306 Foil Co.

E-Foil Lesson Info

Everything to know before you request a ride.

LESSON RATE

$200 / hour

Private e-foil lesson format. Final time, duration, and lake location are confirmed before your lesson.

INCLUDED

- E-foil board and battery
- Helmet and life jacket
- Step-by-step coaching with Joe
- Beginner-friendly safety briefing

Questions to answer before booking

- Preferred date and approximate time.
- Preferred lake or meeting location.
- Number of riders.
- Experience level: first time, some board sports, or experienced rider.
- Any safety concerns, comfort level, or special requests.
- Best phone number and email for confirmation.

What to bring

- Swimsuit or clothes that can get wet.
- Towel and dry clothes.
- Sunscreen, sunglasses, and water.
- A positive attitude and sense of adventure.
- Arrive ready for conditions to depend on wind and weather.

How the lesson works

1. **Request a booking:** Submit the online form with your date, rider count, and location preference.
2. **Confirm details:** We contact you to confirm timing, weather, water conditions, and meeting spot.
3. **Safety first:** We start with gear, board control, throttle basics, and fall/restart tips.
4. **Build the ride:** Progress at your pace from kneeling to standing, balance, takeoff, and controlled riding.

Weather note: Lessons are dependent on safe wind, water, and storm conditions. If the lake is not suitable, we will work with you to reschedule.