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**HOW YOUR OPPORTUNITIES FOR PAIN
RELIEF GET BETTER EVERY YEAR BY THE
CONFERENCE CHIROPRACTOR
DR. RAYMOND A. SEMENTE**

When I began in practice in 1984, practice was simple. Before managed care, we simply consulted and took care of you and focused all of our energy on your treatment. We gave you whatever care you needed until you were well, and it was between you and I that made all of the decisions about what was best to do.

But as the years progressed, society has become more demanding about treatment protocols and appropriate interventions to relieve your pain.

Today, the office no longer depends on old style x-ray and has **digital x-ray equipment**. Today we can give you CDs of your x-rays and in solo practice, this is very unusual. This technology is relegated mostly to very high-end centralized radiographic facilities. Naturally, we're thrilled to be able to give you this kind of an upgrade in service.

But despite the fact that we may be able to image your problem better, new interventions such as nerve blocks, epidural steroid injections, new surgical interventions for the cervical and lumbar spine in addition with Chiropractic treatment, such as Spinal Decompression therapy and Manipulation under Anesthesia have changed the treatment protocols and increased your therapeutic options, for pain relief.

A typical patient I see today is generally more significantly injured than they were years ago. Since we're getting older as a population,

the patient is often somewhat older, may have a history of herniated discs or disc disease. The patient may have a history of lumbar stenosis or cervical stenosis (a narrowing of the spinal cord from arthritis, thickening of ligaments, or herniated or protruding discs). They may have had surgery with fixation devices in the spine.

The patient that I see today in my practice may be a sprain strain case, which responds quickly and easily to treatment, but I increasingly see patients that either have failed at other medical treatments or are looking to exclude the possibility of surgery, opting for our treatment prior to such procedures, or before they have them again.

Chiropractic care has always been excellent at helping patients avoid surgery. Those therapeutic options are even better today with **Spinal Decompression treatment** (a procedure we have for you in the office and represents a high-end technological upgrade, another service not routinely offered in a Chiropractic office) in addition to **Manipulation under Anesthesia**, which I perform at surgery centers, and in cases where the patient is in severe pain, we often use a team approach, using the options of epidural steroid injections performed by our medical referral in concert with Manipulation under Anesthesia (which has an 85% success rate).

Years ago when I was in practice, none of these therapeutic options were as widespread as they are today, and although they are reserved for the most severe patients, we are excited about being able to offer these options and are thrilled to see the resolution of pain in patients without medicine and surgery.

As the years have progressed, so has the coordination of Chiropractic and medical services and this coordination is great for continuing to provide a high level of service to our police patients.

As some of you may know, I have been the Chiropractor for the police from some twenty four years now.

My police patients can see the technological advancement in procedures and services, as we now provide **Massage Therapy** as

part of your treatment. This potentially routine care for patients who need Massage Therapy is provided by our Massage Therapy staff.

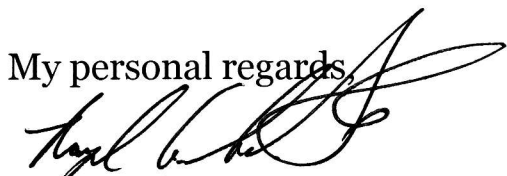
To oversee any clinical concerns you may have, my office employs eight people. They are people that are specific to taking care of your Workers' Compensation and motor vehicle accident concerns, any legal narrative requests that are necessary, and we have three insurance liaisons that dialogue with your insurance companies to make sure your authorizations are fine and you can receive treatment without any worry and anxiety.

I like having this staffing to accommodate your needs since it allows me to concentrate on treating you, delegating the administrative needs entirely to my office staff.

Should you have any question that you need answered please feel free to make an appointment in my office. For my police I would be happy to answer any question you may have and relieve any anxiety that you might have. **Just send me an e-mail at RSemente@aol.com and either a member of my staff or I personally will answer any question you may have.**

Please feel free to give us a call, should you have any clinical needs or questions. We will be thrilled to assist you, as we have been for the last 24 years!

My personal regards,

A handwritten signature in black ink, appearing to read 'Raymond A. Semente', written over the printed name.

Raymond A. Semente D.C., P.C.