

TARGETED MINERAL NUTRITION

Iron

**An essential role.
A targeted choice.***



Iron helps your blood carry oxygen. IDLife Iron supplies 28 mg as Ferrochel® ferrous bisglycinate chelate for people with an identified need for supplemental iron.*

THE DETAILS THAT MATTER

— Oxygen delivery matters*

Iron is part of hemoglobin, the protein that carries oxygen in red blood cells.*

— A specific mineral form

Ferrochel® ferrous bisglycinate chelate identifies the ingredient behind the serving.

— Choose based on need

Your diet, life stage and blood tests can help a healthcare professional determine whether iron belongs in your plan.

Targeted nutrition means choosing the right nutrient for the right reason. Keep iron products out of reach of children.

Supplement Facts		
Serving Size: 1 Capsule		
Amount Per Serving	% Daily Value	
Iron (from Ferrous Bisglycinate Chelate) (Ferrochel®)	28 mg	156%
* Daily Value not established		

[View original facts source >](#)

28 mg iron. Ferrochel® form.

Ferrous bisglycinate chelate, with the amount clearly stated.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Pill image shown at illustrative scale.