

STRESS-WELLNESS ROUTINE

Stress Defense

Make space
for a calmer routine.



Busy days deserve thoughtful routines. Stress Defense combines Relora®, L-theanine, DL-phenylalanine and Sensoril® ashwagandha in one clearly described formula.

THE DETAILS THAT MATTER

Recognizable extract names

Relora® combines magnolia and phellodendron bark extracts.

A specific ashwagandha

Sensoril® is a root-and-leaf extract with stated withanolide and oligosaccharide levels.

Complementary ingredients

100 mg L-theanine and 75 mg DL-phenylalanine are listed per capsule.

Pair intentional ingredient choices with the everyday habits that make room for rest and recovery.

Supplement Facts

Serving Size: 1 Capsule

Servings per container: TBD

Amount Per Serving	% Daily Value
Relora® [Proprietary Blend of <i>Magnolia officinalis</i> Extract (Bark) and <i>Phellodendron amurense</i> Extract (Bark)]	150 mg *
L-Theanine	100 mg *
DL-Phenylalanine	75 mg *
Sensoril® Ashwagandha Extract [Withania somnifera (Root & Leaf) [Standardized to 10% Withanolide Glycosides and 32% Oligosaccharides]	50 mg *

* Daily Value not Established

Other Ingredients (in descending order of predominance by weight): Microcrystalline Cellulose, Starch, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silica, Maltodextrin.

[View original facts source >](#)

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Pill image shown at illustrative scale.