

HONORING YOUR SERVICE, PRIORITIZING YOUR HEALTH

Justin J. Szpilka, PA-C
President/CEO



Thank you for your service to our community. At Coastal MD™, we understand the unique demands of law enforcement, which can lead to chronic pain, stress, and fatigue. We're dedicated to helping active and retired Suffolk police officers regain vitality, manage pain, and optimize their well-being.

What We Offer:

- **Targeted Pain Relief:** Address persistent aches from old injuries with Trigger Point Injections, Joint Injections, and Medical Massage Therapy.
- **Boost Your Vitality:** Combat fatigue and enhance energy with Male Hormone Replacement Therapy and IV Hydration.
- **Personalized Wellness:** Achieve a healthy weight and improve sleep/stress with our Weight Loss Programs and holistic approaches.

Why Choose Coastal MD™?

At Coastal MD™, we offer a comprehensive approach focused on your unique needs. Our goal is simple: a healthier, more fulfilling life—free from pain, full of energy.

Special Offer Just for Suffolk's Finest!

Receive 20% OFF your first service when you use code BLUE20 at checkout!

Ready to feel better?

Take the first step towards a healthier you! Learn more about our services and how we can help. We accept most major insurance plans. Call us at (631) 343-4184 to see if you're covered, or simply scan the QR code below!

