



Gladiolus

- Meaning: Strength, integrity, honor, and remembrance.
- The tall, elegant flower symbolizes standing strong through life’s challenges and is often associated with sincerity and strong character.



Poppy

- Meaning: Peace, imagination, remembrance, and comfort.
- Poppies are also linked with restful sleep and hope, making them a meaningful symbol of peace and reflection.



Peridot

- Meaning: Strength, prosperity, good fortune, and protection.
- Known for its beautiful lime-green color, peridot has long been believed to bring happiness, positive energy, and good health. Ancient cultures even thought it could ward off negative spirits and bring its wearer peace.

30 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA’s 2:30pm: Music & Memories 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	31 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Hangman 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Snack & Hydration! 3:15pm: Bean Bag Foot Fling 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs					1 8:00am: The Breakfast Club 10:30am: Daily Chronical & News 11:00am: Finish the Nursey Rhyme 11:30am: A Bunch of Lunch 1:30pm: Balloon Tic Tac Toe 2:00pm: Summer-Time Trivia 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
2 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA’s 2:30pm: Music & Memories 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	3 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Musical Bingo 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Snack & Hydration! 3:15pm: Beach Ball Soccer 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	4 8:00am: The Breakfast Club 10:00am: Sit Down Exercises 10:30am: Weather & Words 11:00am: Summer Block Words 11:30am: A Bunch of Lunch 1:00pm: Community Cruise 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	5 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 1:00pm: Creative Creations 2:15pm: Snack & Hydration! 3:15pm: Balloon in Basket 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	6 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today’s Tidings 11:00am: Bocce Ball 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: Birthday Visits 3:00pm: Afternoon Nibbles 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	7 8:00am: The Breakfast Club 10:00am: Manicures & Coloring 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Munch & Mingle 3:15pm: Bird Feeders 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	8 8:00am: The Breakfast Club 10:30am: What’s New Today? 11:00am: Dance Party! 11:30am: A Bunch of Lunch 1:30pm: Guess that Song 2:00pm: Balloon Batting 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
9 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA’s 2:30pm: Melody Moments 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	10 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Guess that Sound 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Snack & Hydration! 3:15pm: Velcro Tik Tack Throw 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	11 8:00am: The Breakfast Club 10:00am: Tappy Toe Exercise Class 11:00am: Memory Tray 11:30am: A Bunch of Lunch 1:00pm: Road Trip Club 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	12 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 1:00pm: Summertime Coloring 2:15pm: Snack & Hydration! 3:15pm: Basket Soccer 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	13 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today’s Tidings 11:00am: Giant Bingo 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: Scrapbooking! 3:00pm: Afternoon Nibbles 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	14 8:00am: The Breakfast Club 10:00am: Manicures & Coloring 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Munch & Mingle 3:15pm: Name the Flower 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	15 8:00am: The Breakfast Club 10:30am: The Morning Gazette 11:00am: Giant Match Game 11:30am: A Bunch of Lunch 1:30pm: Water Painting 2:30pm: Afternoon Stretches 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
16 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA’s 2:30pm: Music Magic 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	17 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Guess the Shadow 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Snack & Hydration! 3:15pm: Mini Basketball 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	18 8:00am: The Breakfast Club 10:00am: Sit Down Exercises 10:30am: Talk of the Town 11:00am: What Rhymes? 11:30am: A Bunch of Lunch 1:00pm: Relax & Ride 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	19 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 2:00pm: Heart & Soul 3:00pm: Snack & Hydration! 3:30pm: Balloon Volleyball 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	20 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today’s Tidings 11:00am: Bowling 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: Smiley Sunflowers 3:00pm: Afternoon Nibbles 4:30pm: End of Summer BBQ 5:30pm: Activity with the CNAs	21 8:00am: The Breakfast Club 10:00am: Manicures & Coloring 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Munch & Mingle 3:15pm: Ring Toss 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	22 8:00am: The Breakfast Club 10:30am: The Morning Gazette 11:00am: Balloon Badminton 11:30am: A Bunch of Lunch 1:30pm: Water Painting 2:30pm: Afternoon Stretches 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
23 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA’s 2:30pm: Harmony Hour 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	24 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Brain Games 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Snack & Hydration! 3:15pm: Umbrella Catch 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	25 8:00am: The Breakfast Club 10:00am: Sit Down Exercises 10:30am: What’s the Scoop? 11:00am: Watermelon Ball 11:30am: A Bunch of Lunch 1:00pm: Adventure on Wheels 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	26 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 1:00pm: Creative Creations 2:15pm: Snack & Hydration! 3:15pm: Bow and Arrow Shooting 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	27 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today’s Tidings 11:00am: Tic Tac Throw 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: 3:00pm: Afternoon Nibbles 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	28 8:00am: The Breakfast Club 10:00am: Manicures & Coloring 11:30am: A Bunch of Lunch 1:00pm: Crafting Corner 2:15pm: Munch & Mingle 3:15pm: Afternoon of Coloring 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	29 8:00am: The Breakfast Club 10:30am: Daily Chronical & News 11:00am: Oldies Music Sing-A-Long! 11:30am: A Bunch of Lunch 1:30pm: Relax & Coloring 2:30pm: Afternoon Stretches 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs

Activities are subject to change

August Word Search

August
Baseball
Beach
Camping
Hot
Ice cream
Pool
Sandcastle
School
Summer
Vacation

S	M	A	E	R	C	E	C	I	P
L	A	D	C	Y	H	S	T	N	W
L	M	N	J	A	C	C	O	R	R
A	A	M	D	H	M	I	A	E	Z
B	J	U	O	C	T	P	M	E	V
E	P	O	G	A	A	M	I	D	B
S	L	O	C	U	U	S	T	N	D
A	Y	A	O	S	S	D	T	O	G
B	V	B	D	L	D	T	L	L	H
T	R	L	V	D	W	P	J	X	E



Carrington Court

1928 W 9800 S

South Jordan, UT 84095

801-676-8787

August 2026



Fun August Observances



- National Watermelon Day – August 3
- National Chocolate Chip Cookie Day – August 4
- National Root Beer Float Day – August 6
- National Book Lovers Day – August 9
 - National S’mores Day – August 10
 - National Relaxation Day – August 15
 - National Potato Day – August 19
- National Senior Citizens Day – August 21
 - National Dog Day – August 26





Happy Birthday!

Dyanne C. - 31st



Coloring Sands of Summer



Join us at Carrington Court for our

End of Summer BBQ

BRING YOUR APPETITE AND GOOD VIBES!

AUGUST 20TH, 2026

4:30 PM – 6:00 PM

1928 W. 9800 S.
SOUTH JORDAN, UT 84095

