



FDA
Authorized

Private. Convenient. Accurate.

Complete your cervical cancer screening comfortably from home.

With Teal Health's FDA-authorized Teal Wand™ device for at-home cervical cancer screening, staying up-to-date on this critical screening is now easier than it has ever been - **and women are calling it a game changer.**

How At-Home Screening Works

STEP 1

Order & Attend Virtual Consult

Request a kit at getteal.com and attend a 10 minute virtual visit with a Teal provider to discuss your screening needs, answer questions, and prescribe the kit.

STEP 2

Receive Kit & Collect

Receive your kit, collect your sample in minutes privately from home, and mail it to the lab for testing. Medical provider support is available through secure portal messaging.

STEP 3

View Results & Provider Support

In about a week, view results in your Teal portal and connect virtually with a Teal provider if additional steps are needed. Any in-person follow up can be coordinated with your provider.

To order your at-home screening kit, visit getteal.com.

Teal works with most major insurance plans and is HSA/FSA eligible.

Frequently Asked Questions for At-Home Screening

Does it replace my Pap smear?

Screening for HPV using the FDA-authorized Teal Wand is an alternative to doing your cervical cancer screening in-clinic (often referred to as a Pap). Primary HPV tests are the most sensitive and recommended test for cervical cancer screening, as nearly all cervical cancers are caused by persistent HPV infections.

If you'd like, Teal can share your results with your in-clinic provider so that they can update your medical record and you can continue to receive care however you prefer.

Is it as accurate as screening in the clinic?

Yes, the sample you collect with the Teal Wand and mail to the lab for testing, detects HPV-related cervical precancer 96% of the time, which is as accurate as samples collected by a clinician using a speculum and brush.

At the lab, your sample will be tested for 14 types of high-risk HPV (Human Papillomavirus) using the Roche Cobas® FDA-approved Primary HPV test. This is the same test used at the doctor's office, just simply a different way of collecting the sample.

Who is eligible for at-home screening?

Teal follows screening guidelines and recommends at-home self-collection for anyone:

- Between the screening ages of 25-65 years
- With a cervix (has not had a full hysterectomy)

Currently not recommended for anyone who:

- Is pregnant
- Has a history of cancer in the reproductive system, HIV, DES exposure, or immunosuppression
- Is experience abnormal bleeding that has not been evaluated by a provider
- Had a treatment for cervical precancer (LEEP or cold knife cone)

Can I mess up the test?

If you follow the instructions provided, you can feel confident that you will use the Teal Wand correctly. 98% of users successfully collect a valid sample.

Don't worry, if you don't collect enough sample, the HPV test will not report a result (instead, the outcome will show up as 'invalid'). If this happens, we will contact you to discuss next steps.

How do I collect my sample?

You will collect a sample from your vagina using the Teal Wand and then mail the sample to the lab for testing. You will then receive your results in about one week.

Collecting your sample is easy and typically takes less than 5 minutes. The instructions on how to collect your sample and everything else you will need to complete the screening are included in your Teal screening box.



Scan for video instructions

Does it hurt?

No, it should not hurt. The Teal Wand was designed to be comfortable and put you in control – fewer than 2% of our clinical trial participants reported mild discomfort. Almost 1 in 5 of our current patients come to Teal for a less painful alternative to screening, and patients rate the Teal Wand a 4.8 out of 5 for comfort and ease.

- The Teal Wand has similar dimensions to a tampon, so for many people, inserting the Wand might feel familiar to a tampon.
- The Wand is sized to accommodate different body types. The vagina differs from person to person, therefore, for some the Teal Wand will insert a few inches, for others, it may insert more.

What happens if I get an abnormal result (HPV positive)?

If you have an abnormal result, your next steps will depend on what type of HPV was found, your history of HPV results, and any other relevant medical factors. It is critical that you schedule a virtual follow-up visit with a Teal provider to review this information and discuss what additional tests are needed. A Teal provider will then navigate you to the recommended in-person care. While HPV is common and in most cases can be cleared by the immune system, follow-up care is important to monitor the infection and ensure it does not progress into cervical cancer.

For Additional Questions

Visit the Teal Health Help Center at support.getteal.com or email us at help@tealhealth.co.