

FLAMES

MEDITERRANEAN GRILL

UNIVERSITY DISTRICT, MEMPHIS · 546 S HIGHLAND ST · HALAL

PLATTERS FROM THE GRILL

We make everything fresh — please allow 15 minutes to prepare. All platters served with rice or fries, salad and pita bread.

GYROS **\$15.99**

Grilled slices of a special minced Greek ground beef & lamb from the spinner.

CHICKEN SHAWARMA **\$14.99**

Grilled thin cuts of chicken marinated in shawarma spices.

LAMB & BEEF SHAWARMA **\$16.99**

Grilled thin cuts of lamb & beef marinated in shawarma spices.

MIX OF CHICKEN & LAMB & BEEF SHAWARMA **\$19.99**

Grilled thin cuts of chicken and lamb & beef marinated in shawarma spices.

CHICKEN KABOBS (SHISH KABOBS) **\$19.99**

Grilled tender cubes of marinated chicken breast on a skewer.

BEEF KABOBS (SHISH KABOBS) **\$21.99**

Grilled tender cubes of marinated ribeye steak on a skewer.

GRILLED GROUND LAMB & BEEF (KOFTA) **\$19.99**

Grilled ground spiced lamb & beef kofta skewer (2 skewers).

GRILLED GROUND CHICKEN (KOFTA) **\$17.99**

Grilled ground spiced chicken kofta skewer (2 skewers).

GRILLED CHICKEN — REGULAR OR TIKKA (½ CHICKEN) **\$18.99**

Half chicken marinated and grilled. Served with naan bread.

GRILLED SALMON **\$19.99**

Grilled spiced salmon fillet.

FRIED WHOLE TILAPIA **\$19.99**

Regular or Tikka. Served with your choice of fries or rice.

SHRIMP **\$17.99**

10 pc fried or grilled. Served with your choice of fries or rice, side salad and seafood sauce.

LAMB SHANK **\$21.99**

Oven-grilled spiced lamb shank.

LAMB CHOPS **\$22.99**

Served on a bed of long-grain royal rice with a side salad, pita bread and tzatziki sauce.

LAMB LOVERS PLATE **\$34.99**

Lamb chop, lamb kabob, lamb kofta, lamb shawarma and gyro.

SINGLE FLAMES MIXED GRILL **\$34.99**

A mix of lamb kofta, chicken kofta kabob (1), chicken kabob (1) and beef kabob (1). Served with rice, salad and pita bread.

MIXED GRILL PLATTER **\$69.99**

A mix of chicken kofta (2), lamb & beef kofta (2), beef shish kabobs (1) and chicken shish kabobs (1). Serves 3–4.

COLD APPETIZERS

CLASSIC HUMMUS \$8.99

Chickpea dip served with pita bread (2). Add gyros, meat shawarma, chicken shawarma or falafel +\$4.25

SPICY HUMMUS \$9.99

Chickpea dip with roasted hot pepper, served with pita bread (2). Add gyros, meat shawarma, chicken shawarma or falafel +\$4.25

BABA GANOUSH \$9.00

Roasted eggplant dip whipped with tahini and lemon, served with pita bread (2).

DOLMADES (6 PCS) \$8.99

Rolled grape leaves stuffed with seasoned rice and grilled onions.

HOT APPETIZERS

CLASSIC FALAFEL (6 PCS) \$8.99

Fried balls of chickpeas and herbs.

FLAMES SPICY STUFFED FALAFEL (6 PCS) \$9.99

Fried balls of chickpeas and herbs filled with Flames specialty spicy mix.

SPICY FAVA BEANS (FOOUL) \$9.99

Spiced mix of fava beans with green hot chili sauce, served with pita bread (2).

FRIED KIBBEH (2 PCS) \$7.99

Finely-ground bulgur and lamb filled with fried ground beef, formed into balls and fried.

SPICY FRIED POTATO \$9.99

Fried cubes of potato dipped in hot sauce and topped with mozzarella cheese.

FLAMES PITA QUESADILLA \$10.99

Pita bread filled with your choice of grilled chicken, lamb & beef shawarma or gyro meat, peppers, onions and mozzarella cheese.

MIXED APPETIZERS PLATE \$19.99

Hummus, baba ganoush, fatoush salad, falafel (4) and dolmades (4), served with pita bread (2).

JALAPEÑO POPPERS (6 PCS) \$8.99

MOZZARELLA STICKS (6 PCS) \$8.99

SOUPS & SALADS

GREEK SALAD \$11.99

Romaine lettuce, tomatoes, cucumbers, red onion, black kalamata olives, feta cheese and Greek dressing. Add gyros, meat shawarma, chicken shawarma or falafel +\$4.25

MEDITERRANEAN SALAD (FATOOSH) \$10.99

Romaine lettuce, tomatoes, cucumbers, fried pita bread and Mediterranean dressing. Add gyros, meat shawarma, chicken shawarma or falafel +\$4.25

BURGERS, WRAPS & MORE

Make it a meal — seasoned fries & a drink for \$2.99

GYRO WRAP \$9.99

Roasted gyro meat with fresh cuts of tomatoes, red onions, shredded lettuce, dressed with tzatziki.

BEEF BURGER \$9.99

Topped with lettuce, tomato, red onions and pickles.

LAMB & BEEF BURGER \$10.99

Topped with lettuce, tomato, red onions, garlic sauce and pickles.

GYRO BURGER \$11.99

Beef burger topped with gyro meat, lettuce, tomato, red onions, mayo, mustard, tzatziki sauce and pickles.

PITA LAMB & BEEF BURGER (TOSKA) \$9.99

Spiced ground lamb & beef topped with mozzarella cheese in pita bread.

PITA CHICKEN BURGER (TOSKA) \$9.99

Spiced ground chicken topped with mozzarella cheese in pita bread.

CHICKEN SHAWARMA WRAP \$9.99

Grilled spiced thin cuts of chicken in pita, wrapped with fries, garlic sauce, parsley and pickles.

LAMB & BEEF SHAWARMA WRAP \$10.99

Grilled spiced thin cuts of lamb and beef in pita, wrapped with tahini sauce, red onions, parsley and pickles.

PHILLY CHEESESTEAK \$10.99

Grilled thin cuts of beef, green peppers, onion and melted Swiss cheese. Served in a hoagie.

CHICKEN CHEESESTEAK \$9.99

Grilled thin cuts of chicken, green peppers, onion and melted American cheese. Served in a hoagie.

GRILLED GROUND LAMB & BEEF SKEWER WRAP (MEAT KOFTA) \$10.99

Grilled spiced ground lamb & beef skewer served in pita bread with tahini sauce, red onion, parsley and pickles.

GRILLED GROUND CHICKEN SKEWER WRAP (CHICKEN KOFTA) \$10.99

Grilled spiced ground chicken skewer served in pita bread with garlic sauce, parsley and pickles.

FALAFEL WRAP \$9.99

Fried falafel balls served in pita bread with fresh cuts of tomatoes, lettuce, pickles and tahini sauce.

VEGIES WRAP \$8.99

Fried eggplant and potatoes served in pita bread with lettuce, tomatoes, cucumbers, pickles and special garlic-lemon sauce.

POBOY SHRIMP \$9.99

Lettuce, tomato, pickles, onions and seafood sauce.

ZATAR WRAP \$5.99

Fresh za'atar mixed with our unique olive oil. Topped with tomato, cucumber and onions.