sit facing down the stairs.



- 6** Hold the walker steady. Keep contact with the gait belt.



- 7** Direct the patient to sit on the seat.



- 8** Patient moves the weak or injured leg down to the next step first.



Descending Stairs Cont.



- 9** Patient moves the strong leg down to the same step.



- 10** Patient stands using the handrail or patient grips.



- 11** Convert to stair mode (see page 12). Turn key to “Locked” or remove it.



- 12** Lift the walker down one step.



- 13** Repeat Steps 6–12 until reaching the bottom.



- 14** At the bottom, convert back to walker mode before the patient walks away. Raise grips to walking height.

Additional Safety Rules

- Do NOT use on escalators, moving walkways, slopes, or over obstacles.
- Do NOT sit on the walker while loading or transporting in a vehicle.
- Do NOT hang bags, packages, or any items on the walker.
- Always confirm all four legs are stable before use.
- Do NOT roll or push the walker while the patient is seated.
- The backrest is for support only. Do not lean full body weight on it.
- If anything feels wrong (unusual noise, loose parts, instability), stop use immediately and contact StairAssist Walker, Inc.

For Your Safety

If you have any concerns about the safety or performance of the StairAssist Walker, please report them to SAW customer service at:

Phone: 1-888-853-2160

Email: Issues@StairAssistWalker.com

About StairAssist Walker™

StairAssist Walker, Inc. is a mobility innovation company and a subsidiary of Kinesiologic, LLC, a company dedicated to advancing movement-focused solutions that enhance everyday life.

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