



Licensed Therapist Job Description

Position Title: Licensed Outpatient Therapist
(LPC or LCSW)

Status: Independent Contractor
(6hrs – 10hrs per week)

Department: Clinical Team

Location: Remote or Hybrid

Here at ***Elite Mental Wellness***, we are looking for individuals that are passionate about their work and interested in growing with our new company.

Elite Mental Wellness is a Mental Health group practice that aims to provide a therapeutic space for athletes to invest in their Mental Wellness along with developing the skills to become a better version of self. As a company we prioritize the athlete's mental wellness needs outside of their sport. The services we provide are Individual / Group Counseling, Mental Conditioning Workshops, and Public Speaking Engagements. Our team strives to provide the best care with our therapeutic services which is focused on Educating, Supporting, and Motivating all clients.

Here at ***Elite Mental Wellness***, we are looking for Independent Contractors that are highly motivated and take pride in developing their clinical skills. This individual must have experiences working with athletes or playing sports therefore, they will be able to relate to some of the challenges our clients face on a daily basis. As a company we will take an innovative approach to serve our clients and their families to help reach their goals.

As an Independent Contractor you are also responsible for maintaining your own caseload and follow all ethical guidelines as outlined in the Board of Behavioral Sciences (BBS) Statutes and Regulations. This position is required to provide face to face or virtual Counseling, Mental Conditioning Workshops opportunities, and Public Speaking opportunities for athletes, families, coaches, and trainers.

Our vision is to become the top Mental health practice for ALL athletes on every level such as Grade School, High School, College, Semi Pro, Professional.

We believe with the right contractors ***Elite Mental Wellness*** will be able to bring this vision to reality and make an impact on sports world to help those athletes struggling in silence.

Position Offers Independent Contractors:

- Competitive pay / Biweekly pay periods
- Bonus opportunities
- Clinical Supervision (if requested)
- Clinical Support (if requested)
- Paid Travel opportunities
- Flexible Scheduling
- Administrative support 24/7
- Group training opportunities
- Client referrals
- Marketing opportunities
- Access to Company EHR

Education/Clinical Experience Requirements:

- Master's Degree in Psychology, Counseling, Marriage and Family Therapy, or related field required.
- Licensure for State of New Jersey (LPC, LCSW)
- Maintain licensure requirements and completed continuing education as stated in the BBS Statutes and Regulations.
- Maintain current malpractice insurance coverage, at a minimum of individual at 1 million and total yearly for 3 million.
- Complete a Background and Fingerprint check before start date.
- Provide ***Elite Mental Wellness*** with copies of the following: current and valid New Jersey professional license, certifications, diplomas, malpractice insurance, up to date resume and cover letter.
- Clinical experience with children, teens, adults and/or families with mental health concerns (Anxiety, depression, sports related issues, trauma, family issues, emotion regulation / stress management, and more.)
- Knowledge of strategies for examining, applying and evaluating various techniques from cognitive-behavioral, solution focused, person centered and family systems.
- Have the experience and ability to complete DAP notes, treatment plans, and assessments.
- Possess and demonstrate sound clinical and professional judgement.

Essential Function: This position is responsible for providing mental health outpatient counseling to clients and completing all required documentation to keep clients' records updated according to legal/ethical guidelines of the profession. The clinician will strive to build a therapeutic rapport with their clients and provide appropriate evidenced-based treatment.

Contractor Responsibilities / Duties:

Core duties and responsibilities include the following:

1. Therapist must complete a minimum of 6 sessions per week.
2. Provide mental health therapy to clients within the scope of training/experience/licensure.
3. Therapist must complete weekly sessions for at least 1-hour.
4. Therapist must be available for afternoon and evening sessions (3pm-7/8pm)
5. Therapist must provide case management services as necessary and/or communicate with other healthcare providers involved to advocate for other services as needed.
6. Therapist must respond to client crises as necessary and make recommendations to keep the client safe and ensure all company safety measures are followed.
7. Therapist must develop a rapport with client and family in order to facilitate a healthy therapeutic relationship.

8. Therapist must have contact with client's guardian once a week via phone, email, text.
9. Therapist must notify ***Elite Mental Wellness*** within 24 hours if you:
 - Learn of your client's intent to do harm to self or others
 - Receive a subpoena related to your work regarding a client obtained via Elite Mental Wellness
 - Files a child or adult protective services report.
10. Complete treatment plans and discharge summaries for each client.
11. Complete appropriate assessments (every three months) to scale the clients progress or area of needs. Assessments will be selected base on the clients diagnoses.
12. Maintain client's charts and keep complete and correct documentation.
13. Complete signed progress notes, and other documentation to keep client's record up to date.
14. Adhere to legal and ethical guidelines of the profession as well as adhere to documentation and billing requirements of insurance companies.
15. Complete weekly timesheet.
16. Maintain Continuing Education credits and necessary requirements to keep licensure active.
17. Demonstrate self-motivated attitude and ability to perform responsibilities of position with limited supervision.
18. Maintain open communication with other members of the company on a daily basis.
19. Follow and implement company policies and procedures as outlined in the company handbook.

Essential Skills Needed:

The following describe the preferred skills, knowledge, and abilities needed to successfully perform the duties of the position:

- Possess excellent interpersonal skills; able to get along well with a diverse group of people; clients and co-workers.
- An adherence to following HIPAA laws and confidentiality standards pertaining to patient information.
- Make decisions independently based on what is best for clients and the company.
- Must be able to operate computer software, such as electronic health record, ZOOM, and Google Workspace.
- Speak, write, read and understand the English language well enough to perform the essential duties of the job.
- Possess the dexterity to use the required tools to accomplish the tasks of the position.

Disclaimer

The above job description is meant to describe the general nature and level of work being performed. It is not an exhaustive list of all responsibilities, duties and skills required for the position. Contractor will be required to follow any other job-related instructions and to perform other job-related duties requested by their supervisor in compliance with Federal and State Laws. All job requirements are subject to possible modification to reasonably accommodate client or company concerns. Requirements are representative of minimum levels of knowledge, skills and/or abilities. To perform this job successfully, the Contractor must possess the abilities or aptitudes to perform each duty proficiently.