

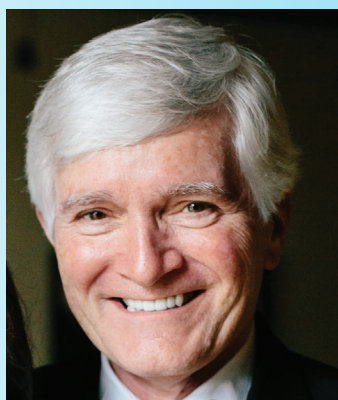
THE FUTURE IS NOW

ODA ANNUAL MEETING 2018

#ODA2018

LUNCH AND LEARN

JAMES FARLEY, DDS



Ethics and Dentistry

Saturday, April 21, 2018

12:15 PM – 1:45 PM

One and a half (1.5) CE Hours

Lecture Format for the Entire Dental Team

Fulfill your ethics requirement with this course!

This course will provide a review of the ADA Principles of Ethics and Code of Professional Conduct followed by a group discussion of various case presentations which pose ethical dilemmas.



ADA C.E.R.P.® | Continuing Education
Recognition Program

The Oklahoma Dental Association is an ADA CERP Recognized Provider.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.





UCHE ODIATU, DMD

The Naked Truth: The Bare Essentials to Healthy Living
Saturday, April 21, 2018

9:00 AM – 12:00 PM

Three (3) CE Hours

Lecture Format for all Dental Professionals

This inspirational lively session will reveal the importance of incorporating lifestyle management into our conversations, treatment plans and patient care. Sedentary living, stress overload, overweight – a major percentage of patients are suffering before they even sit in the chair. Patients (us too) are overworked, tired, tapped out and they fill our schedules! As confident health care providers, with updated knowledge and strong insights we can connect the dots, lead by example and provide SOLUTIONS.

This course will also provide references to the American College of Sports Medicine Journal Medicine & Science in Sport & Exercise for the newest developments in healthy living, and share transformational stories from real life people who added active living habits and stress-busting strategies to their daily routine and increased their overall vitality and well-being.

Nutrition Lollapalooza: French Fries, Flossing & Fitness

Saturday, April 21, 2018

2:00 PM – 5:00 PM

Three (3) CE Hours

Lecture Format for all Dental Professionals

Don't miss this food festival. After this party is over you'll no longer look at food as simply "fuel for your body." Our diets are the linchpin of the repair/regeneration cycle. Eating is the most intimate thing we do with our environment. Consuming a variety of healthy food helps slow aging, maintains body weight and supports oral health. Green tea, dark chocolate, filtered H2O, conventional vs organic food, and much more. This inspiring session will support you and your patients health journey.

There's much more to it than calories in and calories out and time management. Will review the current literature on how cooking methods, speed of eating, timing of meals, speed of eating, emotional state all influence the way food is absorbed. We will also review the current literature on the different methods successful health coaches create change in their clients and review the current literature on how destructive lifestyle habits (binging/purging; bruxism; sedentary living) adversely influence the oral cavity and provide solutions.

MEETING REGISTRATION OPENS IN FEBRUARY!

OKDA.ORG/ANNUAL-MEETING