



2026-2027 UNITED SCORING SYSTEM - LEVEL 1

STUNTS

RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	DISMOUNT
LEVEL SKILLS			
• Release style from ground level (switch up) to lib below prep level • Tic toc below prep level (lib to lib)	• ¼ twisting transition to below prep level • ¼ twisting transition to ground level • ¼ twisting transition from prep level	• Back stand • Shoulder sit • Shoulder stand • Prep level show & go • Chair • Prone • Straddle sit • Extended straddle sit • Flat back • Extended flat back • Below prep level 1 leg stunt • Prep stunt • Prep level 1 leg stunt with bracer	• Step down
ADVANCED SKILLS			
• Release style from ground level (switch up) to body position below prep level • Tic toc below prep level (lib to body position) • Tic toc at prep level (lib to body position) with bracer • Release style from waist level to prep level lib with bracer • Release style from ground level (switch up) to prep level lib with bracer.	• ¼ twisting transition at prep level to prep stunt • ¼ twisting transition from below prep to prep level lib with bracer	• ¼ twisting tic toc at prep level (lib to lib) with bracer • ¼ twisting tic toc below prep level (lib to body position) • Transition from below prep level to prep level body position with bracer	
ELITE SKILLS			
• Release style from ground level (switch up) to prep level body position with bracer • Tic toc below prep level (body position to body position) • Tic toc at prep level (body position to body position) with bracer • Release style from waist level to prep level body position with bracer	• ¼ twisting transition to prep stunt from below prep level • ¼ twisting transition from below prep level to prep level body position with bracer	• ¼ twisting tic toc at prep level (body position to body position) with bracer • ¼ twisting release from ground level (switch up) to prep level lib with bracer • ¼ twisting release from waist level to prep level lib with bracer • ¼ twisting tic toc at prep level (lib to body position) with bracer • ¼ twisting tic toc below prep level (body position to body position)	• Straight cradle from prep stunt

STUNTS: Only the skills listed as Advanced/Elite will receive Degree of Difficulty credit.



2026-2027 UNITED SCORING SYSTEM - LEVEL 1

STANDING TUMBLING

LEVEL SKILLS		ADVANCED SKILLS	ELITE SKILLS
• FORWARD ROLL • STRADDLE ROLL • PUSHUP TO BACKBEND • BACKWARD ROLL	• HANDSTAND • BACKBEND KICK OVER • STANDING BACKBEND • FRONT LIMBER / BACK LIMBER	• BACK WALKOVER (BWO) • BWO - BACKWARD ROLL - BWO • BACK EXTENSION ROLL	• BWO SERIES • BWO SWITCH LEG • BACK EXTENSION ROLL - BWO/BWO SERIES • VALDEZ

RUNNING TUMBLING

LEVEL SKILLS		ADVANCED SKILLS	ELITE SKILLS
• CARTWHEEL (CW) • CW - BACKWARD ROLL • HANDSTAND FORWARD ROLL		• CW - BWO/BWO SWITCH LEG • ROUND OFF (RO) • FRONT WALKOVER (FWO) / FWO SERIES • HANDSTAND - FORWARD ROLL - CW	• CW - BWO SERIES • FWO - CW / RO • FWO - CW - BWO/BWO SERIES • FWO - CW - BWO SWITCH LEG • HANDSTAND - FORWARD ROLL - CW - BWO/BWO SERIES



2026-2027 UNITED SCORING SYSTEM - LEVEL 2

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	DISMOUNT
LEVEL SKILLS				
• Inversion from ground level to below prep level • Inversion from ground level to prep level	• Tic toc at prep level (lib to lib)	• ¼ twisting transition to prep level 1 leg stunt • ½ twisting transition to below prep level • ½ twisting transition to prep level	• Prep level 1 leg stunt • Extension • Barrel Roll • Leap frog variations • Walk in prep level press extension • ½ twisting transition to prone	• Straight cradle from prep level body position
ADVANCED SKILLS				
• Inversion from ground level to prep stunt • Inversion from ground level to prep level 1 leg stunt	• Tic toc at prep level (lib to body position) • Release style from ground level (switch up) to prep level lib • Release style from waist level to prep level lib	• ¼ twisting transition to extended stunt • ½ twisting transition at prep level to prep level body position • ½ twisting transition to prep level 1 leg stunt	• ½ twisting tic toc to /at prep level 1 leg stunt • ½ twisting inversion from ground level to prep level 1 leg stunt • ½ twisting transition from extension to cradle position	• Straight cradle from extension • ¼ twisting dismount from prep stunt to cradle
ELITE SKILLS				
• Inversion from ground level to extension • Inversion from ground level to prep level body position	• Tic toc at prep level (body position to body position) • Release style from ground level (switch up) to prep level body position • Release style from waist level to prep level body position	• ½ twisting transition to extension • ½ twisting transition to prep level body position	• ½ twisting inversion from ground level to extension • ½ twisting inversion from ground level to prep level body position • ¼ - ½ twisting tic toc to / at prep level 1 leg stunt to body position • ¼ - ½ twisting release from ground level (switch-up) to prep level body position	• ¼ twisting dismount from prep level lib / body position or extension to cradle

STUNTS: Only the skills listed as Advanced/Elite will receive Degree of Difficulty credit.

TOSSES

• Straight ride toss
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TOSSES: Only the skills listed will receive Toss Difficulty credit.



2026-2027 UNITED SCORING SYSTEM - LEVEL 2

STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• BACK HANDSPRING (BHS) • BHS STEP OUT	• BACK WALKOVER (BWO) - BHS • BWO - BHS STEP OUT • BHS STEP OUT - BWO • VALDEZ - BWO - BHS	• BWO - BHS STEP OUT - BWO • BWO SWITCH LEG - BHS • BHS STEP OUT - BWO - BHS • VALDEZ - BHS / BHS STEP OUT • BACK EXTENSION ROLL - BHS / BHS STEP OUT

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• CARTWHEEL (CW) - BHS • ROUND OFF (RO) - BHS	• RO - BHS STEP OUT • CW - BHS STEP OUT • FRONT HANDSPRING (FHS) • FRONT WALKOVER (FWO) - FHS	• FHS SERIES • BOUNDER / FLYSPRING • CW - BHS SERIES • RO - BHS SERIES • FWO - RO - BHS / BHS SERIES • CW - BHS STEP OUT - BWO - BHS / BHS SERIES



2026-2027 UNITED SCORING SYSTEM - LEVEL 3

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	COED STYLE	DISMOUNT
LEVEL SKILLS					
• Inverted below prep level • Inverted at prep level • Downward inversion from below prep level	• Release to prep level or below • Tic toc below prep level to below prep level (lib to lib) • Tic toc below prep level to prep level (lib to lib)	• ¾ twisting transition to prep level 1 leg stunt • Full twisting transition below prep level • Full twisting transition to prep level • Full twisting transition to / at prep level lib • ¼ twisting transition to extended 1 leg stunt	• Suspended forward roll • Full twisting transition from prep level to prone • Extended lib	Assisted or Unassisted: • Walk in / toss hands • Walk in / toss hands press extension • Walk in extension	• Straight cradle from extended 1 leg stunt • ¼ twisting dismount from extended 1 leg stunt
ADVANCED SKILLS					
• Inversion from waist / prep level to extended 1 leg stunt • Inversion from ground level to extended lib	• Release from ground level (switch up) to prep level lib • Release from waist level (ball up, straddle up, etc.) to prep level lib • Tic toc from prep level lib to extended body position	• Full twisting transition to prep level body position • Full twisting transition at prep level (lib to lib) • Full twisting transition at prep level to prep level body position • ½ twisting transition to extended lib	• Full twisting tic toc at prep level (lib to lib) • Full twisting inversion to prep stunt • Kick full twisting transition from waist level to cradle position • ½ twisting suspended forward roll • ½ twisting inversion to extended lib	Assisted: • Walk in hands press extended 1 leg stunt • Toss hands press extended 1 leg stunt • Walk in extended 1 leg / 1 arm stunt	• 1 - 1 ¼ twisting dismount from prep stunt to cradle
ELITE SKILLS					
• Inversion from ground level to extended body position	• Release from ground level (switch up) to prep level body position • Release from waist level (ball up, straddle up, etc.) to prep level body position	• Full twisting transition at prep level (body position to body position) • Full twisting transition to extension • ½ twisting transition to extended body position	• Full twisting suspended forward roll • Full twisting tic toc at prep level (lib to body position) • Full twisting inversion from prep level or below to prep level 1 leg stunt • Kick full twisting transition from prep level or above to cradle position • ½ twisting inversion from ground level to extended body position	Unassisted: • Walk in hands press extended 1 leg stunt • Toss hands press extended 1 leg stunt • Walk in extended 1 leg / 1 arm stunt	• 1 - 1 ¼ twisting dismount from extension to cradle

STUNTS: Only the skills listed as Advanced/Elite will receive Degree of Difficulty credit.

TOSSES

NON - TWISTING	TWISTING
• Ball Arch • Pike • Kick • Ball-X • Toe touch	• Full twist

TOSSES: Only the skills listed will receive Toss Difficulty credit.



2026-2027 UNITED SCORING SYSTEM - LEVEL 3

STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• BHS / BHS STEP OUT - BHS / BHS STEP OUT • ADVANCED JUMP - BHS / BHS STEP OUT • BHS / BHS SERIES - ADVANCED JUMP	• BWO - BHS SERIES • BHS - BHS - BHS OR MORE • BHS - BHS STEP OUT - BHS • ADVANCED JUMP - BHS SERIES	• BHS / BHS SERIES - ADVANCED JUMP - BHS / BHS SERIES • ADVANCED JUMP - BHS - ADVANCED JUMP - BHS • BHS STEP OUT - BHS SERIES • BHS STEP OUT - BWO - BHS SERIES • BWO - BHS - ADVANCED JUMP - BHS / BHS SERIES

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• RO - TUCK • AERIAL	• PUNCH FRONT (PF) • RO - BHS SERIES - TUCK	• FWO - AERIAL • BOUNDER / FLYSPRING - AERIAL • RO - BHS - TUCK • RO - BHS STEP OUT - 1/2 TURN - RO - TO - TUCK • FWO - RO - TO - TUCK • BOUNDER / FLYSPRING - RO - TO - TUCK • FHS - PF

Each skill separated by a bullet will be considered a "different skill" and will not receive credit more than once, even if multiple skills or variations are listed in that bullet.



2026-2027 UNITED SCORING SYSTEM - LEVEL 4

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	COED STYLE	DISMOUNT
LEVEL SKILLS					
- Released inversion to prep level or below - Released inversion at prep level to prep level - Downward inversion from prep level - Extended inverted stunt	- Tic toc extended lib to prep level or below (high to low) - Helicopter release moves - Release from prep level to prep level - Release to extension	1 ½ twisting transition to below prep level 1 ½ twisting transition to prep level ¾ twisting transition to extended stunt	Full twisting release to prep level or below	Assisted or Unassisted: - Walk in / toss hands - Walk in / toss hands press extension - Walk in / toss extension	
ADVANCED SKILLS					
- Released inversion from waist level to extended stunt - Released inversion from extended hand in hand to prep stunt - Back handspring up to prep stunt	- Release from waist or prep level to extended lib - Tic toc extended body position to prep level or below lib (high to low) - Release from ground level (switch up) to extended body position	1 ½ twisting transition to / at prep level lib 1 ½ twisting transition at prep level (lib to body position) - Full twisting transition to extension	- Full twisting release from waist level (tic toc, ball up or straddle up) to prep level lib - Full twisting release at prep level (tic toc) to prep level lib 1 - 1½ twisting release from ground level (switch up) to prep level lib	Assisted: - Walk in hands press extended 1 leg stunt - Toss hands press extended 1 leg stunt - Walk in extended 1 leg / 1 arm stunt - Toss extended 1 leg / 1 arm stunt	1 - 1¼ twisting dismount from extended 1 leg stunt to cradle
ELITE SKILLS					
- Released inversion from prep level or prep level hand in hand to extended stunt - Back handspring up to extended stunt	- Release from waist level to extended body position - Tic toc extended body position to prep level body position (high to low) - Release from prep level to extended body position	1 ½ twisting transition to / at prep level body position 1 ½ twisting transition at prep level (body position to body position) 1 ½ twisting transition to extension - Full twisting transition to extended 1 leg stunt - Full twisting transition at extended level	- Full twisting release from waist level (tic toc, ball up or straddle up) to prep level body position - Full twisting release at prep level (tic toc) to prep level body position - Full twisting inversion to extended 1 leg stunt 1 - 1½ twisting release from ground level (switch up) to prep level body position 1 ½ twisting release from waist or prep level (tic toc, ball up or straddle up) to prep level lib	Unassisted: - Walk in hands press extended 1 leg stunt - Toss hands press extended 1 leg stunt - Walk in extended 1 leg / 1 arm stunt - Toss extended 1 leg / 1 arm stunt	- Kick full twisting dismount 2 - 2¼ twisting dismount from prep stunt / extension to cradle

STUNTS: Only the skills listed as Advanced/Elite will receive Degree of Difficulty credit.

TOSSES

NON - TWISTING	TWISTING
- Ball kick - Pike X - Hitch kick - Switch kick - Double toe touch	- Ball full - Pike full - Kick full - Toe touch full - Full up toe touch - Double full

TOSSES: Only the skills listed will receive Toss Difficulty credit.



2026-2027 UNITED SCORING SYSTEM - LEVEL 4

STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• ONODI • BACKWARD ROLL - TUCK	• BHS SERIES - TUCK • BACK TUCK • BWO - TUCK • BACK EXTENSION ROLL - TUCK • VALDEZ - TUCK	• BHS / BHS STEP OUT - TUCK • ADVANCED JUMP - BHS SERIES - TUCK • ADVANCED JUMP - BHS - TUCK

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• CW - TUCK • FWO - CW - TUCK • RO - LAYOUT • RO - ONODI • FRONT AERIAL • FRONT AERIAL - RO - TO - TUCK • FHS - PF	• PF - PF • PF STEP OUT - AERIAL • RO - BHS SERIES - LAYOUT • RO - ONODI - TO - TUCK • PF STEP OUT - RO - TO - TUCK • AERIAL - BACK TUCK / LAYOUT / LAYOUT STEP OUT • FWO - AERIAL - TUCK • RO - TO - WHIP / TUCK - TO - TUCK • FRONT AERIAL - RO - TO - WHIP - TO - TUCK • FWO - RO - TO - WHIP / TUCK - TO - TUCK • PF STEP OUT - RO - TO - WHIP / TUCK - TO - TUCK • FHS - PF STEP OUT - RO - TO - TUCK	• FHS - PF STEP OUT - RO - TO - WHIP / TUCK - TUCK • RO - BHS - LAYOUT / LAYOUT STEP OUT / X-OUT / SWITCH LEG • RO - ONODI - TO - LAYOUT • FWO - RO - TO - LAYOUT • FRONT AERIAL - RO - TO - WHIP - LAYOUT • PF STEP OUT - RO - TO - LAYOUT • RO - TO - WHIP / TUCK - TO - LAYOUT • FWO - RO - TO - WHIP / TUCK - TO - LAYOUT • PF STEP OUT - RO - TO - WHIP / TUCK - TO - LAYOUT • FHS - PF STEP OUT - RO - TO - LAYOUT • FHS - PF STEP OUT - RO - TO - WHIP / TUCK - TO - LAYOUT • FHS - FRONT LAYOUT



2026-2027 UNITED SCORING SYSTEM - LEVEL 4.2

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	COED STYLE	DISMOUNT
LEVEL SKILLS					
- Released inversion to prep level or below - Released inversion at prep level to prep level - Downward inversion from prep level - Extended inverted stunt	- Tic toc extended lib to prep level or below (high to low) - Helicopter release moves - Release from prep level to prep level - Release to extension	1 ½ twisting transition to below prep level 1 ½ twisting transition to prep level ¾ twisting transition to extended stunt	Full twisting release to prep level or below	Assisted or Unassisted: - Walk in / toss hands - Walk in / toss hands press extension - Walk in / toss extension	
ADVANCED SKILLS					
- Released inversion from waist level to extended stunt - Released inversion from extended hand in hand to prep stunt - Back handspring up to prep stunt	- Release from waist or prep level to extended lib - Tic toc extended body position to prep level or below lib (high to low) - Release from ground level (switch up) to extended body position	1 ½ twisting transition to / at prep level lib 1 ½ twisting transition at prep level (lib to body position) - Full twisting transition to extension	- Full twisting release from waist level (tic toc, ball up or straddle up) to prep level lib - Full twisting release at prep level (tic toc) to prep level lib 1 - 1½ twisting release from ground level (switch up) to prep level lib	Assisted: - Walk in hands press extended 1 leg stunt - Toss hands press extended 1 leg stunt - Walk in extended 1 leg / 1 arm stunt - Toss extended 1 leg / 1 arm stunt	1 - 1¼ twisting dismount from extended 1 leg stunt to cradle
ELITE SKILLS					
- Released inversion from prep level or prep level hand in hand to extended stunt - Back handspring up to extended stunt	- Release from waist level to extended body position - Tic toc extended body position to prep level body position (high to low) - Release from prep level to extended body position	1 ½ twisting transition to / at prep level body position 1 ½ twisting transition at prep level (body position to body position) 1 ½ twisting transition to extension - Full twisting transition to extended 1 leg stunt - Full twisting transition at extended level	- Full twisting release from waist level (tic toc, ball up or straddle up) to prep level body position - Full twisting release at prep level (tic toc) to prep level body position - Full twisting inversion to extended 1 leg stunt 1 - 1½ twisting release from ground level (switch up) to prep level body position 1 ½ twisting release from waist or prep level (tic toc, ball up or straddle up) to prep level lib	Unassisted: - Walk in hands press extended 1 leg stunt - Toss hands press extended 1 leg stunt - Walk in extended 1 leg / 1 arm stunt - Toss extended 1 leg / 1 arm stunt	- Kick full twisting dismount 2 - 2¼ twisting dismount from prep stunt / extension to cradle

STUNTS: Only the skills listed as Advanced/Elite will receive Degree of Difficulty credit.

TOSSES

NON - TWISTING	TWISTING
- Ball kick - Pike X - Hitch kick - Switch kick - Double toe touch	- Ball full - Pike full - Kick full - Toe touch full - Full up toe touch - Double full

TOSSES: Only the skills listed will receive Toss Difficulty credit.



2026-2027 UNITED SCORING SYSTEM - LEVEL 4.2

STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• BACK HANDSPRING (BHS) • BHS STEP OUT	• BACK WALKOVER (BWO) - BHS • BWO - BHS STEP OUT • BHS STEP OUT - BWO • VALDEZ - BWO - BHS	• BWO - BHS STEP OUT - BWO • BWO SWITCH LEG - BHS • BHS STEP OUT - BWO - BHS • VALDEZ - BHS / BHS STEP OUT • BACK EXTENSION ROLL - BHS / BHS STEP OUT

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• CARTWHEEL (CW) - BHS • ROUND OFF (RO) - BHS	• RO - BHS STEP OUT • CW - BHS STEP OUT • FRONT HANDSPRING (FHS) • FRONT WALKOVER (FWO) - FHS	• FHS SERIES • BOUNDER / FLYSPRING • CW - BHS SERIES • RO - BHS SERIES • FWO - RO - BHS / BHS SERIES • CW - BHS STEP OUT - BWO - BHS / BHS SERIES



2026-2027 UNITED SCORING SYSTEM - LEVEL 5

STUNTS

INVERSION STYLE	RELEASE STYLE	TWISTING	COMBINATION/OTHER SKILLS	COED STYLE	DISMOUNT
LEVEL SKILLS					
- Downward inversion from extended stunt - Downward inversion from extended 1 leg stunt	- Tic toc lib to lib (high to high) - Tic toc lib to lib (low to high)	1 ¼ twisting transition to extended stunt	¼ twisting release from ground level (switch up) to extended 1 leg stunt - Twisting helicopter release moves 1 ½ - 2 twist to prone 1/2 twisting release from ground level (switch up) to extended lib	Assisted or Unassisted: - Walk in / toss hands - Walk in / toss hands press extension - Walk in / toss extension	- Double twisting dismount from prep level 1 leg stunt to cradle - Kick Full twisting dismount to cradle
ADVANCED SKILLS					
- Released inversion from prep level or prep level hand in hand to extension - Released inversion from extended hand in hand to prep stunt - Back handspring up to extended stunt	Tic toc lib to body position (low to high)	- Full twisting transition to extended lib - Double twisting transition to / at prep level stunt 1 ½ twisting transition to extension	- Full twisting release from ground level (switch up) to extended lib - Full twisting release from waist level (ball up) to extended lib ¼ - ¾ twisting tic toc to extended lib ½ twisting release from ground level (switch up) to extended body position ½ twisting release from waist level (ball up) to extended lib	Assisted: - Walk in hands press extended 1 leg stunt - Toss hands press extended 1 leg stunt - Walk in extended 1 leg / 1 arm stunt - Toss extended 1 leg / 1 arm stunt	Double twisting dismount from extended lib to cradle
ELITE SKILLS					
- Released inversion from prep level or prep level hand in hand to extended lib - Released inversion from extended hand in hand to extension - Back handspring up to extended lib	- Tic toc lib to body position (high to high) - Tic toc body position to body position (high to high)	- Full twisting transition to extended body position - Double twisting transition to extension 1 ½ twisting transition to extended 1 leg stunt 1 ¾ - Double twisting transition to / at prep level 1 leg stunt (L5 Youth Only)	- Full twisting tic toc to extended lib (low to high) - Full twisting tic toc to extended lib (high to high) - Full twisting release from ground level (switch up) to extended body position - Full twisting release from waist level (ball up) to extended body position ¼ - ¾ twisting tic toc lib to body position (high to high) ½ twisting release from waist level (ball up) to extended body position	Unassisted: - Walk in hands press extended 1 leg stunt - Toss hands press extended 1 leg stunt - Walk in extended 1 leg / 1 arm stunt - Toss extended 1 leg / 1 arm stunt	- Hitch Kick Full twisting dismount to cradle - Double twisting dismount from extended body position to cradle

STUNTS: Only the skills listed as Advanced/Elite will receive Degree of Difficulty credit.

TOSSES

• Hitch kick full • Switch kick full • Kick kick full • Pike kick full • Kick full kick • 3 trick toss (must include a single full twist)

TOSSES: Only the skills listed will receive Toss Difficulty credit.



2026-2027 UNITED SCORING SYSTEM - LEVEL 5

STANDING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• TUCK - BHS - TUCK • TUCK - BHS SERIES - TUCK • BHS / BHS SERIES - TUCK - TUCK	• ADVANCED JUMP - FRONT / BACK TUCK • BHS SERIES - WHIP / TUCK - BHS - TUCK • BHS - WHIP / TUCK - BHS - TUCK • ADVANCED JUMP - BHS SERIES - WHIP - BHS - TUCK • ADVANCED JUMP - BHS SERIES - WHIP - TUCK • BHS SERIES - LAYOUT • BHS SERIES - WHIP - TUCK	• BHS - WHIP - TUCK • BHS - LAYOUT • ADVANCED JUMP - BHS / BHS SERIES - LAYOUT • ADVANCED JUMP - BHS - WHIP - TUCK • BHS - WHIP / TUCK - LAYOUT • BHS SERIES - WHIP - LAYOUT / LAYOUT STEP OUT • ADVANCED JUMP - BHS / BHS SERIES - WHIP - TO - LAYOUT

RUNNING TUMBLING

LEVEL SKILLS	ADVANCED SKILLS	ELITE SKILLS
• BARANI • RO - HALF • RO - FULL • FHS - FRONT LAYOUT	• FHS - BARANI • RO - BHS SERIES - FULL • RO - ARABIAN • SIDE AERIAL - TO - FULL • BARANI - TO - LAYOUT	• FRONT FULL • RO - BHS - FULL • FWO - RO - TO - FULL • BARANI - TO - FULL • FRONT AERIAL - TO - FULL • PF STEP OUT - RO - TO - FULL • FRONT HANDSPRING - PF STEP OUT - RO - TO - FULL • RO - TO - WHIP - TO - FULL • FHS - FRONT FULL • PF STEP OUT - RO - TO - WHIP - TO - FULL • FHS - PF STEP OUT - RO - TO - WHIP - TO - FULL • RO - ARABIAN / HALF STEP OUT - TO - LAYOUT/FULL