



F3 PARTNER PROGRAMME #19 SWITZERLAND FOR LEMAN HOPE

Support the key event moments and swim finishes, enjoy your own swimming opportunities in the event's iconic locations, discover the history and culture of lakeside Swiss villages and towns, with beautiful mountain and lake views, meet new people and soak up the unique UltraSwim 33.3 community vibe!

It's not too late to sign your friends, family or fans up!
Contact [**epicswims@ultraswim333.com**](mailto:epicswims@ultraswim333.com)

DAY 1 PROGRAMME

Key Timing:

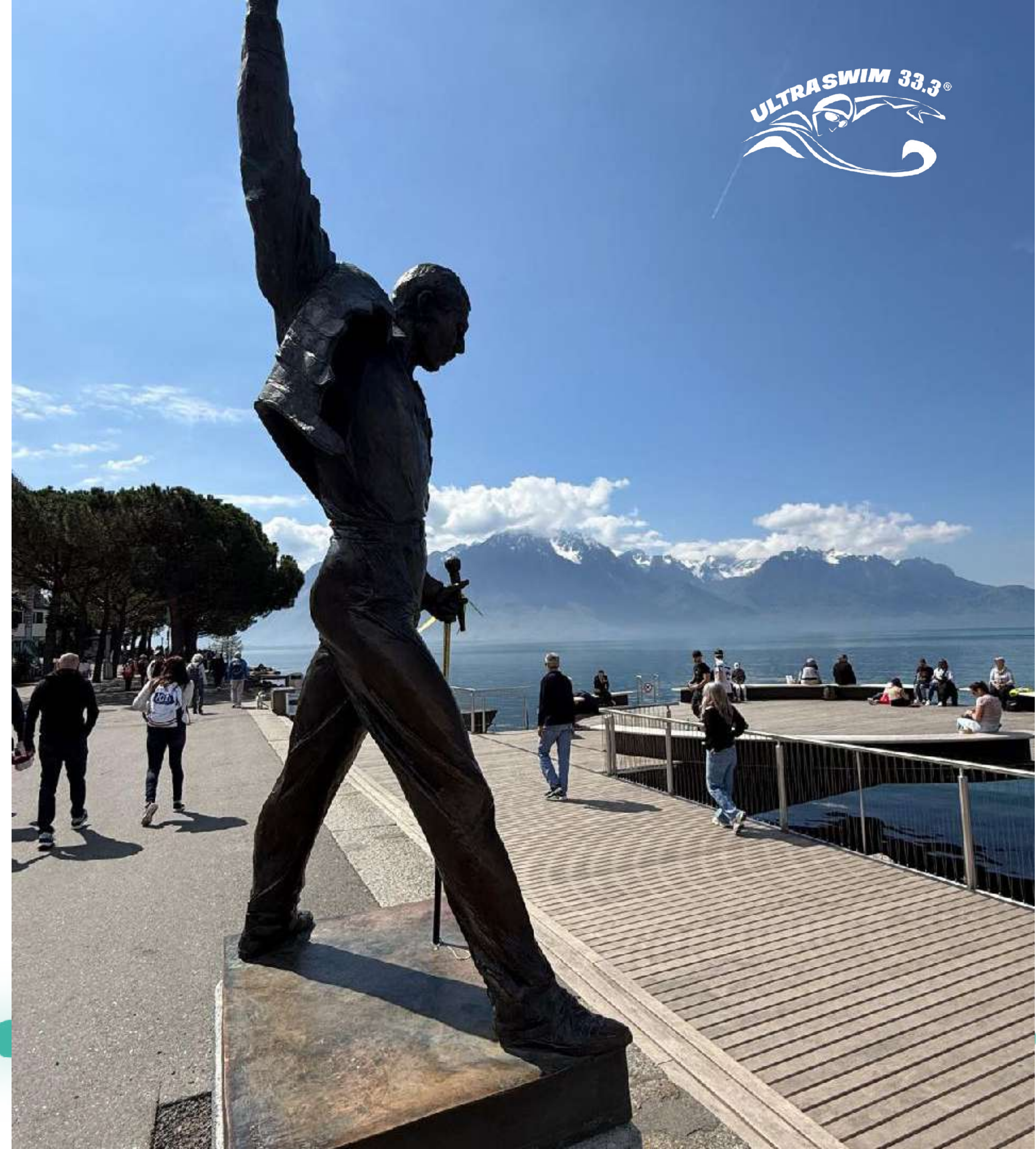
Meet at 08:45 for train ride to Montreux.

Train departs Ouchy to Montreaux by CGN 09:05

Highlight 1: Enjoy beautiful mountain and lake views in Montreux, famous for its jazz festival and where Freddie Mercury lived! Welcome the swimmers on the first swim of their 33.3 journey.

Highlight 2: After Swim 1, choose to visit the Charlie Chaplin museum or head to the next swim start with your swimmer. Afterwards travel on to the Swiss lakeside village of Cully to watch the second swim finish and enjoy a refuel lunch with your swimmer. There is an opportunity here to swim or enjoy one of the local cafes in the very picturesque village.

14:15 After the swim ends, you'll travel back to the hotel by Swiss lake ferry with your swimmer or choose to stay on and explore the area with local trains and buses included in your local transport card which the hotels will give you upon check-in



DAY 2 PROGRAMME

Key Timings:

Estimated start time 0800 from the hotel.

Highlights: Transfer by minivan or train to Lutry plage (beach) for morning coffee by the swim feedstation where you'll be able to watch your swimmers get their nutrition and swim on towards the finish line. There is a great cafe on the beach offering breakfasts if you are still hungry.

This is another ideal place to enjoy a swim. From Lutry we'll transfer you to the Pully Plage swim stage finish line where a refuel brunch will be served. Either join the CGN ferry transfer back to the hotels or choose to stay and relax, with later transport options by bus and train - or a beautiful waterfront walk - back to Ouchy.



33.3KM | 4 DAYS

DAY 3 PROGRAMME

Key Timings:

Departure with your host by CGN ferry to Evian in France. Don't forget your passport / ID. Ferry departures are 0737 if your swimmer is faster and expected to arrive in Evian by 0930 / 1000. Or take the more leisurely 0920 ferry. The ferries take half an hour for the lake crossing. Upon arrival in Evian enjoy the waterfront and stroll along to the swim finish point at the Evian rowing club, where we'll have coffee and croissants and a vibrant atmosphere to welcome the swimmers in on their country to country lake crossing.

Highlights: Evian, France - famed for its water! Another highlight to explore is the Lumiere Palace.

Return to Lausanne by CGN lake ferry with your swimmer. *** **update this if we are transferring then back via fast boats**



33.3KM | 4 DAYS

DAY 3 OLYMPIC MESEUM

Leman hope fundraiser - experience the incredible Olympic Museum while raising money for our designated charity.

Our included dinner at the Olympic Museum also offers the unique chance to spend an hour exploring the exhibits of the museum in a private opening for UltraSwim 33.3 participants and F3.

F3s may also attend the swimmer briefing in the museum's impressive auditorium, and hear more about our charity efforts.

Afterwards enjoy dinner and fabulous views from the Olympic Museum's upper function room terrace.



DAY 4 PROGRAMME

Key Timings:

The swimmers have a more leisurely start today. Watch them start before heading to the finish point.

Highlight 1: Race finish at General Guisan Park

Enjoy a flat 1km stroll along enjoy snacks and coffee while building the atmosphere ready to welcome all the swimmers across the race final finish line.



33.3KM | 4 DAYS

JOIN YOUR SWIMMER FOR THE FINAL SWIM IN!

Highlight 2: Final Swim - F3 + swimmers!

If you want to enjoy the final moments of the event with your swimmer, we'll arrange for you to join them for the final swim-in.

