



**EPIC ADVENTURE
SWIM RACETM**

**ENGLISH CHANNEL IN YOUR SIGHTS?
OR JUST DREAMING OF SOMETHING BIGGER?
NO TIME TO ORGANISE A SOLO CHALLENGE?**



THE „ULTIMATE“ MIGHT JUST BE MADE FOR YOU

As an option at our Switzerland venue only in 2027, we offer a limited number of places for a fully facilitated ultra-marathon non-stop swim. In terms of swimming you can join the whole event, and swap out one swim for the ULTIMATE, or you can join just for the ULTIMATE swim only - in both cases its a complete 4 nights package with hotel, support, safety cover etc. The ULTIMATE will be a double crossing of Lac Léman between Lausanne and Evian (and back).

FULL DETAILS HERE



LAUSANNE - EVIAN - LAUSANNE / 1 DAY

“Thank you for all your hard work organising a fabulous event. I would never have been able to organise a such a swim so far from home without your help, and am so very glad to have had to chance to swim in such a special location”

ANNA S, AUSTRALIA

ULTIMATE 33.3 COMPETITOR 2025

33.3KM | 1 DAY

"I have been completely overwhelmed since it finished and can't quite believe what I achieved. So thank you for giving me the opportunity, as it has served as amazing training in preparation for my English Channel swim later this year."

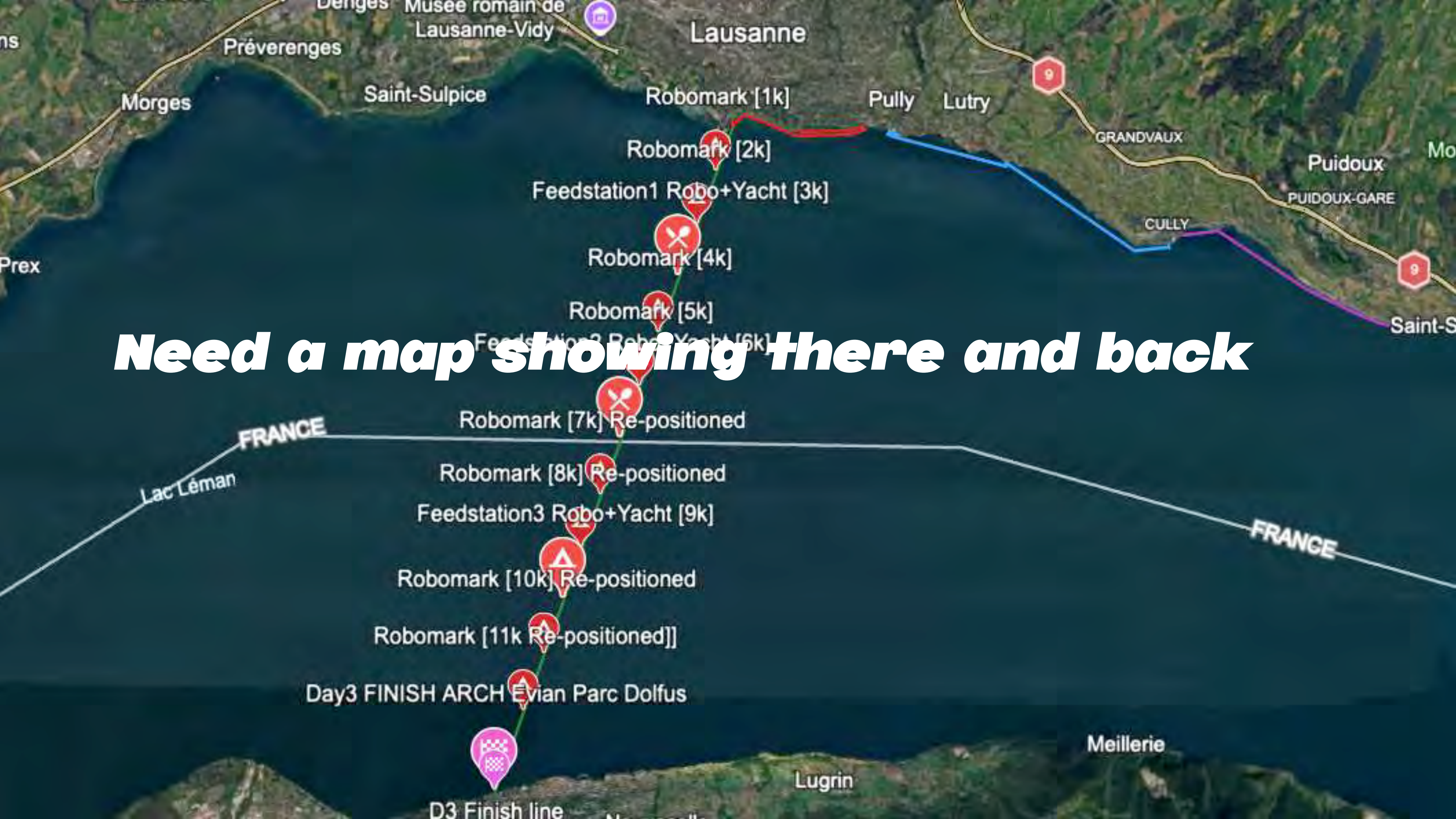
SU, UNITED KINGDOM

SUCCESSFUL ULTIMATE 22.2 MAY 2025 IN 09:HH 32:MM 0:SS





Need a map showing there and back



RESULTS 2025

Ultimate 33.3 - Swimmers 3

 Export

RANK	BIB	NAME	CLUB / TEAM	YEAR	LOCATION	CANTON	NAT.	CATEGORY	TEMPS TOTAL	ECART
	216	GUISARD Stephane		1970	-	-	 FRA	ULTIMATE 33.3 - 50-59M Wetsuit	10:28:40	
999	212	EDGAR Fay	Jurassic Coast Swimming	1976	-	-	 GBR	ULTIMATE 33.3 - 40-49W Skins	DNF	
999	218	STRACHAN Anna Jessica		1974	-	-	 AUS	ULTIMATE 33.3 - 50-59W Skins	DNF	

Ultimate 22.2 - Swimmers 5

 Export

RANK	BIB	NAME	CLUB / TEAM	YEAR	LOCATION	CANTON	NAT.	CATEGORY	TEMPS TOTAL	ECART
	224	PASSMORE Jerome		1972	-	-	 RSA	ULTIMATE 22.2 - 50-59M Wetsuit	07:27:00	
	265	SCHOONEN Marlies		1975	-	-	 NED	ULTIMATE 22.2 - 50-59W Skins	09:09:00	01:42:00
	217	PRITCHARD Julia		1974	-	-	 GBR	ULTIMATE 22.2 - 50-59W Skins	09:11:00	01:44:00
4	188	SHORTT Suzanne	MND	1975	-	-	 GBR	ULTIMATE 22.2 - 50-59W Skins	09:32:00	02:05:00
999	163	ROBERTSEN Eric	National Autistic Society UK	1972	-	-	 FRA	ULTIMATE 22.2 - 50-59M Skins	DNF	



THE „ULTIMATE 33.3“

The ULTIMATE swims will take place usually on Day 2 (Saturday) with Sunday being a reserve day in case of adverse weather. A minimum pace of 2.3km/h is required for the ULTIMATE 33.3 swim and 2km/h for the ULTIMATE 22.2. A dedicated boat and skipper will be provided as part of an extensive ULTIMATE support package.

Choose from 2 entry packages:

- A. #1SWITZERLAND full event entry PLUS ULTIMATE (22.2 or 33.3) OR**
- B. ULTIMATE (22.2 or 33.3) ONLY**

OPTION A means you have the full event benefits, option to swim all the other days, and you just swap the Saturday for the ULTIMATE 22.2 or 33.3. It means you have 4 nights accommodation, all the massage and lunch benefits each day, and the flexibility to swim when you want on the other days. It means an ULTIMATE 22.2 swimmer can also make it to the 33.3km Finisher distance by combining with two of the other normal event swims.

OPTION B means you are only swimming on the ULTIMATE race day, plus if you want, the final day 4 swim and finale into the Parc Guisan finish line in Lausanne - as it's too much fun for us to not allow you to!

You will be asked to bring your own support crew of at least one experienced person who will manage your nutrition feeds and overall well-being on the ULTIMATE swim. We'll provide boat, skipper, live tracking, dedicated ULTIMATE Race Director, event medical team close by and the course plus more!



INCLUDED IN THE 'ULTIMATE' ENTRY COST

- Planning, weather, set course, overall delivery
- A dedicated ULTIMATE co-ordinator / Race Director
- Personal support boat with skipper/observer, fuel included
- Recce trip of the course on the Friday - **if double crossing is this needed - maybe ferry to Evian and back??**
- Live tracking
- Timing and results
- MSF longswims database event registration request
- Medical cover on standby
- Full medical check by our on-site doctor
- Precision Fuel & Hydration products for the swim
- Support boat pack (coolbag etc)
- ULTIMATE preparation webinar
- ULTIMATE pre-event briefing & on site preparation session
- Dedicated boat tracker and radio support on each boat
- Remote monitoring of tracking throughout
- Start and Finish lines
- Dedicated WhatsApp channel for swimmers and support team, includes our Ambassadors input where appropriate
- ULTIMATE specific Finisher medal / and prize giving (Sunday)

WHAT YOU NEED TO PROVIDE

- One support person who has some experience of supporting you or another marathon swimmer on a 5 hour + swim - in particular who has the knowledge to manage your regular feeding routine. A second person may also be on the support boat. Accommodation for at least one support person must be taken through us at the event hotels (for number of nights they require)
- Any extra specific nutrition, fresh food and feeding equipment (eg feedstick if under MSF rules)
- A medical certificate certifying fitness for the ULTIMATE swim*
- Your mental strength and desire to finish!

* UltraSwim 33.3 will provide a medical certificate template which must be signed by a certified medical professional following an in-person medical;

WHAT WE PROVIDE ON EACH ULTIMATE SUPPORT BOAT

- Skipper & fuel
- Hot water flask
- Cool bag
- Radio for on-water communications and training on how to use it
- Boat tracker + swimmer tracker
- Whiteboard
- Shade

Note: these boats are typically 4-6 metre RIB or hard side without toilet facilities

OTHER POINTS TO NOTE

- Wetsuit or skins categories
- Initially limited to 15 swimmers in total
- TO SECURE SPACE - BOOK and pay online the normal deposit €500 for the standard 33.3 CLASSIC #19C+SWITZERLAND event, add in the ULTIMATE option, and then send a request to enter ULTIMATE to epicswims@ultraswim333.com with a brief marathon swim resumé and the experience of your proposed support crew/person.
- Don't have a support person? Contact us - local support options may be possible to arrange for a supplement.
- This event is 'invitational' in the sense we will only be able to accept suitably experienced swimmers - a previous UltraSwim 33.3 finish or other 10km marathon swims would indicate sufficient understanding of the challenge the ULTIMATE represents.

.ULTIMATE' COSTS AND CONDITIONS

Option	Description	Pricing
Option A	UltraSwim 33.3 #19 Switzerland Entry + ULTIMATE	- Standard event 4 night entry package of your choice - (ULTRA CHF 2,150 ULTRA+[4*] CHF 2,900 , ULTRA+[5*] CHF 4,500 ULTRA++ CHF 8,000) - <i>Plus</i> ULTIMATE Supplement (CHF1,500) - <i>Plus</i> Accommodation package for support person (CHF500-CHF750) - All 4 days of swimming included
Option B	ULTIMATE 22.2/33.3' Dedicated Package	- ULTRA+[4*] package,. - 4 nights accommodation for swimmer + support person - Transfers from airport-Split-Hvar included - Final event swim on Monday optional - CHF 4,550 total price

SPECIFIC BOOKING CONDITIONS APPLY REGARDING CANCELLATION FOR THE .ULTIMATE' AS SHOWN BELOW. (NORMAL CONDITIONS APPLY FOR MAIN EVENT ENTRY PART AS PER THE BOOKING CONDITIONS SHOWN ON OUR WEBSITE)

100% OF THE ULTIMATE FEE PAYABLE TO CONFIRM
75% REFUNDABLE UP TO 62 DAYS BEFORE
50% REFUNDABLE BETWEEN 62 DAYS AND 14 DAYS BEFORE
NO REFUND IN FINAL 14 DAYS



Package benefits ULTIMATE non-stop swim option in Switzerland		#195Switzerland ULTIMATE 33.3 and ULTIMATE 22.2	Notes
		ULTRA+ (4*)	
Race	Race management	✓	Dedicated ULTIMATE Race Director for your 22.2 or 33.3 swim on Saturday. Reserve day Sunday
	Day4 (Monday) final swim	✓	Join the rest of the event on final day for c.4km swim / final swim in to Hvar town (c.1k)
	Support boat + skipper	✓	Dedicated support boat and skipper
	Support crew	You provide, we accommodate/transfer	Optionally we can provide the support person to go on boat - cost confirmed at time of request according to needs
	Live tracking	✓	Swimintelligence™ 2.0 live tracking system by Insiders
	Live results	✓	Daily results and rankings
	Icebox/support package	✓	Inc. Precision nutrition/hydration gels, drink and chews fac, fishing net to feed, whiteboard. See full list
	Transfers post swim	✓	By boat or bus
	Race of race route	✓	Part of Friday's programme
	Dedicated briefings	✓	Friday will be a full day of briefing, race of course, preparation support, medical checks
	Medical support	✓	Event medical specialist support on the water, pre-swim checks, post-swim check
Coaching	Training Plan	✓	Specific 33.3 pre-event 4 month training plan
	Webinars	✓	Nutrition, injury management, wetsuits/swimwear, Event preparation, Roadbook, Waterbook
	Dedicate whatsapp group	✓	Knowledge exchange, our Coaches/Ambassadors contribute
	Precision Fuel & Hydration 1:1	✓	Direct race nutrition consultation 20 minutes free of charge + swim nutrition (you provide on site own personal food)
	Virtual training challenges	✓	
	Swim camp pre-event	✓ CHF490 ✓ CHF490 ✓ CHF490 ✓ CHF490	2 day pre-event Swim Preparation camp option with our expert team
Support	Physio, pre-hab and re-hab	✓	Top sports injury physio advice and initial assessment (follow on treatment €75/session for all)
	Sport massage	✓	Post swim daily sports massage post ULTIMATE swim day (only)
	Stretching	✓	Post swim guided group stretching session days 1,2,3
	Physio, pre-hab and re-hab	✓	Top sports injury physio advice and initial assessment (follow on treatment €75/session for all)
	UPcycled medals	✓	Upcycled Participation and Finisher's token
Provided	Swimmers Pack	✓	Swim Hat + dry bag + warm or sun hat + poncho or towel
	Tow float/tracker loan + for ULTRA, bag loan	✓	Refundable on return 50 Euro cash deposit to pay on collection
	FLOW magazine hard copies	✓	Normally £10 each. We'd love for you to take the 2nd copy home and give to a friend! Digital version here https://online.fliphtml5.com/vtfe/sdhw/#p=1
	Event sponsor discounts	✓	Precision Fuel & Hydration discount and 33.3 sample pack, TheMagic5 goggles, RED change robes, deboer wetsuits.
	Photos/videos	✓	Professional photos and video content for your personal use
	MSF event ratification	✓	Marathon Swimmer Federation [EVENT] long swim ratification fee and process covered (if you complete it under MSF rules)
Hotel	Accommodation nights	4	4 nights Lausanne
	Basis of standard pricing	Shared twin or double as required	
	Single-occupancy	Included	
	Dinner		
Transfers	Airport-Hotel-Airport	✓ From Lausanne station	Take the train from Geneva to Lausanne and we will collect from the train station and take you to your hotel
	On land entertainment	✓	Swimmer chats, groundhog day activities if needed, cinema screenings
	Prizegiving	✓ ✓ ✓ ✓	End of event Monday lunchtime celebration and prize giving day4

ULTIMATE DEDICATED PACKAGE



[Download google sheet HERE](#)

“The stunning location, seamless organisation, and wonderful camaraderie made it a far more rewarding and energising experience than the typical long, solitary, boring training swims we do in preparation for the big channel crossings”

CATHERINE STEFANUTTI - SINCE FINISHING #7CROATIA WENT ON TO COMPLETE THE CATALINA CHANNEL, AND WITH IT THE TRIPLE CROWN OF OPEN WATER SWIMMING - BRAVO!

33.3KM | 1 DAY



Q&A ON #19SWITZERLAND .ULTIMATE 33.3"?



- **What day of the event will the ULTIMATE swim be?** Normally on the Saturday, with Sunday as a reserve day. If you take the full event entry option you are free to swim the other races on Friday and Sunday, and all **ULTIMATES** are invited to swim the final day on the Monday.
- **What happens if the weather is bad, is there a risk like many other long distance challenges that I don't get to swim at all?** This risk is very low as we have two days to be able to achieve this swim, plus many Plan B courses if required to keep out of the worst weather.
- **How experienced does my support person need to be?** They will need to be practiced and comfortable managing your nutrition and feeding regime (generally swimmers are feeding every 30 minutes on such swims, we can provide more advice on this of course), and equally have some experience on how to maintain both safe distance and correct protection for the swimmer to ensure the skipper acts as you require him to. It's possible we could provide someone - but at an additional cost - if you don't have this support person yourself.
- **How fast do I need to swim?** With almost mid-summer daylight hours, the minimum average pace required will be 2.3km/h for the ULTIMATE 33.3 and 2km/h for the ULTIMATE 22.2 - if you cannot hold this pace, you will need to exit the water when asked. Allowance will be made for adverse current and conditions, with start / finish times adjusted accordingly - but there will be no swimming outside in the dark.
- **Can I bring more than one person with me?** Yes the boat that will be dedicated to you will have the space for 2 or 3 support crew, we just ask that at least one of the support team takes our partner hotel and transfer package (at the same level as you)
- **How late can I leave it to book?** Places are strictly limited (by the ability to source appropriate support boats and skippers) so you are advised to secure your space as soon as possible via www.ultraswim333.com/enter pay your event deposit and send us your marathon swimming resumé on epicswims@ultraswim333.com for us to consider.