

August 2026	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TEN HORSE FACTS • They can sleep standing up • They cannot breathe through their mouths • They have a nearly 360-degree view • They cannot vomit or burp • They possess massive eyes: Horses boast the largest eyes of any land mammal. • Newborns walk almost immediately • They read human emotions • They have excellent hearing • They have impressive hearts: A horse's heart typically weighs around 9 to 10 lbs., which is very large relative to their body size. • They have different teeth counts: Adult male horses (stallions and geldings) usually have 40 teeth, while adult female horses (mares) usually have 36. 	30 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	31 9:30 Let's Move! 10:30 Team Ice Relay & Snowball Competition 11:00 Plinko – try your luck 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	← Activities for the 30th and 31st shown here	August is National peach month  Celebrate and eat a peach on August 22nd	August		10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
	2 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	3 9:30 Let's Move! 10:30 Parachute Craziness 11:15 Resident Council Monthly Meeting and all residents are encouraged to attend 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	4 9:30 Let's Move! 10:30 Fill-in-the Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 LIVE Musical Presentation 5:00 Dinner	5 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 Concentration 12:00 Lunch 2:30 Afternoon Matinee “Show Boat” 5:00 Dinner	6 9:00 Outing Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	7 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	8 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
	9 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	10 9:30 Let's Move! 10:30 Horseshoes 11:15 We list all the words we can think of that begin with “?” 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	11 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	12 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 Concentration 12:00 Lunch 2:30 <i>Afternoon Matinee “Swiss Family Robinson”</i> 5:00 Dinner 6:00 LDS Carrington Court Branch Activity Night	13 9:00 Outing to the MUSEUM OF UTAH 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	14 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	15 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
	16 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	17 9:30 Let's Move! 10:30 Carrington Court Friendly Feud 11:00 Acrostic Poetry 12:00 Lunch 3:00 LIVE Musical Performance “Lynda Davidson” 5:00 Dinner	18 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	19 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 Concentration 12:00 Lunch 2:30 Afternoon Matinee “Gifted Hands” 5:00 Dinner	20 9:00 Outing – Scenic Drive 12:00 Lunch 4:30 FAMILY SUMMER BARBECUE AT CARRINGTON	21 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	22 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
	23 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	24 9:30 Let's Move! 10:30 Carrington Court Horse Race (bring a gift for the winner) 11:00 Utah WWII stories on DVD 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	25 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 LIVE Musical Performance “Good Time Players” 5:00 Dinner	26 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 Concentration 12:00 Lunch 2:30 <i>Afternoon Matinee “Singin’ in the Rain”</i> 5:00 Dinner 6:00 LDS Carrington Court Branch Activity Night	27 9:00 Outing Scenic Drive 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	28 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	29 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner



Carrington Court

1928 W 9800 S

South Jordan, UT 84095

801-676-8787

Horsing Around!

August 2026

BBQ Time!

Carrington Court will be hosting
a summer barbecue on
Thursday, AUGUST 20.

This is an open invitation dinner and
guests are welcomed to join their loved
one between the hours of
4:30 – 6:00 p.m.

Please R.S.V.P. to Diane by August 12



Happy Birthday!

Kathleen P. - 18th
Roberta T. - 27th



It's always a good day when we
can get outside and enjoy the
company of our horse friends.
Thank you, Kathy, for being a
great host and letting us horse
around! Make sure to check out
more pictures from that day on
the back of the newsletter.

