

2nd International Conference on Orthobiologics



Program & Sessions Advanced Conference

Friday, October 9th 2026
Saturday, October 10th 2026

@ De Hoorn, Leuven, Belgium

This program serves as a guideline only and can be subject to change.

2nd International Conference on Orthobiologics

Building the Future of Regenerative Medicine

As a pioneering non-profit organization EnRM (European Network for Regenerative Medicine) is dedicated to advancing regenerative medicine across Europe and therapeutic domains. Unlike traditional organizations that focus on a single therapeutic area, EnRM's unique approach lies in its commitment to uniting experts from diverse fields into a cohesive, collaborative ecosystem where knowledge and expertise flow freely.



Steven Heylen, MD



Anita van Domselaar, MD



Peter Everts, PhD

Morning Moderators : Ansar Mahmood, Steven Heylen

08.00 – 08:15	Welcome Steven Heylen & Peter Everts
08.15 – 08.40	Personalized PRP Treatments Moving Forward Peter Everts
08.40 – 09.10	Advanced Biologic Treatment of the Complex Knee-where are we in 2026? Luga Podesta
09.10 – 09.35	From Degeneration to Preservation: The Expanding Role of Orthobiologics in Major Joint Osteoarthritis Ansar Mahmood
09.35 - 10.00	Preparing the Soil Prior to Orthobiological Interventions Gabriel Azzini
10.00 – 10.15	Discussion
10.15 – 10.45	BREAK
10.45 – 11.05	Beyond Viscosupplementation: Rethinking Hyaluronic Acid in Osteoarthritis Andrew Pearse
11.05 – 11.25	Clinical Experience with Polyacrylamide hydrogel Injections Andrew Pearse
11.25 – 11.50	Adipose-derived stem cell therapy for knee OA Giorgos Skarpas
11.50 – 12.15	Precision Image-Guided Orthobiology: Why accuracy Matters Guilherme Ferreira Dos Santos
12.15 – 12.40	Friday ENORM Keynote Lecture Start Where it Hurts: The Bone Beneath Markus Klingenberg
12.40 - 13.00	Discussion
13.00 – 14.00	LUNCH at Exhibition

Afternoon Workshops

14.00 – 15.30

Live patient experience (on stage)

Patient 1: 14.00 – 14.15
14.15 – 14.45

Patient and Product Discussion
Ultrasound Guided PRP injections Cervical Spine
Philip Steele

Patient 2: 14.45 – 15.00
15.00 – 15.30

Patient and Product Discussion
Ultrasound Guided PRP Injections Lumbar Spine
Robert Talac

15.30 – 16.00

Coffee break at Exhibition

16.00 – 18.30

Hands-on training on Technology experience

	Group A		Group B	
16.00 – 17.15	Tech 1. Station 1	Ultrasound guided scanning of posterior cervical spine	Tech 2. Station 2	Ultrasound guided scanning of wrist and hand
		Philip Steele		Markus Klingenburg
17.30 – 18.30	Tech 2. Station 2	Ultrasound guided scanning of wrist and hand	Tech 1. Station 1	Ultrasound guided scanning of posterior cervical spine
		Markus Klingenburg		Philip Steele
	Group C		Group D	
16.00 – 17.15	Tech 3. Station 3	Ultrasound guided scanning of the Lower Limb	Tech 4 Station 4	Ultrasound guided scanning of the Upper Limb
		Luga Podesta		Lev Kalika
17.30 – 18.30	Tech 4. Station 4	Ultrasound guided scanning of the Upper Limb	Tech 3. Station 3	Ultrasound guided scanning of the Lower Limb
		Lev Kalika		Luga Podesta

Morning Moderators : Anita van Domselaar, Peter Everts.

07.30 – 08.30 Breakfast with Exhibitors

08.30 – 08.55 **Pain Management and Orthobiological Preparations in Spine Pathologies**

Agnes Stogicza

08.55 – 09.35 **Saturday ENORM Keynote Lecture**
The Thoracic Spine – Knee Connection: Understanding the Role of Erector Spinae Dysfunction in Lower Limb Pathology

Philip Steele

09.35 – 10.00 **Orthobiologics in the Elite Athlete: Managing Expectations in High Performance Populations**

Luga Podesta

10.00 – 10.25 **Beyond the Needle: Synergizing Shockwave, Photobiomodulation and Physical Therapy**

Expert panel

10.25 – 10.40 Discussion

10.40 – 11.20 BREAK

11.20 – 11.45 **Platelet Variability in PRP Preparations and Regenerative Consequences**

Peter Everts

11.45 – 12.10 **Preserve, Repair & Restore: combined biological and minimally invasive strategies for hand, wrist and tendons.**

Joris Van Dongen

12.10 – 12.35 **Is There a Role of Orthobiologics in HSD and hEDS?**

Lev Kalika

12.35 – 13.00 **Wrong Target, Wrong Outcome: Biological Terrain, Biological Capital and the Future of Musculoskeletal Healing**

Robert Talac

12.00 – 13.15 Discussion

13.15 – 14.15 LUNCH at Exhibition

Afternoon Workshops

14.15 – 15.45	Live patient experience
Patient 1: 14.15 – 14.30 14.30 – 15.00	Patient and Product Discussion Ultrasound Guided PRP injections Shoulder Lev Kalika + Ansar Mahmood
Patient 2: 15.00 – 15.15 15.15 – 15.45	Patient and Product Discussion Ultrasound Guided PRP Injections CMC joint Joris Van Dongen

15:45 – 16:00	Coffee break at Exhibition
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16:00 – 18:30	Hands-on training on Technology experience
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	Group A		Group B	
16:00 – 17:15	Tech 1. Station 1	Ultrasound guided scanning of brachial plexus	Tech 2. Station 2	Ultrasound guided scanning of lumbar spine
		Philip Steele		Robert Talac
17:30 – 18:30	Tech 2. Station 2	Ultrasound guided scanning of lumbar spine	Tech 1. Station 1	Ultrasound guided scanning of brachial plexus
		Robert Talac		Philip Steele
	Group C		Group D	
16:00 – 17:15	Tech 3. Station 3	Ultrasound guided scanning of the Lower Limb	Tech 4 Station 4	Ultrasound guided scanning of the Upper Limb
		Ansar Mahmood		Lev Kalika
17:30 – 18:30	Tech 4. Station 4	Ultrasound guided scanning of the Upper Limb	Tech 3. Station 3	Ultrasound guided scanning of the Lower Limb
		Lev Kalika		Ansar Mahmood

2nd International Conference on OrthoBiological Medicine.

Register



Foundation course program



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October 8-10th, 2026.
Leuven Belgium.

EnRM



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