# Planning a Trip

## Group Activity: Social Emotional – "Planning for a Trip" Social Script

### Objective:

Social scripts help students understand expected behaviors, routines, upcoming events, and a variety of social skills, including perspective-taking and social-emotional concepts.

### Materials:

- "Planning for a Trip" social script (provided)
- Comprehension questions (provided)
- Scissors
- Hole punch
- Ring for binding purposes (1 per prepared script)

### Preparation:

1. Print the social script pages (1 set per student or 1 set for the entire class).
2. Print and laminate the comprehension questions. Keep the comprehension questions with the social script.
3. Cut along the dashed lines on the script pages.
4. Laminate and assemble the script pages.
5. Hole-punch the top left corner of the script pages.
6. To bind the book, place a ring through the punched hole.

### Instructions for use as a visual support:

1. Schedule a time to read the social script to students at least one week before the expected event and each day leading up to the event or expected behavior.
2. As needed, increase the frequency with which you read the social script to assist students' skill acquisition.
3. Social scripts are most effective when combined with opportunities to practice and receive feedback. Give adequate opportunities to practice skills and provide reinforcement to increase appropriate behaviors.

### Instructions for use as a group activity:

1. Read the social script to the class.
2. *Wh*- questions with visual answer choices are provided. For students working on receptive identification of pictures, ask each question as written and then give the cue "point to X [answer choice]." For students working on receptive and expressive identification of pictures, ask the questions as written, and then give the cue "point to X [answer choice]. What is it?" Encourage all students to answer questions using their mode of communication.


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## Considerations:

- Social scripts are not intended for use following challenging behavior. They are to be used as a teaching tool prior to the event or targeted behavior. If needed, schedule additional times throughout the day to review the script with students.
- To promote maintenance of the desired skills, begin to increase the amount of time between each reading.
- To promote generalization of the desired skills, ask other adults and students to review the script with students and practice the specific skills.
- For learners who would benefit from participating in the development of a social script, allow them to find their own images and/or use some of their own words.
- For learners who are readers and learn independently from social scripts, allow them to read the script on their own.


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# Planning for a Trip

I'm planning to go on a trip soon. When planning for a trip, there are some things I should consider and questions I should answer to make sure my trip goes as planned.


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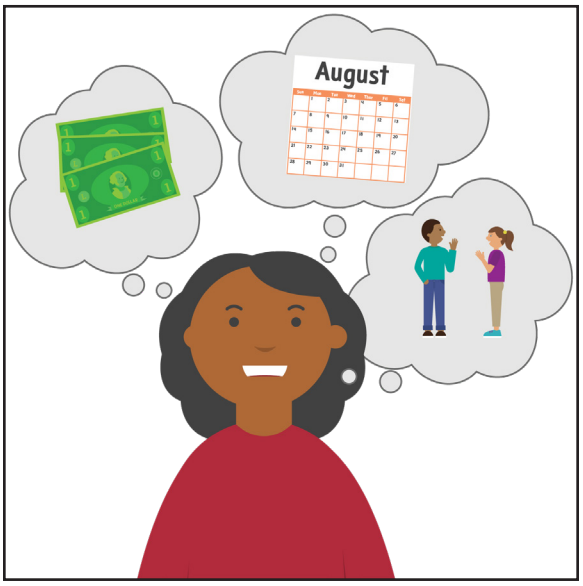


When planning for a trip, I should consider my time, budget, and other people who may be joining me. These considerations will help me answer questions about when, where, and how I will go on a trip.


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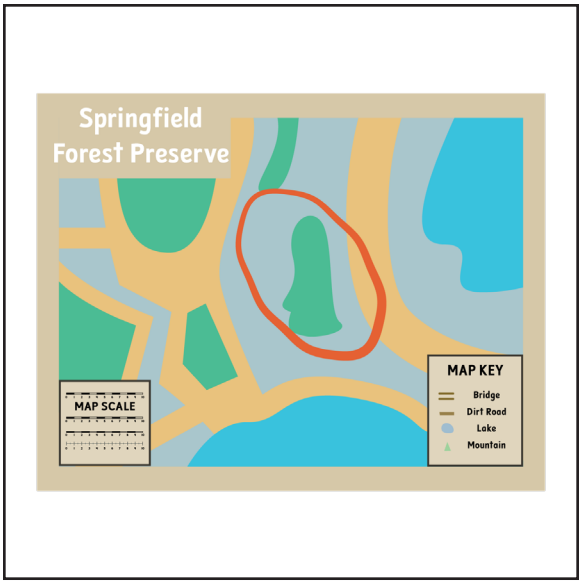


The first question I will need to answer is where I am going on my trip. The place I am going is called a destination.


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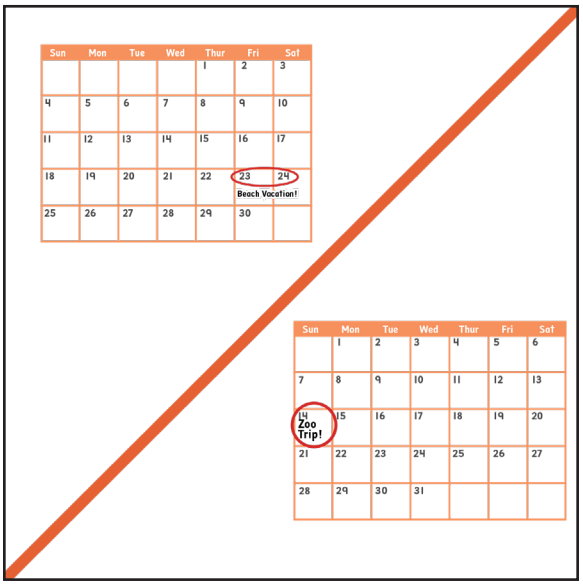


Knowing the trip destination and how far away it is will help me know if it is a day trip or an overnight trip.


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If I am planning for a day trip, I might need to pack my lunch or materials for exploring in a backpack or other small bag. I will also need to figure out how I will get there.


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My transportation options for a day trip might be walking, riding a bike, taking a car, or buying tickets for a bus or train. This will depend on who is going with me and where the destination is.


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If I am planning for an overnight trip, I will need to pack clothes and other items. For each night I am away, I will need a clean set of clothes that includes underwear, pants, a shirt, socks, shoes, and pajamas. I will also need a toothbrush and toothpaste. When packing my clothes, I should choose clothes that are appropriate for the weather at my destination.


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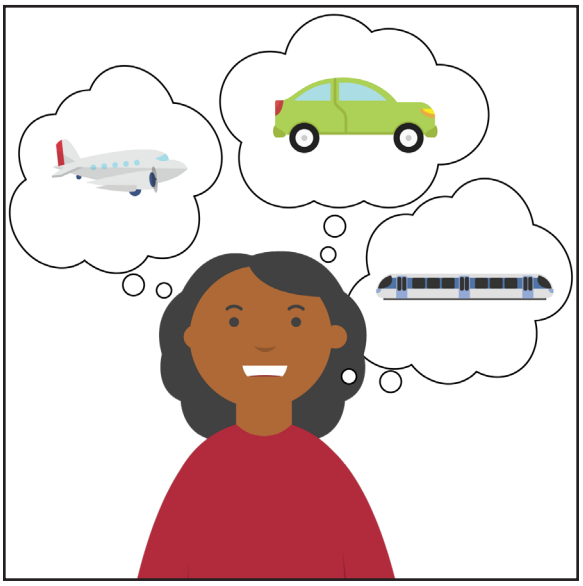

I also need to consider transportation options. When choosing the transportation I will use for this trip, I will need to consider the distance I am traveling, any activities we will do during our stay, and my budget.


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Once I have these details figured out, I need to make sure my plans fit within my trip timeline and budget. I should also make sure I have considered what others who are joining me would like to do while we are on a trip.


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When I plan for a trip, I get to make decisions about where I want to go and things I want to do. Having a plan will help me make sure that I enjoy my time on the trip with family and friends!


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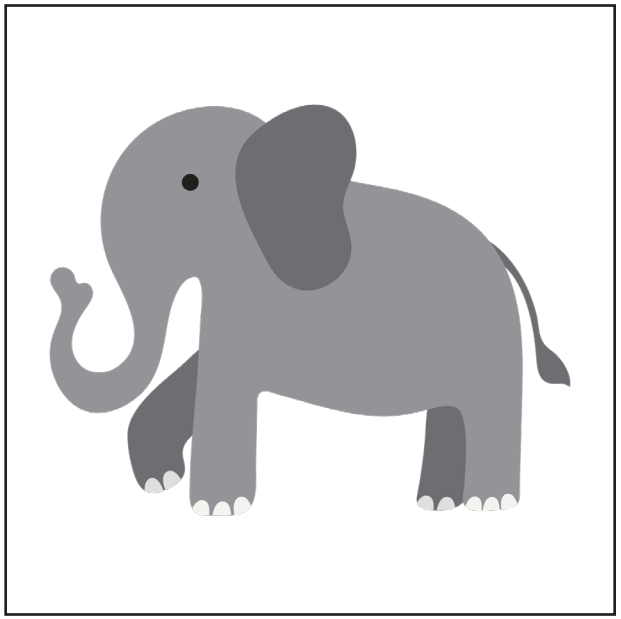
## QUESTION 1:

What is one thing you need to think about when planning a trip?





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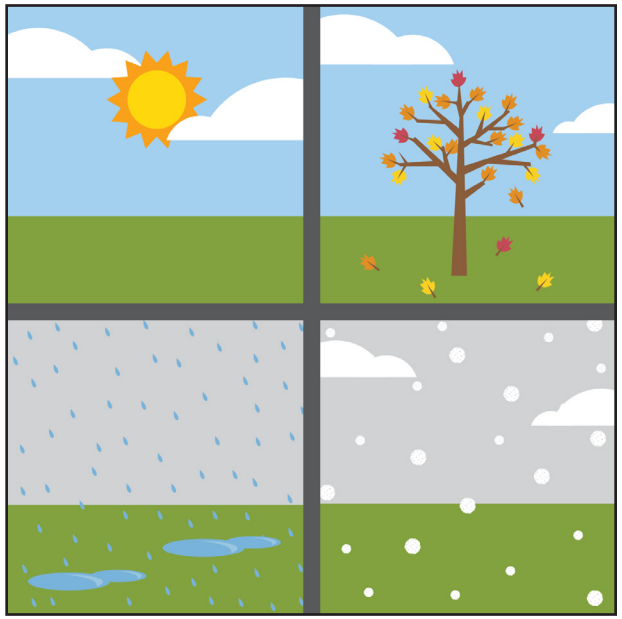
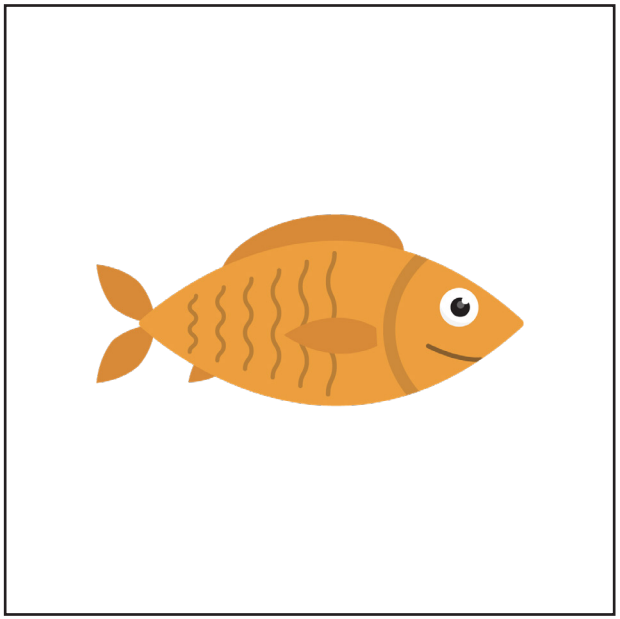
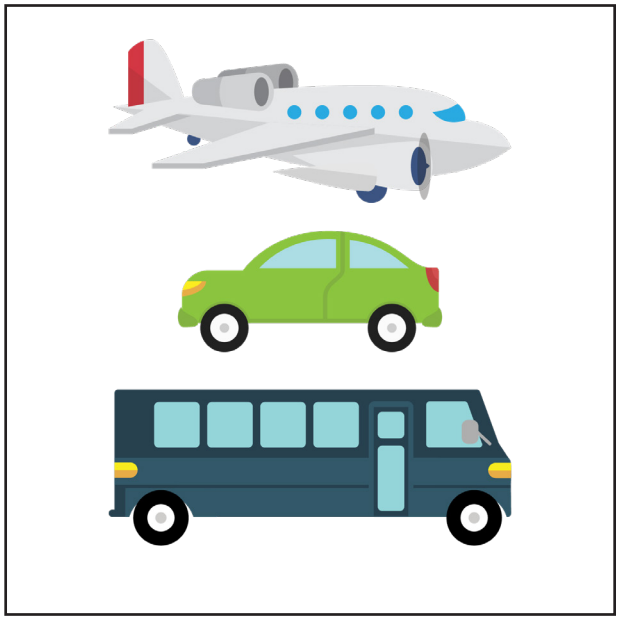
## QUESTION 2:

When choosing clothes for an overnight trip, what do you need to think about?









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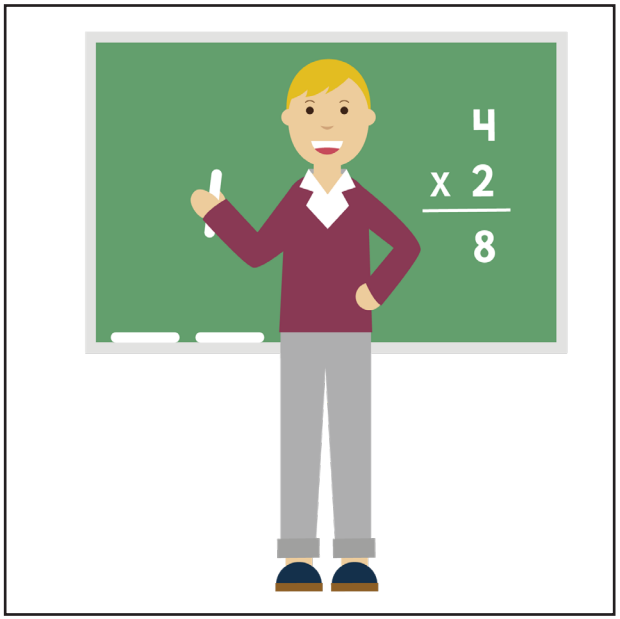
## QUESTION 3:

Who should you consider when making activity plans for a trip?



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