

STATE EXPOSURE IN CANADIAN TRADE WAR

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SEPTEMBER 28, 2026

TOPLINE: U.S. consumers and industries depend heavily on trade with Canada and are highly vulnerable to a trade war with Canada. While this trade is concentrated among a handful of states, trade with Canada is a significant share of total trade for dozens of states.

BACKGROUND: Canada is one of America's largest trading partners. On August 22, 2026, the United States imposed a 50% tariff on certain Canadian dairy, alcoholic beverage, and motor vehicle imports under Section 338 of the Tariff Act of 1930. Canada matched this dollar-for-dollar and rate-for-rate on September 8, [with tariffs ranging from 15% to 50% on U.S. steel, aluminum, dairy and consumer goods](#). The [Trump Administration signed five new Section 338 proclamations](#) the same day that Canada's retaliatory tariffs took effect, including import bans scheduled for September 29. Alarming, negotiations are currently suspended.

Where the Trade Is

- The annual volume of U.S.–Canada goods trade is \$674 billion. Five states account for \$284 billion, or 42% of the total: Illinois, Texas, Michigan, New York, and Ohio.
 - Illinois leads at \$76 billion, followed by Texas (\$70 billion) and Michigan (\$67 billion).

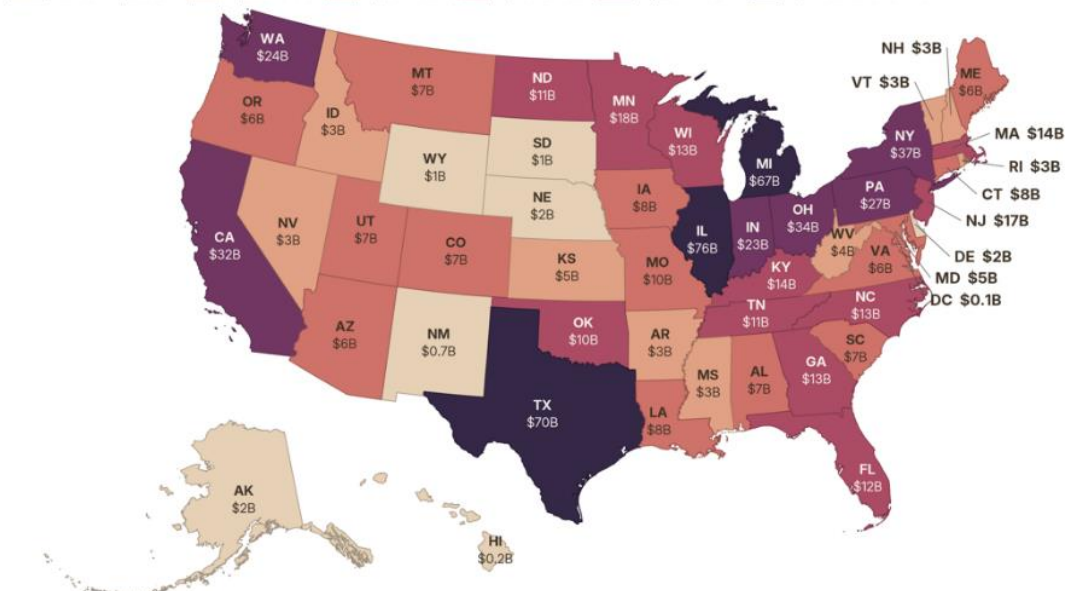
Figure 1

U.S.-Canada Trade, by State

Billions of nominal US dollars, 12 months ending June 2026

Two-way goods trade with Canada

under \$2.5B \$2.5-5B \$5-10B \$10-20B \$20-40B \$40B and over



Note: The 50 states and DC traded \$674 billion with Canada, excluding Puerto Rico, the Virgin Islands, and \$45 billion of trade Census does not attribute to a state.

Source: U.S. Census Bureau, U.S. Imports and Exports by State and Harmonized System Code, International Trade Time Series API. Retrieved September 2, 2026.



Which States Rely on Canada Most

- Figure 2 shows Canada's share of each state's total goods trade, rather than the volume of trade illustrated in Figure 1, and puts a different set of states on top.
 - North Dakota and Montana lead at 77%, followed by Maine at 62%, Vermont at 55%, West Virginia and South Dakota at 43%, and Oklahoma at 40%.
 - States with the highest shares are clustered along the northern border and the plains, with six of the nine highest-share states bordering Canada.
- Some states depend much more on trade with Canada than the raw dollar amount in Figure 1 indicates. For example, North Dakota ranks nineteenth by volume but first in share.
- Exposure also depends on what a state trades. Mineral fuels alone comprise 80% of North Dakota's exports to Canada, which Canada exempted from its counter-tariffs.

Figure 2

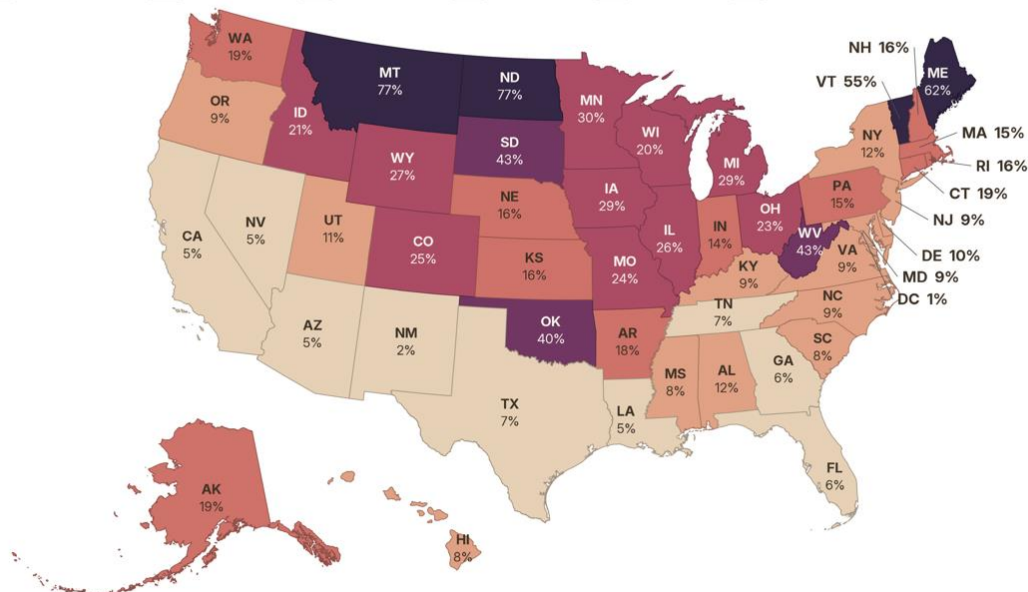
Canada's Share of Each State's Goods Trade



Percent of the state's goods trade, 12 months ending June 2026

Share of the state's goods trade that is with Canada

under 7.5% 7.5-12.5% 12.5-20% 20-30% 30-50% 50% and over



Note: Canada was 12.1% of goods trade across the 50 states and DC, excluding Puerto Rico and the Virgin Islands.

\$45 billion of trade is not attributed to a specific state or territory.

Source: U.S. Census Bureau, *U.S. Imports and Exports by State and Harmonized System Code*, International Trade Time Series API. Retrieved September 2, 2026.

BOTTOMLINE: The U.S.-Canada trade dispute has continued to escalate. If these restrictions remain in place, or intensify further, policymakers can expect even higher prices and supply chain interruptions for American industries. A trade war with Canada will negatively impact many states, especially those heavily engaging in trade with Canada, including energy- and mineral-rich states, many heavy-industry dependent states, and our agricultural heartlands.

