

MUSCLE, NERVE & BONE NUTRITION

Magnesium+

Support the work
behind your day.*



One essential mineral. Four sources. Magnesium+ combines lactate, bisglycinate, malate and citrate for a straightforward addition to your personalized nutrition routine.

THE DETAILS THAT MATTER

- **Move with a foundation***
Magnesium contributes to normal muscle and nerve function.*
- **Support cellular energy***
This mineral is involved in the reactions your body uses to produce energy.*
- **Keep bones in the picture***
Magnesium also contributes to the structural development of bone.*

The value is in the details: a defined amount of an essential mineral, with the forms clearly named.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value	
Magnesium (from Magnesium Lactate, Magnesium Bisglycinate, DiMagnesium Malate, Magnesium Citrate)	76 mg	19%

* Daily Value not Established

Other Ingredients: Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Silicon Dioxide Micronized

[View original facts source >](#)

Four sources. 76 mg magnesium.

Elemental magnesium per capsule, with every source identified.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Pill image shown at illustrative scale.