



HIGH SCHOOL DISTRICTS 7, 9 & 12

APRIL PARENT WORKSHOPS

TUESDAY, APRIL 4, 2023 - 5:00 - 6:00 PM

**BE A SUPPORT TO OTHERS WITHOUT SACRIFICING
YOUR WELL-BEING**

TUESDAY, APRIL 24, 2023 - 5:00 - 6:00 PM

**MAKING YOU A PRIORITY - MEETING YOUR HEALTH
NEEDS, GOALS, AND LIVING A FULFILLED LIFE**



CLICK ON THE DATE TO REGISTER

APRIL 4th

APRIL 24th

ZOOM LINKS WILL BE SENT OUT UPON REGISTRATION

SPANISH INTERPRETATION WILL BE AVAILABLE