

# STAR Autism Support



**FREE WEBINAR**

## **From Challenges to Strengths: A Proactive Approach to Behavior Support**

### **Resources**

**STAR Newsletters (available in English and Spanish):**

[Sign up for our Newsletter!](#)

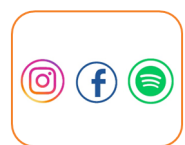
**Learn More About our Curricula and Resources:**

[STAR Program](#) | [Links Curriculum](#) | [SOLER](#)

**Curriculum Overview Flyers for Caregivers:**

English: [STAR Program](#) | [Links Curriculum](#) | [SOLER](#)

Spanish: [STAR Program](#) | [Links Curriculum](#) | [SOLER](#)





# ROUTINE ESSENTIALS

## COMMON LANGUAGE POSTER

### Attending

Come here  
Walk with me  
Stop  
Wait  
Sit down / Stand up  
Hands down  
Look at me  
Look at X [object or name]

### Social / Requesting

**Model if needed.**

Hi, X [name] / Bye, X [name]  
Want X [object, activity, or name]  
I want X [object, activity, or name]  
No [object, activity, or name]  
Help / Help, please  
Want help

### Following Directions

**Give direction, pause, and give the student time. If needed, provide gestural or physical prompting.**

Do this (Say, "Do this," and model routine step.)  
My turn / Your turn  
Pick it up  
Put it in  
Put it here  
Get X [object] and give it to X [name]  
Go to X [location] and get X [object]  
Give me X [object or a number of objects]

### Answering Questions

**Ask the question, pause, and give the student time to respond. If needed, provide visual or verbal prompting.**

What is this?  
Who is this?  
What is X [name] doing? (Actions)  
How does X [name] feel? (Emotions)

# I'm working for

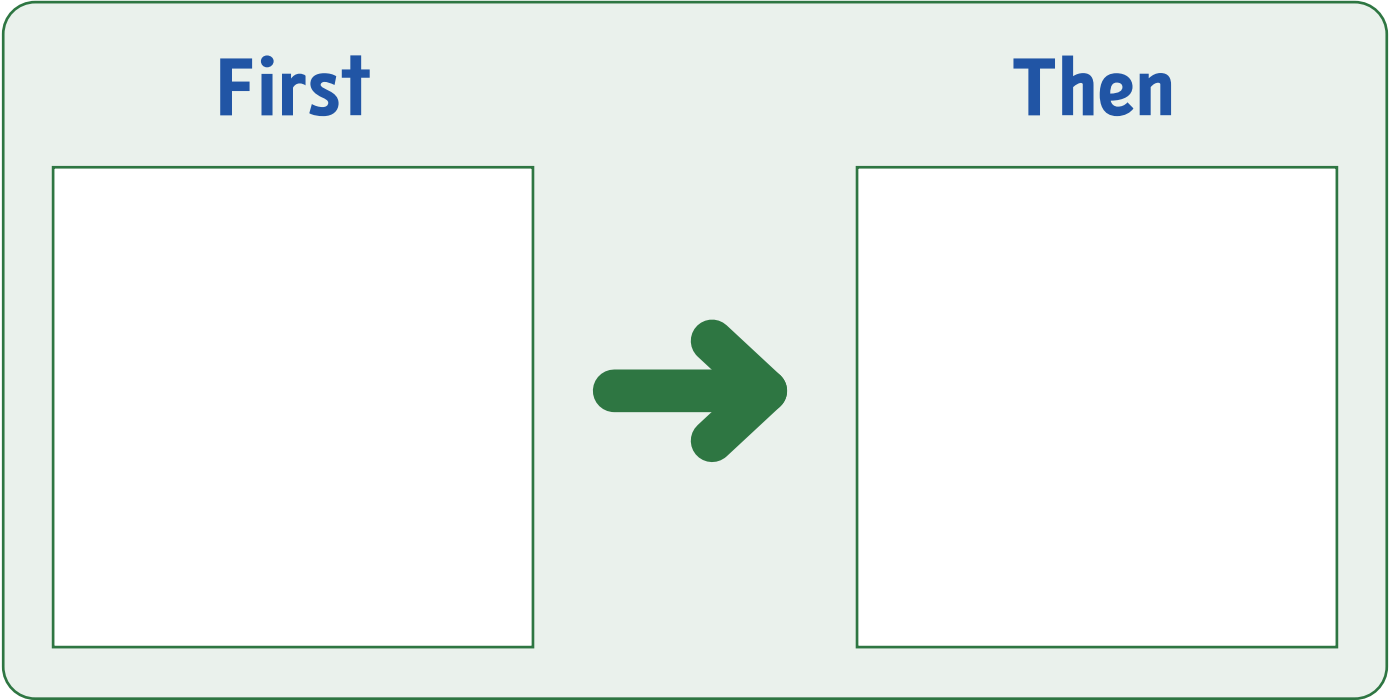
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# I'm working for

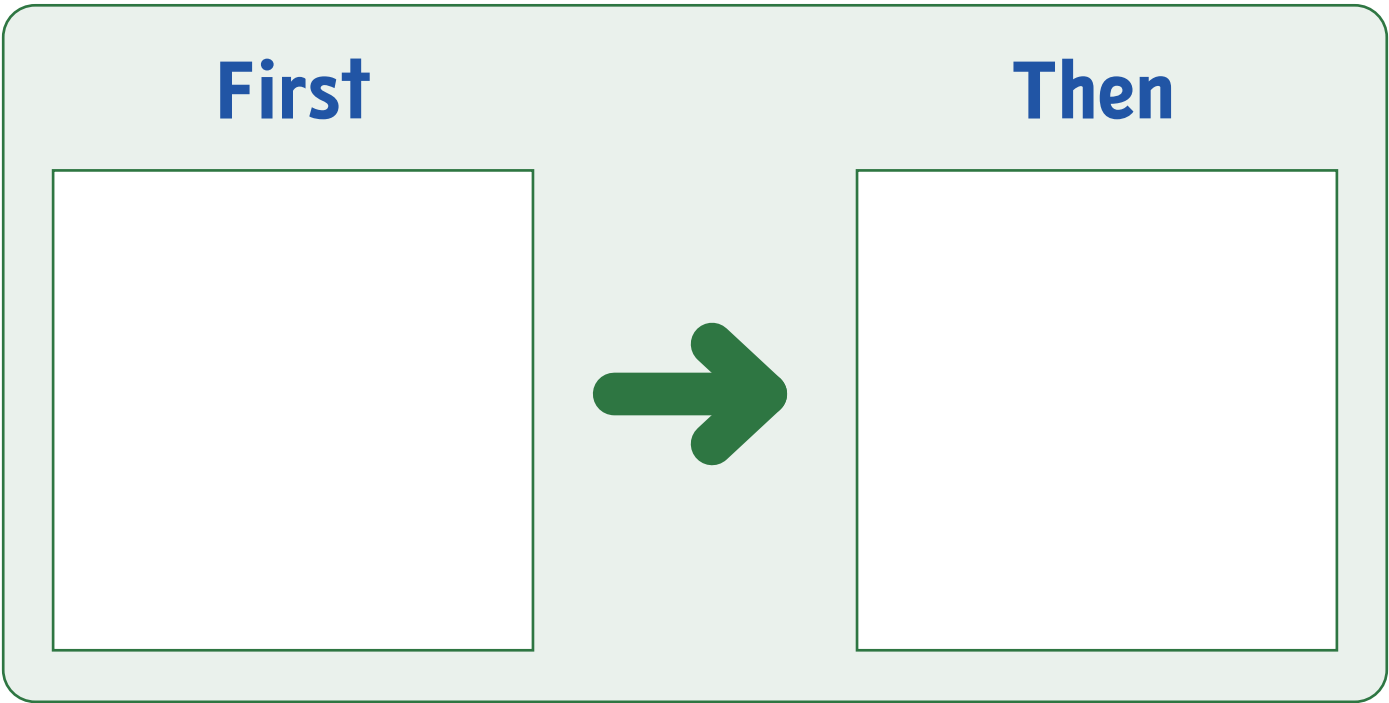
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Behavior Supports – First-Then Charts: Horizontal Chart

© STAR Autism Support 2024. Routine Essentials.



Behavior Supports – First-Then Charts: Horizontal Chart

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# ROUTINE ESSENTIALS

## REINFORCEMENT INVENTORY

### CONSUMABLE REINFORCERS

| <b>Food</b><br>Examples: candy (note the type), chips, pretzels, crackers, fruit, etc. | <b>Drinks</b><br>Examples: water, juice, milk |
|----------------------------------------------------------------------------------------|-----------------------------------------------|
|                                                                                        |                                               |
| <b>Note:</b>                                                                           |                                               |
|                                                                                        |                                               |

### ACTIVITY REINFORCERS

| <b>Sensory stimulation</b><br>Examples: scented markers, rain sounds, swinging, water play, rocking | <b>Indoor activities</b><br>Examples: coloring, watching TV, playing board games, listening to music | <b>Outdoor activities</b><br>Examples: playing at the park, going for a walk, drawing with sidewalk chalk |
|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
|                                                                                                     |                                                                                                      |                                                                                                           |
| <b>Note:</b>                                                                                        |                                                                                                      |                                                                                                           |
|                                                                                                     |                                                                                                      |                                                                                                           |

### TOY REINFORCERS

| <b>Toys</b><br>Examples: bubbles, spinners, cars, farm animals, balloons, blocks | <b>Electronics</b><br>Examples: tablets, apps, websites, video games |
|----------------------------------------------------------------------------------|----------------------------------------------------------------------|
|                                                                                  |                                                                      |
| <b>Note:</b>                                                                     |                                                                      |
|                                                                                  |                                                                      |

## TANGIBLE REINFORCERS

### Materials

Examples: string, bubble wrap, lotion, stickers

## SOCIAL REINFORCERS

### Attention

Examples: excited facial expressions, listening to music together, reading a book together

### Praise

Examples: "Good job," "Way to go," "Awesome"

### Tasks

Examples: helping teachers, taking a turn as class leader, completing preferred classroom jobs

### Note:

## FAVORITE MEDIA REINFORCERS

### Favorite media

Examples: movies, TV shows, video games

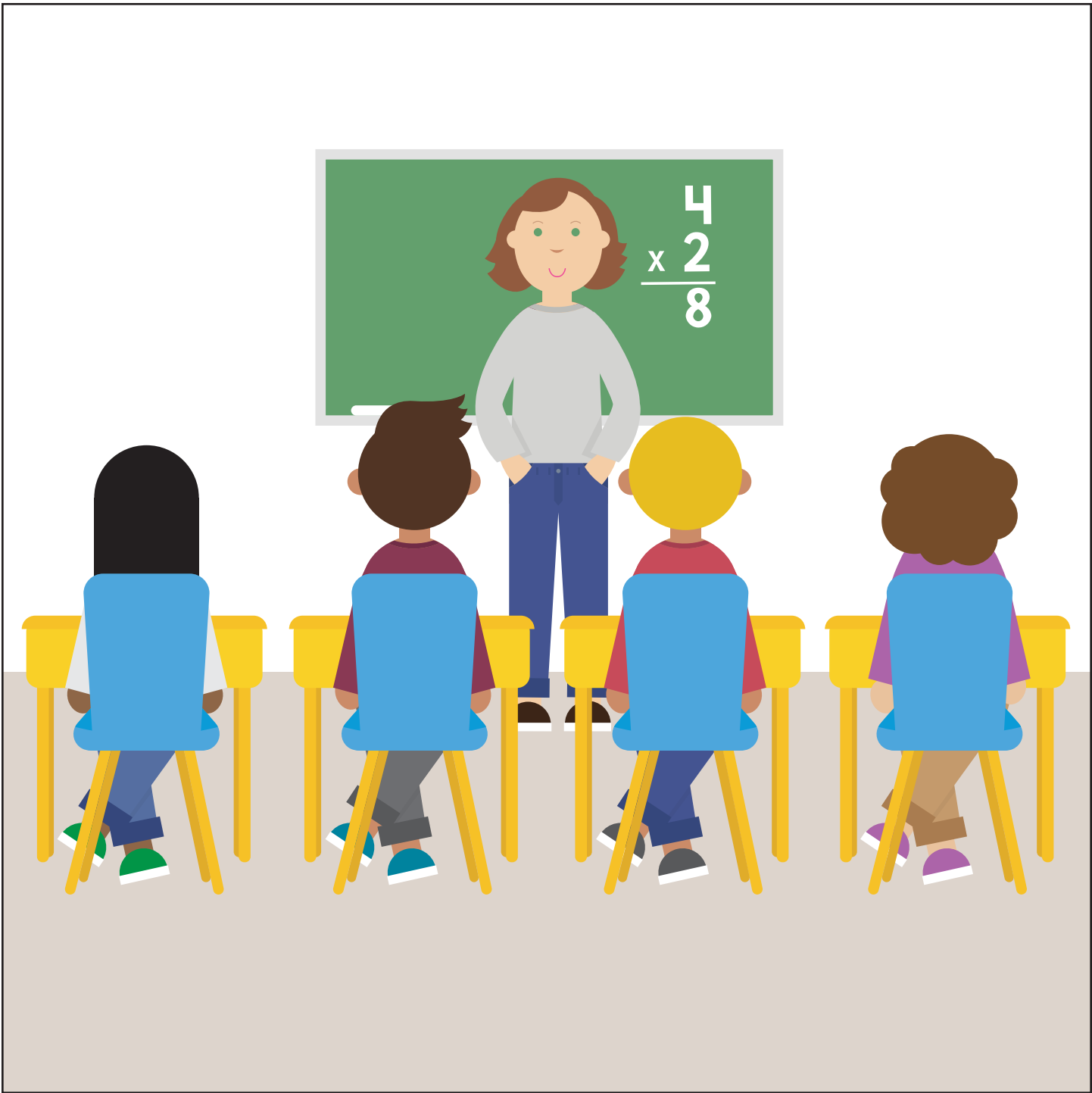
### Favorite music

Examples: songs, music artists, instruments

### Favorite characters

Examples: movie character, TV show character, video game character

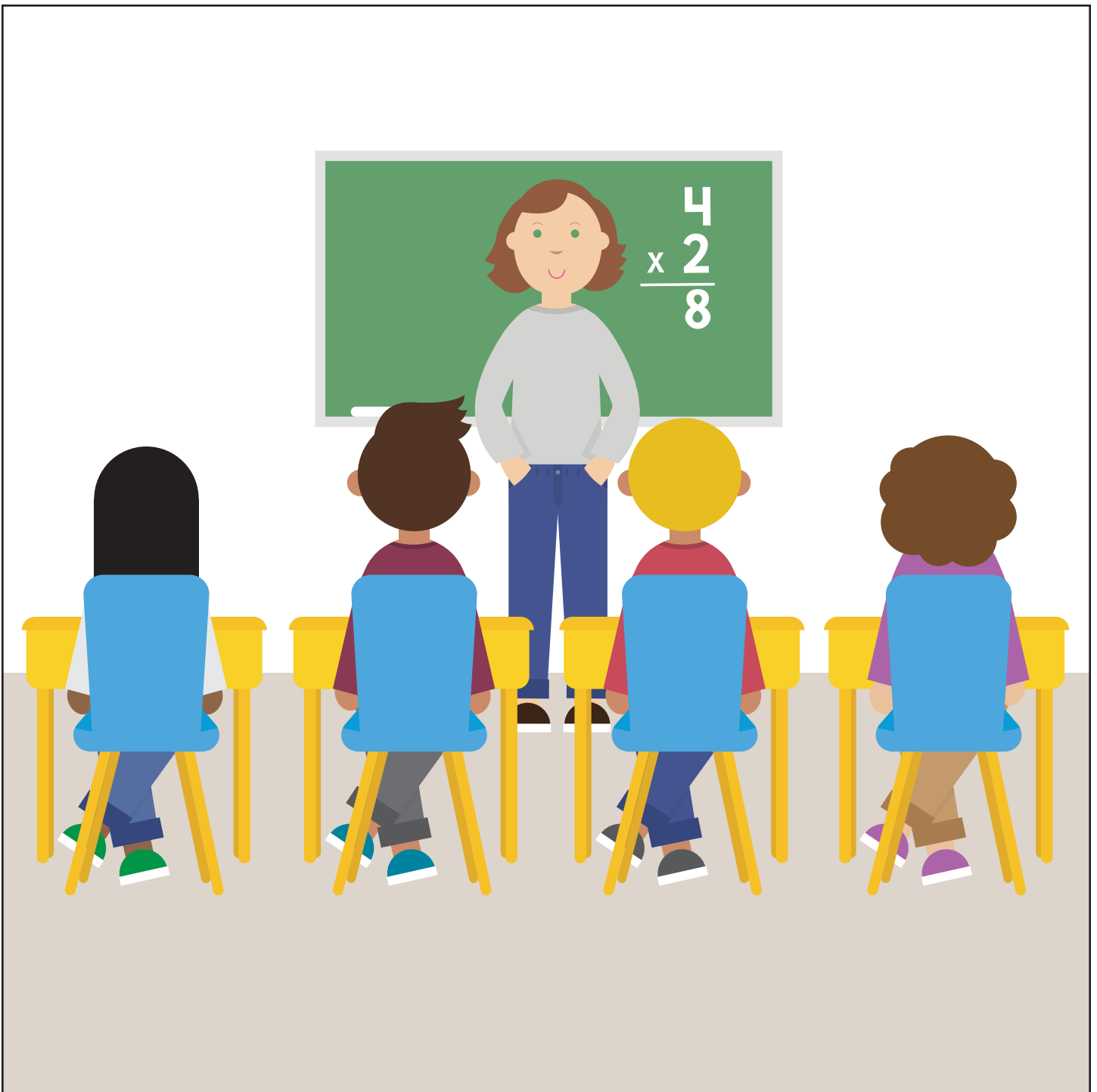
### Note:



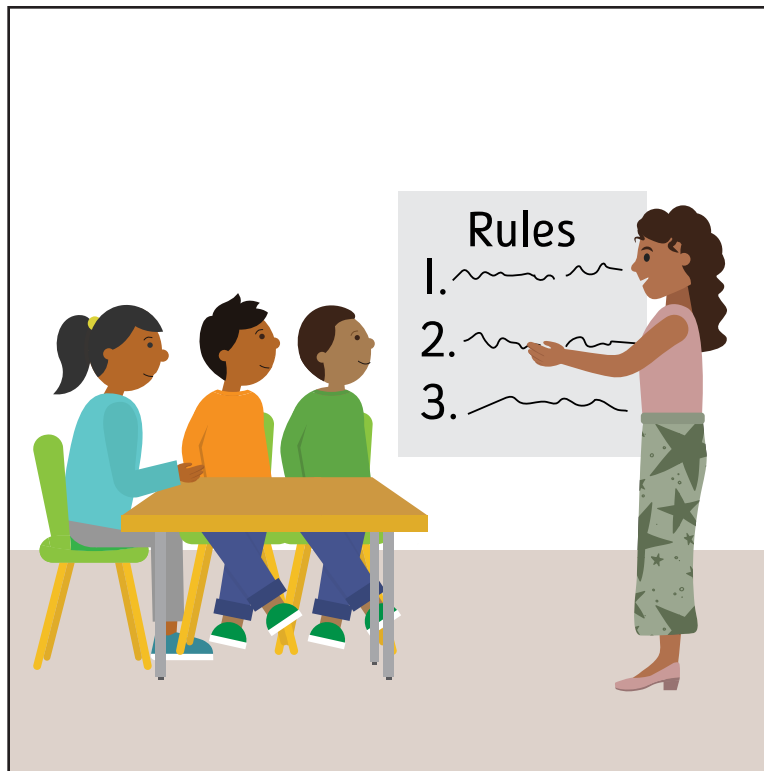
# Classroom Rules



Rules tell us what things are okay to do and what things are not okay to do.



Classroom rules help us be respectful, responsible, and safe. When we follow these rules, we are ready to learn and make friends!



## Be respectful

Being respectful to teachers means:

- Listening when the teacher is talking
- Following the teacher's directions
- Raising your hand to talk

**What shows you are respectful to your teacher?**

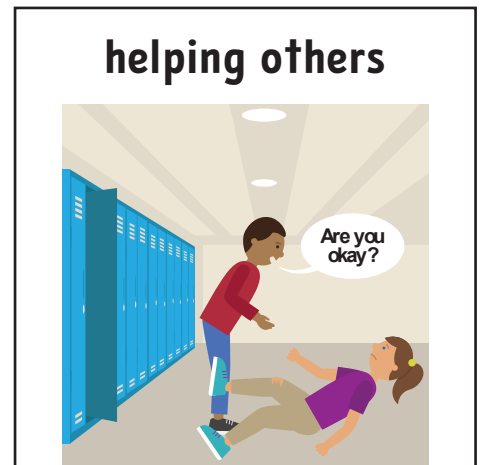
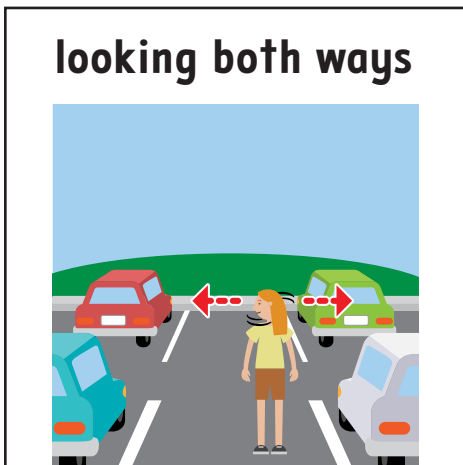




Being respectful to friends means:

- Using kind words
- Helping others
- Sharing

**What shows you are respectful to friends?**





When we are respectful, we show our teachers and friends that we care about learning and being nice.

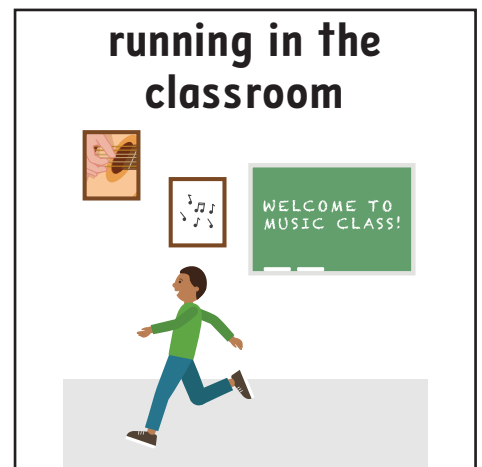


## Be responsible

Being responsible means:

- Having your school materials ready
- Working hard
- Putting materials away when you are finished

## What shows you are responsible?





When we are responsible, we have what we need and are ready to learn.

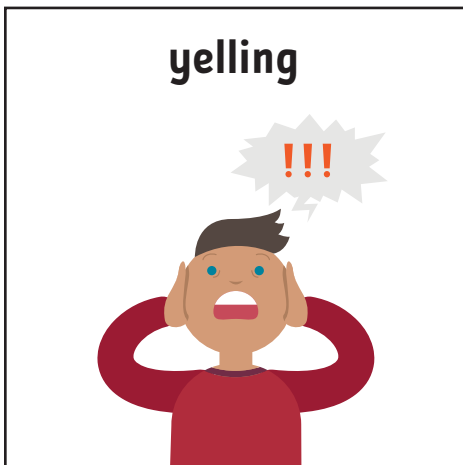


## Be safe

Being safe means:

- Walking in the classroom and hallways
- Keeping your hands and feet to yourself
- Staying with the group when not in the classroom

## What helps you to be safe?





When we are safe, we can learn and make new friends!



School is fun when we follow classroom rules to be respectful, responsible, and safe.



Pick a card

Read the card

Decide whether it follows the rules

Sort the card

Back to School – Social Studies: Lesson 3 – Are You Following the Rules?

Pass the bag

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### Pick a card



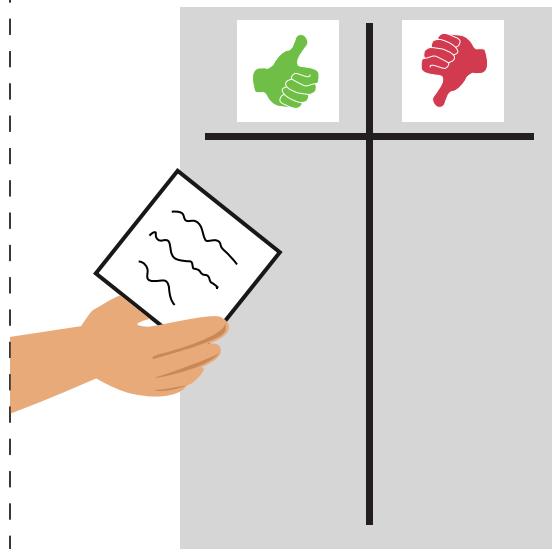
### Read the card



### Decide whether it follows the rules



### Sort the card





## Pass the bag





**Yes**

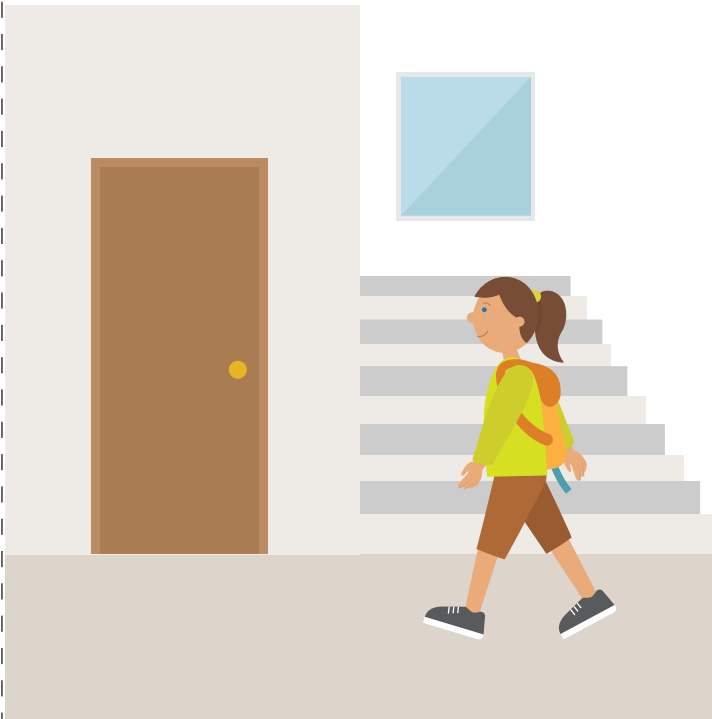


**No**

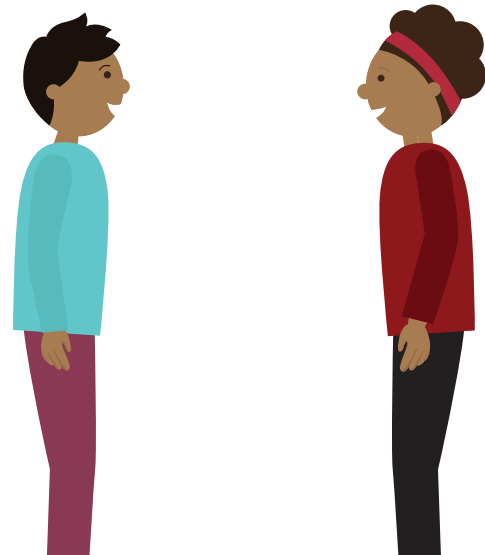




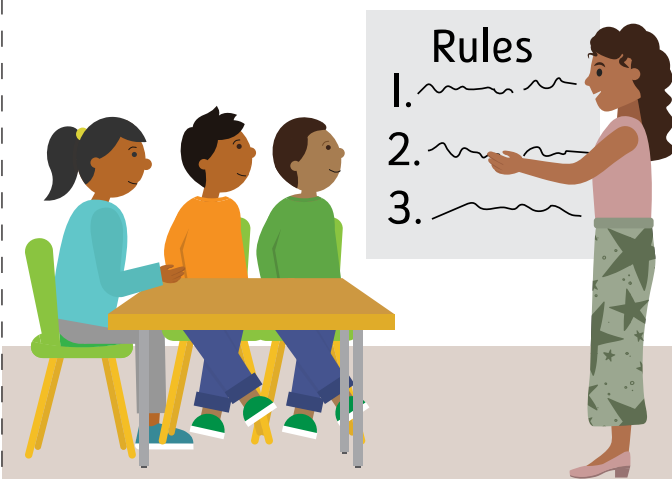
## Walk in the hallway



## Keep hands and feet to yourself



## Listen to the teacher



## Help others





## Follow directions



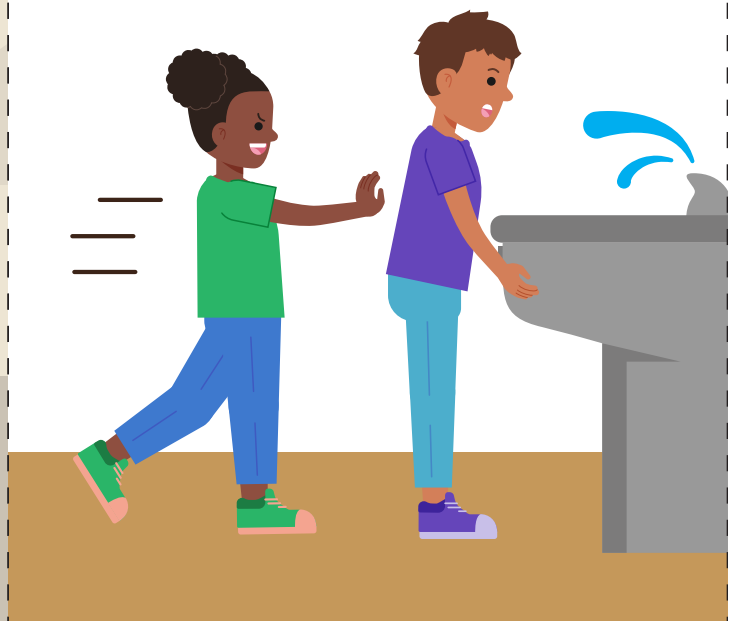
## Raise your hand



## Run in the hallway



## Push people





## Talk when the teacher is talking



## Ignore others



## Ignore teacher directions

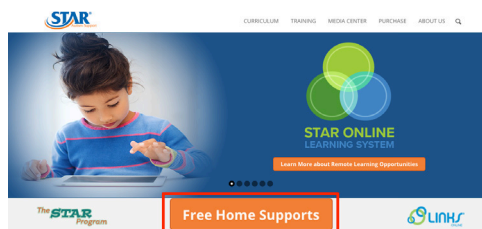


## Shout in class



# FREE HOME SUPPORTS

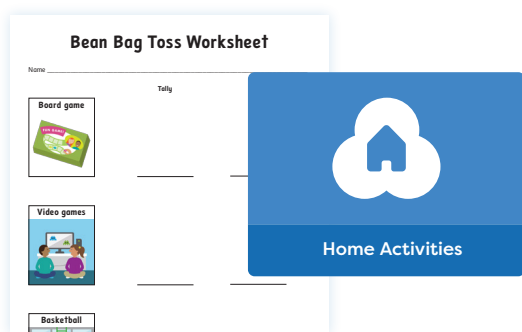
Presented by STAR Autism Support



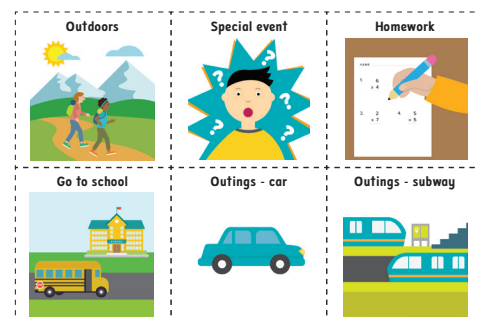
Go to our website and click on Free Home Supports.  
**It's the orange button!**

**Website:**

[www.starautismsupport.com](http://www.starautismsupport.com)



**Looking for materials and resources to help your child practice skills at home?** These activities and worksheets are available to download or print. REELs are interactive presentations that will guide you through appropriate activities for your child.



**Visual supports can help your child learn what to do in social situations or help them handle transitions better at home or in the community.**

Click on Home Visual Supports for access to visual supports for behavior, staying safe and healthy, learning from home, social skills, family routines, community skills, and current events.



**Want to learn some quick strategies for teaching your child routines or motivating them at home?**

Click on Home Support Webinars for access to six short informational sessions. These include information on:

**Routines • Motivation • Schedules • Visual supports  
Prompting • and more!**

