

aipolicy.app | AI USAGE POLICY

Last Updated: July 21, 2026 | © 2026 Cafio

1. Purpose of This Policy

This policy explains how **aipolicy.app** uses, and does not use, artificial intelligence, including the frequency of that use. We publish it because transparency builds trust. Our customers deserve to know exactly what role AI plays in our work.

2. Scope

This policy applies to all AI tools, large language models, image generators, and automation platforms used by **aipolicy.app** in our daily operations and client work.

3. How We Rate AI Use

OFTEN (FREQUENTLY): We regularly and actively use AI for this purpose.

SOMETIMES (OCCASIONALLY): We use AI for this in specific situations or for certain clients.

RARELY (HERE AND THERE): We use AI for this infrequently, only when it adds clear value.

NEVER: We do not use AI for this purpose at all.

4. AI Usage by Frequency

4.1 What We Never Use AI For

- Security & Biometrics | Research, which may include: detecting fraud patterns, scanning for vulnerabilities, and monitoring networks
- Security & Biometrics | Optimization, which may include: tuning threat detection models and refining existing security protocols
- Legal & Compliance | Research, which may include: monitoring regulatory changes and flagging compliance risks

4.2 What We Rarely Use AI For

- Video & Motion | Research, which may include: analyzing viewer engagement data and assessing audience retention patterns
- Video & Motion | Generation, which may include: generating animated sequences, b-roll footage, and motion graphics
- Strategy & Analysis | Research, which may include: researching competitors, tracking industry trends, and forecasting outcomes
- Security & Biometrics | Generation, which may include: generating access control rules, security policies, and incident documentation
- Product & Research | Generation, which may include: generating product concepts, user personas, and feature

specifications

4.3 What We Sometimes Use AI For

- Writing & Language | Generation, which may include: writing articles, blog posts, social media copy, and scripts from scratch
- Images & Design | Research, which may include: analyzing visual styles, researching design trends, and exploring brand aesthetics
- Images & Design | Generation, which may include: creating images, logos, mockups, and brand visuals from scratch
- Video & Motion | Optimization, which may include: cutting clips, adding captions, color grading, stabilizing, and upscaling video
- Strategy & Analysis | Generation, which may include: brainstorming strategies, drafting business cases, and creating presentations
- Strategy & Analysis | Optimization, which may include: refining strategies, stress-testing plans, and sharpening executive summaries
- Product & Research | Research, which may include: analyzing user feedback, running A/B tests, and prioritizing roadmaps

4.4 What We Often Use AI For

- Writing & Language | Research, which may include: finding SEO keywords, identifying content gaps, and analyzing readability
- Writing & Language | Optimization, which may include: proofreading, rewriting for tone or clarity, and improving existing written content
- Images & Design | Optimization, which may include: retouching photos, removing backgrounds, upscaling resolution, and improving existing assets
- Code & Technical | Research, which may include: detecting vulnerabilities, reviewing code quality, and explaining technical concepts
- Code & Technical | Generation, which may include: writing code files, scripts, APIs, and technical documentation from scratch
- Code & Technical | Optimization, which may include: fixing bugs, refactoring code structure, optimizing performance, and modernizing legacy systems
- Operations & Logistics | Research, which may include: forecasting demand, assessing operational risk, and identifying bottlenecks
- Operations & Logistics | Generation, which may include: creating workflow diagrams, SOPs, and operational playbooks
- Operations & Logistics | Optimization, which may include: optimizing delivery routes, inventory levels, and existing workflows
- Legal & Compliance | Generation, which may include: generating contracts, policies, disclaimers, and regulatory filings from scratch
- Legal & Compliance | Optimization, which may include: simplifying legal language and improving clarity of existing legal documents
- Product & Research | Optimization, which may include: improving documentation, refining user stories, and sharpening product messaging

5. Detailed AI Use by Category

Writing & Language

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use both local and cloud AI for writing & language tasks.

Vibe Coding: No, we do not use vibe coding to build writing & language apps.

aipolicy.app frequently uses AI for:

- Writing & Language | Research, which may include: finding SEO keywords, identifying content gaps, and analyzing readability
- Writing & Language | Optimization, which may include: proofreading, rewriting for tone or clarity, and improving existing written content

aipolicy.app occasionally uses AI for:

- Writing & Language | Generation, which may include: writing articles, blog posts, social media copy, and scripts from scratch

Images & Design

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use both local and cloud AI for images & design tasks.

Vibe Coding: No, we do not use vibe coding to build images & design apps.

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- Images & Design | Optimization, which may include: retouching photos, removing backgrounds, upscaling resolution, and improving existing assets

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Video & Motion

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use both local and cloud AI for video & motion tasks.

Vibe Coding: No, we do not use vibe coding to build video & motion apps.

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aipolicy.app rarely uses AI for:

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Code & Technical

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use cloud AI only for code & technical tasks.

Vibe Coding: Yes, we use vibe coding to build code & technical apps.

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- Code & Technical | Optimization, which may include: fixing bugs, refactoring code structure, optimizing performance, and modernizing legacy systems

Strategy & Analysis

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use cloud AI only for strategy & analysis tasks.

Vibe Coding: No, we do not use vibe coding to build strategy & analysis apps.

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- Strategy & Analysis | Optimization, which may include: refining strategies, stress-testing plans, and sharpening executive summaries

aipolicy.app rarely uses AI for:

- Strategy & Analysis | Research, which may include: researching competitors, tracking industry trends, and forecasting outcomes

Operations & Logistics

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use cloud AI only for operations & logistics tasks.

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Security & Biometrics

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use cloud AI only for security & biometrics tasks.

Vibe Coding: No, we do not use vibe coding to build security & biometrics apps.

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Legal & Compliance

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- Legal & Compliance | Optimization, which may include: simplifying legal language and improving clarity of existing legal documents

aipolicy.app does not use AI for:

- Legal & Compliance | Research, which may include: monitoring regulatory changes and flagging compliance risks

Product & Research

Agentic AI: No, we do not use agentic AI in this area.

AI Deployment: We use cloud AI only for product & research tasks.

Vibe Coding: No, we do not use vibe coding to build product & research apps.

aipolicy.app frequently uses AI for:

- Product & Research | Optimization, which may include: improving documentation, refining user stories, and sharpening product messaging

aipolicy.app occasionally uses AI for:

- Product & Research | Research, which may include: analyzing user feedback, running A/B tests, and prioritizing roadmaps

aipolicy.app rarely uses AI for:

- Product & Research | Generation, which may include: generating product concepts, user personas, and feature specifications

6. Human Oversight

All AI-generated or AI-assisted output is reviewed by a qualified human before delivery, publication, or implementation. AI does not make final decisions: people do.

7. Policy Updates

This policy is accurate as of the date above. As our AI use evolves, we will update this policy. The current version is always available upon request.

End of Cafio AI Usage Policy (2026)

Generated at aipolicy.app | Prepared by CAFIO LLC (cafio.com)