



DEXA FRAX Guidelines

FRAX

- FRAX calculation eligibility criteria (all 3 required)
 - A. Postmenopausal woman or a man age 50 or older
 - If the patient is uncertain if she is postmenopausal (ie, does not have a uterus), assume she is and include FRAX
 - B. osteopenia (T-score of -1.1 - -2.4)
 - Using T-score for lumbar spine, unilateral femoral neck, unilateral total femur or unilateral 1/3 radius, which ever is between the -1.1 – -2.4 range.
 - C. No history of treatment with osteoporosis medication (vitamin D and calcium supplementation are not considered treatment)
- If your patient is outside of these 3 criteria's **or** you were not able to scan a hip – remove the FRAX information from the report **AND** note on the front-page of the report:
PATIENT DOES NOT MEET CRITERIA FOR FRAX RISK ASSESSMENT
 - A. FRAX is utilized to help clinicians decide which subset of the osteopenia population needs pharmacological therapy. This is because people with osteopenia are not necessarily at high risk for fracture. There are FRAX cutoff values published to guide clinicians and is why this information is not given for normal density (do not need treatment) and an osteoporotic patient with a T score at or below -2.5 (they need treatment regardless of what a FRAX score says).