



October 29, 2025

ADVANCING AMERICAN FREEDOM
FOUNDATION

Casey Means Deserves A Surgeon General **Warning**

TOPLINE: Casey Means, President Trump's new nominee for Surgeon General, will testify before a virtual U.S. Senate Committee hearing this Thursday.

What Does the Surgeon General Do?

- The Surgeon General holds the rank of "Vice Admiral," serves as an advisor to the Secretary of Health and Human Services, oversees the commissioned corps (an on-call group of health professionals), and issues health warnings.
- Previous Surgeon Generals have issued warnings about the dangers of smoking, AIDS, and other major public health crises.

Means' Background:

- President Trump nominated Means due to her stature within the Make America Healthy Again (MAHA) movement, which aided his reelection alongside RFK Jr.
- Means is the author of *Good Energy* (2024), in which she argues that there's a "surprising connection between metabolism and limitless health."
- She graduated from Stanford University and Stanford's School of Medicine.

The Whispers Told Her To Do Magic Mushrooms

- Means embraces [pagan practices](#) such as talking to trees, working with a "spiritual medium," and participating in full moon ceremonies, while advocating for woke "[indigenous wisdom](#)" that conservatives have previously mocked.
- Means [claims](#) that an "internal voice... whispered" to her to try illegal psychedelic mushrooms, which she began using in 2021 in order to "find love."
 - It is unclear whether Means continues to use psilocybin now that she is pregnant. She has previously [advised](#) avoiding "Tylenol, reflux meds, NSAIDs."

An Unlicensed, Supplement Hawker?

- Means is neither board certified nor does she hold a medical license. She is ineligible to practice medicine and never completed her residency program.
- Means' newsletter and social media accounts were sponsored by probiotic, algae, and fiber supplement companies, as well as other eyebrow-raising partnerships.
 - Learn more about Mean's ties to supplements and other industries [here](#).
- Even RFK Jr.'s own running mate, Nicole Shanahan, [stated](#) that the nomination is "very strange" and "doesn't make any sense."

Bottomline: Casey Means is fundamentally unqualified to serve as Surgeon General of the United States of America. The American people deserve the best and brightest making health policy, not an unlicensed, neopagan, supplement hawker. The President should reconsider his selection for Surgeon General.



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