



Your personal guide to smart, cost-effective healthcare

Easy Access | Expert Guidance | Lower Costs

Care Guides ensure you get the most out of your healthcare benefits while saving time and money. Whether you're trying to understand your coverage, seeking care, or managing expenses, the Medefy App is your personal all-in-one solution.



EXPERT BENEFITS NAVIGATION

Medefy breaks down your health coverage details and discovers cost-efficient, top-tier specialists in your area. Your path to better health starts here.



DIRECT ACCESS TO GUIDES

Our Care Guides are your go-to resource. Enjoy fast, free, and confidential text-based support for finding care, understanding benefits, and resolving billing matters.

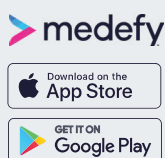


SMART TOOLS FOR YOUR BENEFITS

Your benefits package is now right at your fingertips. With Medefy, you can easily view your health benefits ID cards, open enrollment documents, and plan details anytime, anywhere.



Scan to download



Download Medefy today and transform the way you manage your health!



Virtual Mental Health Counseling

Medefy's virtual behavioral health solution is available to you anytime, anywhere— just open the app! Book an appointment with a licensed counselor or specialist in as few as 48 hours. Whether you're feeling overwhelmed, navigating a new challenge, or just need someone to talk to, help is just a tap away.



Accessible

Your mental health matters, and now, help is closer than ever. Connect with a licensed counselor from anywhere—whether you're at home, at work, or on the go. All you need is the Medefy App!



Confidential

Your privacy is our priority. Every conversation you have with a provider is completely secure and confidential. You can openly discuss your concerns knowing that your information is protected.



Convenient

Getting started is easy, and there's no complicated setup. In just a few simple steps, you can schedule a session, talk to a counselor, and start making progress—all from the Medefy App.

Getting Started is Easy

Tap the "On-Demand Virtual Care" button on the Medefy home screen. Follow the on-screen prompts and choose a counselor who best meets your needs. Next, choose an appointment date and time that works for your schedule. Then, just verify your personal information, and schedule your appointment. We'll send you a few reminders before your virtual care visit, then your counselor will give you a call at the time of your appointment.

End-to-End Support

Over-the-phone care, appointment notes, and treatment plans are easily accessible to you within the app. Plus, Medefy Care Guides are available 24/7 to assist with any benefits questions, ensuring that you get the best experience possible.



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