

CHOLECYSTECTOMY TRAVEL & CARE PLAN

Clínica Enlace · San Nicolás de los Garza, México

 <http://www.gallbladdersurgeryinmexico.com>

Integrated Practice Unit (IPU) · **Gallbladder and Biliary Tract Diseases**

A **cost-containing** solution focused on value and outcomes

We are a specialized Integrated Practice Unit (IPU) dedicated exclusively to gallbladder and biliary tract diseases—a model proven to deliver superior outcomes, lower costs, and a seamless patient experience.

2,145

Total surgeries performed in our unit
from 2020 to 2026

646

Gallbladder & biliary procedures

+25 years

Of experience by our lead surgeon

Our **competitive** advantages



HYPER-SPECIALIZATION

Every resource, protocol and specialist focused on one condition —building deeper expertise, greater experience, and better outcomes for every patient.



CERTIFIED SPECIALISTS

CONACEM-certified multidisciplinary team on-site.



WORLD-CLASS TECHNOLOGY

Pioneers in acquiring cutting-edge technology from leading brands such as Mindray, GE HealthCare, Mindray, Drager, Medtronic and Schiller.

Integrated Practice Unit (IPU) · Gallbladder and Biliary Tract Diseases

A multidisciplinary model of specialized, evidence-based care

A board of **CONACEM-certified specialists** work together on every case to define the best treatment plan for you. Working as a unified clinical ecosystem, the team aligns around shared protocols, evidence-based decision-making, and clearly defined outcomes. This reduces variability and ensures that every treatment plan is not only individualized, but also built on the combined expertise of a deeply specialized clinical workforce dedicated to one thing: delivering consistently superior results.

GT

M.D. Germán Tovar Fuentes

General Surgery – Lead Surgeon

CONACEM cert. 2027 Prof. License No. 0034949
+28 years of experience +10,000 surgical hours

JP

M.D. Jorge Pablo Pérez Macías

General Surgery – Lead Surgeon
Gastrointestinal Endoscopy

CONACEM cert. 2027 & 2029 Prof. License No. 12944136

IS

M.D. Iván Salinas Cavazos

Clinical Cardiologist

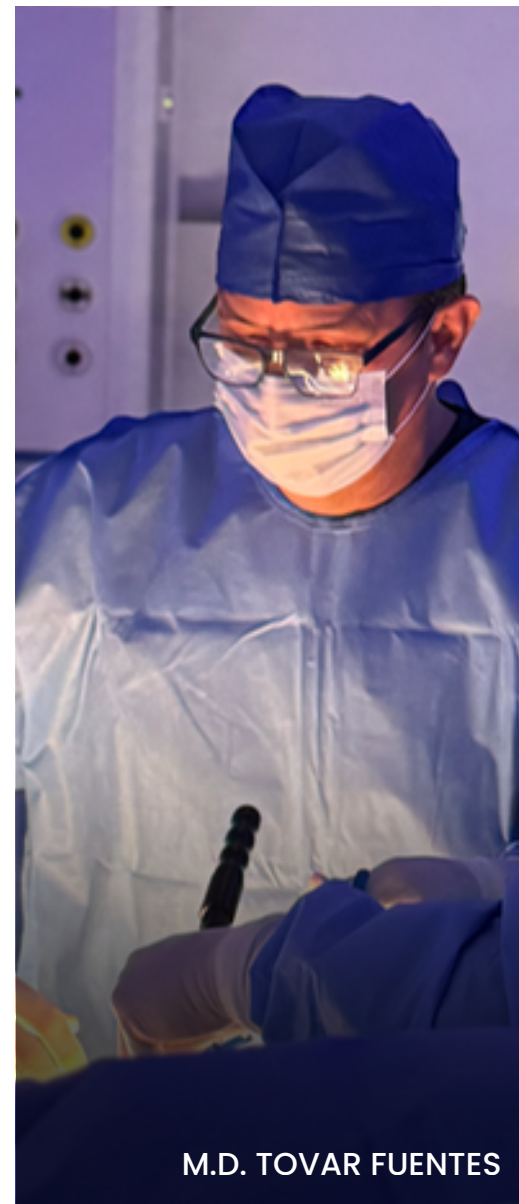
CONACEM cert. 2028 Prof. License No. 13655282

SL

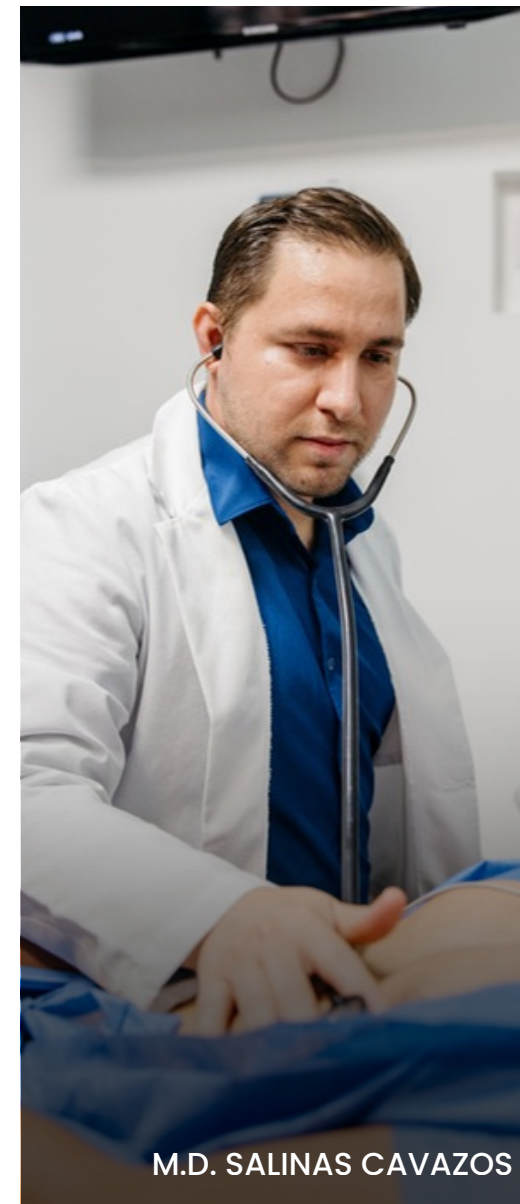
M.D. Samuel Isaí López Martínez

Radiologist

CONACEM cert. 2028 & 2029 Prof. License No. 13475142



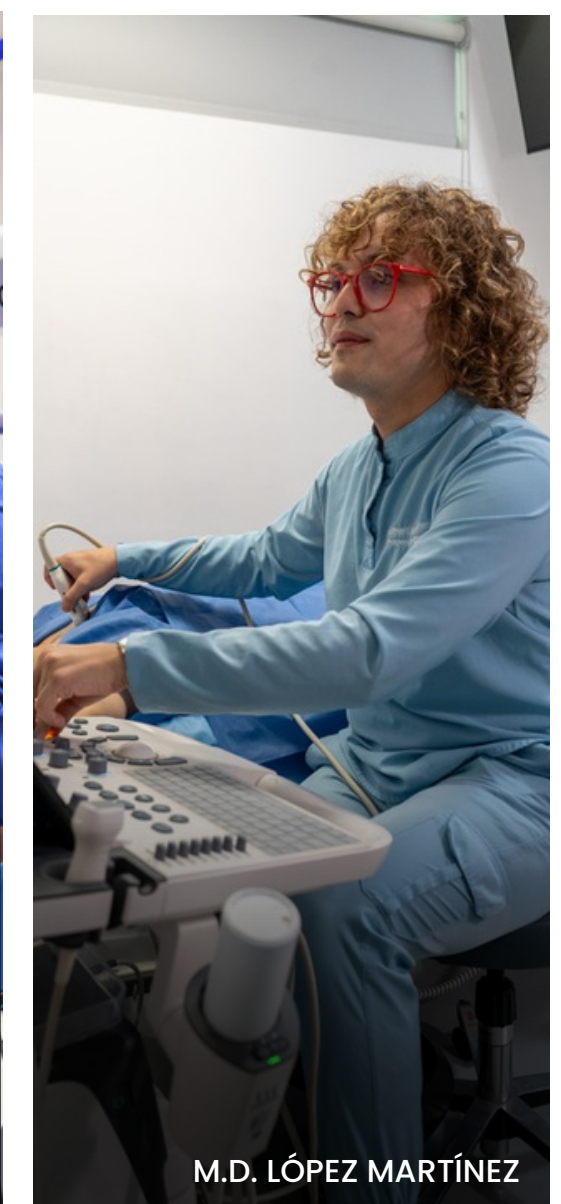
M.D. TOVAR FUENTES



M.D. SALINAS CAVAZOS



M.D. PÉREZ MACÍAS



M.D. LÓPEZ MARTÍNEZ

Patient Accommodation

📍 Holiday Inn Express & Suites Monterrey Sendero

Approximately 10 minutes from Clínica Enlace

\$100 – \$120 per night

Stay at the brand-new Holiday Inn Express & Suites, where modern comfort meets convenience. Featuring spacious rooms, contemporary amenities, complimentary breakfast, and a quiet atmosphere, it provides the ideal setting for a smooth, relaxing, and stress-free recovery during your medical journey.



Included Amenities

- | | | |
|---|---|---|
|  Wi-Fi |  Free breakfast |  Daily housekeeping |
|  Fitness center |  On-site parking |  Smoke-free hotel |

What's nerby

- Costco
- HEB
- Walmart
- Plaza Sendero
- A variety of restaurants within walking distance.

Seamless Patient Transportation



Arrival to Monterrey International Airport (MTY) — Approximately 40 minutes from Clínica Enlace

Airport Pickup

A private transfer will be arranged for you upon arrival. Our staff will meet you at the airport arrivals area and escort you directly to your hotel for a comfortable and seamless journey.

Hotel-to-clinic transfers

A daily private car service will be provided between your hotel and the clinic, ensuring comfortable and reliable transportation for all scheduled appointments.

Return to Airport

A comfortable private transfer will be arranged for your departure day, scheduled according to your flight time and subject to final medical clearance.

Additional Transportation Notes

- All transfers (Aeropuerto - Clínica - Hotel) are pre-arranged and included in the care plan.
- A bilingual coordinator will be available 24/7 for any mobility assistance and throughout your stay.

Meals & Nutrition

Three meals per day will be provided to the patient, delivered each morning for the entirety of their stay. The cost is \$15 USD per meal.

Your care itinerary at a glance

DAY 1: ARRIVAL

- 1 Upon arrival at Monterrey Airport, you will be greeted and taken via private transfer to your hotel.
- 2 After check-in, you can settle in and rest.
- 3 You will visit Clínica Enlace for an ultrasound examination performed by one of our radiology specialists.

DAY 2: PRE-OP EVALUATION, SURGERY DAY & OBSERVATION

- 1 You will arrive at Clínica Enlace at 7:00 A.M. for laboratory work and a pre-operative cardiology assessment with M.D. Iván Salinas.
- 2 Once laboratory results are in, we will proceed with the pre-surgical preparation and evaluation.
- 3 Your procedure will be performed by our specialized surgical team.
- 4 After the procedure, you will stay in recovery while the clinical team closely monitors your vital signs to ensure you are stable and comfortable.
- 5 The medical team will evaluate your recovery to ensure you are safe and ready to be discharged.
- 6 If you are fully recovered and meet all safety checks, you will be safely discharged and allowed to return to your hotel for continued rest and recovery.

DAYS 3 & 4: RECOVERY

- 1 Return to the clinic for your final medical check up.
- 2 Vital signs assessment and recovery monitoring. Nursing staff will be responsible for wound care and observation.
- 3 Follow-up appointment with M.D. Jorge Pablo Pérez to evaluate your progress and answer any questions.
- 4 Final post-operative evaluation and medical clearance for travel.

DAY 5: DEPARTURE DAY

- 1 After check-out, you will be taken via private transfer back to Monterrey Airport.

Medical Disclaimer & Considerations

- If the cardiologist and radiologist do not clear you for surgery, there are two possible scenarios you should be aware of:
 1. You will be provided with medication (not included in the package price) to control any variable that might compromise the procedure. After the medication, you can be reassessed to be cleared for surgery. This can delay the procedure from 1 to 2 days.
 2. If our medical team is not able to make you suitable for surgery, you will not be admitted to the operating room, in which case we will only charge you for the diagnostic care (around \$550.00 USD), this is rare and only the case for around 1 in every 100 patients.
- The decision to perform either a conventional (open) or laparoscopic approach for the procedure will be determined based on clinical evaluation and intraoperative findings.
- Any medications prescribed by the cardiologist for the management of pre-existing cardiac conditions are not included within the package and will be billed separately.
- Depending on laboratory results, surgical circumstances, and ultrasound findings, additional interventions may be required during the procedure, such as a blood transfusion or adjunct procedures including bile duct exploration. These situations are not included in the initial package price and will incur additional charges if necessary.
- If something goes wrong with the surgery itself and we have to reintervene you, we will do so free of charge.



M.D. LÓPEZ MARTÍNEZ



M.D. TOVAR FUENTES



ON-SITE PHOTO AT CLINICA ENLACE



M.D. SALINAS CAVAZOS



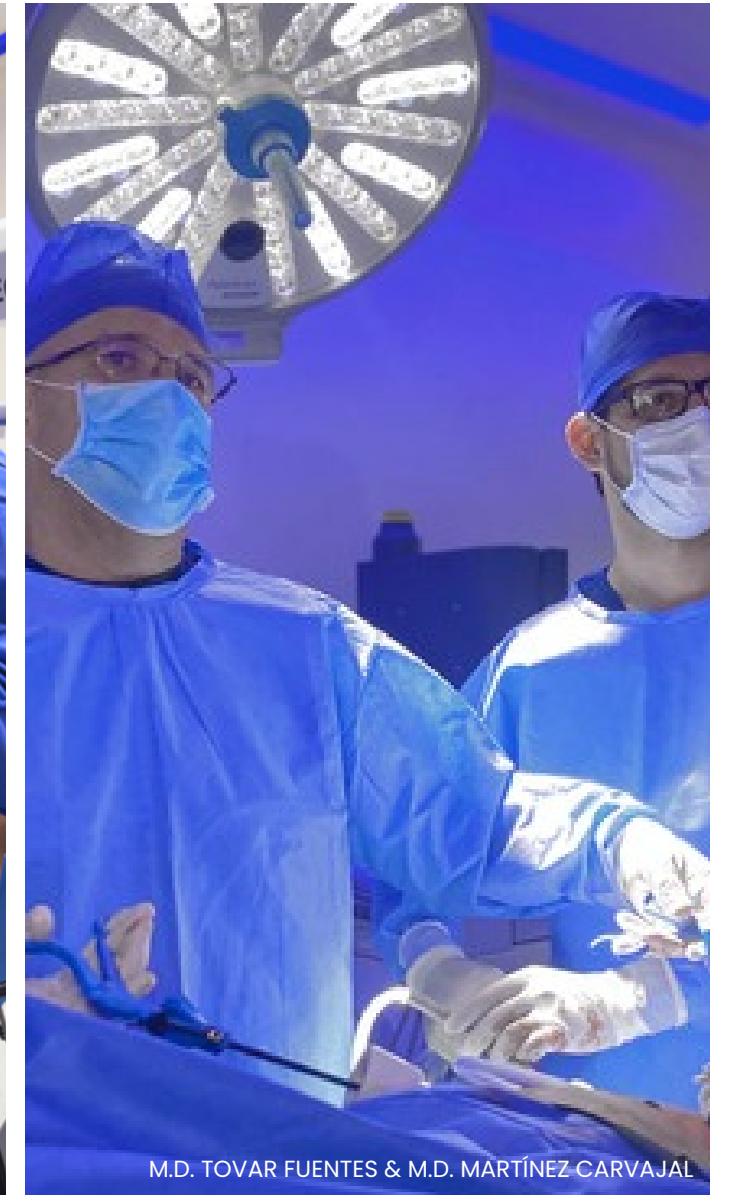
ULTRASOUND AREA AT CLINICA ENLACE



M.D. OSORIO DEL RÍO



M.D. PÉREZ MACÍAS



M.D. TOVAR FUENTES & M.D. MARTÍNEZ CARVAJAL



ON-SITE PHOTO AT CLINICA ENLACE



IMAGE OF THE OPERATING ROOM AT CLINICA ENLACE



M.D. BAYLÓN GONZÁLEZ



"Tranquilidad, dignidad y respeto a la vida."

JESÚS SOLÍS 1626, COL. LA NOGALERA. SAN
NICOLÁS DE LOS GARZA, NUEVO LEÓN.

www.gallbladdersurgeryinmexico.com

www.clinicaenlace.mx