

# Nassau County Police Benevolent Association

Associate Member Benefits Booklet



Executive Board \*

|                         |                |
|-------------------------|----------------|
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\* Last updated: June 12, 2025

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## Membership Benefits

Associate and Associate Partial members are entitled to the following:

*Please Note: Associate Partial members of the Association shall be entitled to the following listed benefits and shall **not** be eligible for any other benefits bestowed upon Full, Associate active, or retired members.*

1. Nassau County PBA watch and plaque upon retirement.
2. Payroll participation in auto and homeowner's insurance.
3. Nassau County PBA membership cards, stickers, and calendar books.
4. Participation in all Nassau County PBA-sponsored social and sporting events.

## Counsel/Representation

Associate members are entitled to a Nassau County PBA representative and counsel for the following matters.

Counsel is available for any Full or Associate member for job-related departmental trials, medical review board proceedings, workers' compensation matters, job-related accidental and ordinary disability retirement applications, malicious prosecution actions, libel and slander actions, assault actions, grand jury proceedings, criminal actions, court proceedings, retirement problems, grievances, and any other job-related situations as interpreted by the Board of Governors or the Legal Committee when time dictates that it cannot go before the Board of Governors. The Legal Committee will make a full report at the next meeting of the Board of Governors.

When the Board of Governors and/or the Legal Committee determines that there is a conflict of interest, the Association will provide an attorney.

# PBA Health and Wellness Reimbursement

Associate members (active members of the Nassau County PBA of the rank of Detective or Supervisor, not including active Partial Associate Members) should submit **PAID** receipts from the **fiscal year** (July 1st-June 30th) to receive reimbursement.

## Reimbursement Checklist

\* Please follow carefully

Please provide the following information when submitting receipts:

1. Member name;
2. Serial number;
3. Contact phone number;
4. **ALL** receipts, from current fiscal year only, totaling at least \$150.00; and
5. An actual or photocopy of a voided or canceled check. If submitting a photocopy, please ensure that both the routing number and account number are legible. The routing number is the pre-printed number along the bottom, left of the check. Handwritten account information will **NOT** be accepted. (For security reasons, canceled checks previously submitted were destroyed, so you **MUST** submit a new one each year).

## Accepted Receipts

- **Annual Gym Memberships** for member, spouse, and dependent children.

Submit gym contract showing fees paid. New memberships and renewals are both accepted. If you pay monthly gym fees on a credit card, submit credit card statement(s) showing payment to your gym. Precinct Gym dues are also accepted.

- **Current Fiscal Year Doctor/Dentist Co-Pays** for member, spouse, and dependent children.

Submit receipts for **ANY** doctor (MD, DDS, Chiropractor, Eye Doctor, etc.) showing co-pay made.

- **Current fiscal year Prescription Co-Pays** for member, spouse, and dependent children.

Any receipt from your pharmacy showing the Rx\* number with amount paid.

*\*Over the counter medications are **NOT** applicable.*

You can submit any combination of the above to reach the maximum \$150.00 reimbursement. If a member submits receipts totaling less than \$150.00, then he or she will be reimbursed for that amount.

Reimbursement will be deposited directly into your checking account.

## **Additional Note**

The Nassau County PBA will issue only **one reimbursement per fiscal year**, per member, so receipts should be submitted all at once.

You can deliver your paperwork to the Nassau County PBA in any of the following ways.

- **Scan and email** your documents to: [Reimbursement@NassauPBA.org](mailto:Reimbursement@NassauPBA.org); **OR**
- **Bring or mail** your paperwork to the PBA at:  
Nassau County PBA  
88 Sunnyside Blvd., 3rd Fl.  
Plainview, NY 11803

## PBA Scholarships

Each year, the Nassau County PBA puts out a scholarship booklet in the April Newsletter. The various scholarships and rules are located in the scholarship booklet.



## *Nassau County PBA* NEWSLETTER

*Published by the Nassau County Police Benevolent Association*

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NASSAU COUNTY PBA NEWSLETTER SUPPLEMENT - 

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## SCHOLARSHIP APPLICATION BOOKLET

Scholarships are available to Full & Associate Members ONLY  
No Half/Partial Members

*Any applications that are returnable to the Nassau PBA may be put in one envelope.*

## **PBA Sponsored: PCNY Decal Program**

The Nassau County PBA is a member of several statewide and national police organizations which focus on legislation that benefits and protects the rights of Police Officers. One such organization is the Police Conference of New York (PCNY).

As a member of the Nassau County PBA, you are entitled to certain benefits such as participation in the Police Conferences' Decal Program.

Participating in the program provides a \$700.00 death benefit with an additional \$1,000 benefit if the death is accidental.

Participation in the program comes at no cost for all active, full members of the Nassau County PBA.

Ask any Nassau County PBA representative for a registration form. Completed forms are to be returned to:

Nassau County PBA office  
88 Sunnyside Blvd., 3rd Fl  
Plainview, NY 11803

There is no deadline to register for this program. We are keeping an open enrollment.

## **PBA Sponsored Pension Estimate Program**

Your Nassau County PBA has instituted a Pension Estimate benefit for all full dues paying members. Active Associate members of the Nassau County PBA (excluding active Partial members) will be reimbursed \$100.00 towards a pension evaluation of their choosing. This is a one-time benefit, same as Full, active members of the Nassau County PBA.

Lynn Ang Pension Estimate and Projections L.L.C. is the administrator of the plan. Lynn is a retired NCPD police officer who worked for several years in Personnel and Accounting Bureau. His services have been given excellent reviews from our membership.

Contact Lynn at (516) 946-1696 to schedule an appointment.

Associate members do not need to obtain a voucher.

Instead, please provide a paid receipt as proof of payment to be reimbursed.

## PBA Sponsored Drivers' Safety Program

Associate members of the Nassau County PBA are entitled to the same benefit as full members. Classes are available to all Associate members of the Nassau County PBA (excluding Partial Associate members), their spouses, and their dependent children. Completion of this course will allow you to receive a 10% discount on auto insurance.

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We do offer an online reimbursement option. The fee for the course is \$23.00 through the following link:

<https://www.myimprov.com/defensive-driving/new-york/nassau-county/>

Please provide the following information when submitting for reimbursement.

- Certificate of Course Completion from Improv
- Serial number
- Contact phone number
- An actual or photocopy of a voided check. If submitting a photocopy, Please ensure that both the routing number and account number are legible. The routing number is the pre-printed number along the bottom of the check. Handwritten account information will not be accepted. The refund amount of \$23.00 will be directly deposited into your bank account.

You can deliver your paperwork to the PBA in any of the following ways.  
Scan and email your documents to: [Reimbursement@NassauPBA.org](mailto:Reimbursement@NassauPBA.org)

OR

Bring or mail your paperwork to the PBA at:

Nassau County PBA  
88 Sunnyside Blvd., 3rd Fl.  
Plainview, NY 11803

## Hospital Equipment

Hospital equipment is available to Nassau County PBA Full benefit members and their families. The use of hospital equipment shall be determined by the Board of Governors.

The above benefit is not available to partial Associate members whether active or retired.

## **Hospital Television Rental**

Full Associate members of the Nassau County PBA shall be reimbursed for rental expenses of a television while he/she is in a hospital.

## PBA Life Insurance Program

Life Insurance is available to all Associate members of the Nassau County PBA as detailed in the Bylaws (Bylaws can be found on the members only side of the Nassau County PBA website – NassauPBA.org).

Insurance is available in three different amount options:

- \$150,000
- \$300,000
- \$500,000

Members have 5 years from the date of appointment to join this plan. The information below is from the Nassau County PBA Bylaws:

*“Active members must elect to receive maximum coverage under the life insurance program within the first five (5) years as a member of the Nassau County Police Department, unless an open enrollment is offered by the insurance carrier. Members who have maximum coverage may elect to receive life insurance coverage for their spouses and children as provided in the most current contract in effect with the Association's insurance carrier. The amount of this coverage shall be determined by the membership and set forth in the members insurance booklet under "schedule of benefits.”*

Retired full benefit members may elect to continue coverage under the insurance program and shall be eligible for coverage under the insurance program. The amount of coverage shall be determined by the membership and set forth in the members' insurance booklet under "schedule of benefits."

Insurance premiums are determined by the age of the member.

Please call the Nassau County PBA office at (516) 294-6230 if you need more information on our Life Insurance plan.

# Contractually Negotiated Benefits

## Vision Insurance

Administered by Visionworks (formerly Davis Vision).

Call Visionworks at (800) 999-5431 with questions or visit their website at [www.visionworks.com](http://www.visionworks.com).

## Dental Insurance

Administered by UHC Dental (Healthplex)

They can be contacted via their website at:

<https://yourdentalplan.com/healthplex>

The NCPD Group Number is 1730276.

## Health Insurance

### NYSHIP (Empire)

For questions about specific benefits or claims, or to locate a provider, call The Empire Plan toll free at (877) 7-NYSHIP ([877] 769-7447) and choose the appropriate program.

A list of providers can also be viewed at <http://www.empireplanproviders.com>.

### Empire BCBS Blue Access PPO

The Empire BCBS customer service phone number is (844) 995-1736.

Provider information is available on their website at: <http://empireblue.com>

You may search Empire's website to see if your current doctor is a provider or to select a new doctor. Be sure to select "Blue Access PPO" as the plan when prompted.

# Flexible Benefits Program

Administered by PayFlex.

You can set aside money from each paycheck, pre-tax, to pay for eligible expenses. This reduces payroll deductions and increases your take home pay.

You can contact PayFlex By mail at:

P.O. Box 14879

Lexington, KY 40512

Via the Web at: <http://Payflex.com>

Via Phone at: 888-679-8242

## Lasik Eye Surgery

Associate members (active members of the Nassau County PBA at the rank of Detective or Supervisor, not including active partial Associate members) are entitled to a partial reimbursement for Lasik Eye Surgery. Associate members are entitled to \$250 life time benefit per eye. Reimbursement is for Active members only.

1. Request a voucher from the PBA
2. Submit completed voucher with paid receipt
3. Once your claim has been approved, a check will be mailed to you

## Lamaze Training

Reimbursement is for Associate members only and their spouse.

- Lamaze training or refresher courses will be paid up to \$50 per course, per child.
- Request a voucher from the PBA Office
- Fill out form completely and return it to PBA Office along with paid receipt and certificate of completion.
- Once claim is approved a check will be mailed

## Stop Smoking

Reimbursement is for Associate members only and their spouse. Each will receive a \$150 lifetime benefit to Stop Smoking.

- Request a voucher from the PBA Office
- Return completed voucher with paid receipts to the PBA office
- Once your claim has been approved, a check will be mailed to you

**\*Please Note-**chewing gum, patches, and any other self-help aids are not covered

## Financial Planning Benefit

This benefit provides the following of our Full members:

- Customized In-Dept Review
- Pension Option Analysis
- Partial Lump Sum Option
- 457 Deferred Compensation Review
- Full step by step assistance with NYS Retirement System paperwork completion and submission
- Non-Retirement Account
- 529 College Planning
- Life Insurance

To the advantage of this benefit please contact

-Scott Frayler at Blue Line Wealth Management  
631-617-6811 ext. 122

-Oliver Kim at Shelter Rock Financial Group  
516-667-6896

-Craig Ferrantino at Craig James Financial Service  
631-393-2888

**Please make sure to identify yourself as a Nassau PBA Member.**

## Inner Imaging

**Members are to obtain an Inner Image Voucher from the Nassau County PBA office 30 days prior to your appointment.**

**Body Scan** (The Heart, The Lungs, The Abdomen and The Pelvic region) screens for disease and has identified more than 233 separate and distinct diseases. They have also had 17 forms of Cancer confirmed. The Cancers that have been confirmed using their Body Scan are:

- |                       |                           |
|-----------------------|---------------------------|
| 1. Thyroid Cancer     | 10. Colon Cancer          |
| 2. Lung Cancer        | 11. Rectal Cancer         |
| 3. Liver Cancer       | 12. Hairy Cell Leukemia   |
| 4. Kidney Cancer      | 13. Cervical Cancer       |
| 5. Duodenal Cancer    | 14. Breast Cancer         |
| 6. Prostate Cancer    | 15. Birt-Hogg-Dube Cancer |
| 7. Stomach Cancer     | 16. Lymphoma              |
| 8. Uterus Cancer      | 17. Testicular Cancer     |
| 9. Small Bowel Cancer |                           |

**Associate Members has a \$75 copay for Body Scan.**

## Notes





**Nassau County PBA**  
**88 Sunnyside Blvd., 3rd Fl.**  
**Plainview, N.Y. 11803**  
**Phone: 516 294-6230**