

Happy Birthday!!!

September 15th:
John O.
September 26th:
Anahis H.

Fall Time Trivia

1. What is the official end-of-summer holiday in the U.S.?
Answer: Labor Day

2. What popular drink is often associated with September and fall?
Answer: Pumpkin spice latte

3. What popular sport's regular season begins in September?
Answer: Football

4. What is September's flower?
Answer: Aster

5. What is the birthstone for September?
Answer: Sapphire

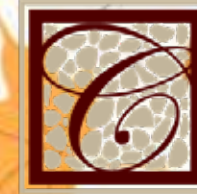
		1 8:00am: The Breakfast Club 10:00am: Sit Down Exercises 10:30am: News & Daily Chronicle 11:00am: Finish the Nursery Rhyme 11:30am: A Bunch of Lunch 1:00pm: Community Cruise 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	2 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Name that Old Fashioned Item 11:30am: A Bunch of Lunch 1:00pm: Bird Feeders 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	3 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today's Tidings 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: Rock Photo Holders 3:00pm: Afternoon Nibbles 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	4 8:00am: The Breakfast Club 10:00am: Manicures & Movies 11:30am: A Bunch of Lunch 1:00pm: Glue Gun Art 2:30pm: Munch & Mingle 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	5 8:00am: The Breakfast Club 10:30am: Daily Chronical & News 11:00am: Oldies Music Sing-A-Long! 11:30am: A Bunch of Lunch 1:30pm: Relax & Coloring 2:30pm: Afternoon Stretches 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
6 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA's 2:30pm: Music & Memories 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	7 Labor Day 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Beach Ball Soccer 11:30am: A Bunch of Lunch 1:00pm: Watercolor Painting 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	8 8:00am: The Breakfast Club 10:00am: Tappy Toes Exercise 11:00am: News & Daily Chronicle 11:30am: A Bunch of Lunch 1:00pm: Relax & Ride 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	9 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Catch the Fish 11:30am: A Bunch of Lunch 1:00pm: Decorating Bear Cookies 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	10 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today's Tidings 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: Birthday Visits 3:00pm: Afternoon Nibbles 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	11 8:00am: The Breakfast Club 10:00am: Manicures & Movies 11:30am: A Bunch of Lunch 1:00pm: Leaf Suncatchers 2:30pm: Munch & Mingle 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	12 8:00am: The Breakfast Club 10:30am: The Morning Gazette 11:00am: Giant Bingo 11:30am: A Bunch of Lunch 1:30pm: Water Painting 2:30pm: Afternoon Stretches 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
13 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA's 2:30pm: Music & Memories 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	14 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Fall Time Trivia 11:30am: A Bunch of Lunch 1:00pm: DIY Heart Sun Catchers 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	15 Happy Birthday John! 8:00am: The Breakfast Club 10:00am: Sit Down Exercises 10:30am: News & Daily Chronicle 11:00am: Pumpkin Put Put 11:30am: A Bunch of Lunch 1:00pm: Road Trip Club 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	16 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Activity with the CNAs 11:30am: A Bunch of Lunch 1:00pm: Fall Coloring 2:00pm: Music- Heart & Soul 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs (Rebecca off)	17 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today's Tidings 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: Puzzled Pumpkins 3:00pm: Afternoon Nibbles 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	18 8:00am: The Breakfast Club 10:00am: Manicures & Movies 11:30am: A Bunch of Lunch 1:00pm: Lasagna Noodle Mosaic 2:30pm: Munch & Mingle 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	19 8:00am: The Breakfast Club 10:30am: What's New Today? 11:00am: Dance Party Exercise 11:30am: A Bunch of Lunch 1:30pm: Karaoke Singing 2:00pm: Balloon Batting 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
20 Happy Grandparents Day! 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA's 2:30pm: Music & Memories 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	21 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Balloon Volleyball 11:30am: A Bunch of Lunch 1:00pm: Fall Tree Painting 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	22 Autumn Begins 8:00am: The Breakfast Club 10:00am: Sit Down Exercises 10:30am: News & Daily Chronicle 11:00am: Make the Face 11:30am: A Bunch of Lunch 1:00pm: Community Cruise 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	23 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Bean Bag Foot Fling 11:30am: A Bunch of Lunch 1:00pm: Dirt 'n' Worm Pudding Cups 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	24 8:00am: The Breakfast Club 10:00am: Music & Motion 10:30am: Today's Tidings 11:00am: Piano by Aleene 11:30am: A Bunch of Lunch 2:00pm: Golden Moments Club: Games & Treats 3:00pm: Afternoon Nibbles 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	25 8:00am: The Breakfast Club 10:00am: Manicures & Movies 11:30am: A Bunch of Lunch 1:00pm: Popsicle Stick Pumpkins 2:30pm: Munch & Mingle 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	26 8:00am: The Breakfast Club 10:30am: Daily Chronical & News 11:00am: Finish the Phrase 11:30am: A Bunch of Lunch 1:30pm: Balloon Badminton 2:00pm: Fall-Time Trivia 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs
27 8:00am: The Breakfast Club 9:30am: Sacrament Meeting 11:30am: A Bunch of Lunch 1:30pm: Activity with the CNA's 2:30pm: Music & Memories 3:00pm: Snack & Hydration 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	28 8:00am: The Breakfast Club 10:00am: Morning Stretches 10:30am: The Daily Buzz 11:00am: Ring Toss 11:30am: A Bunch of Lunch 1:00pm: Silly Headbands 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	29 8:00am: The Breakfast Club 10:00am: Sit Down Exercises 10:30am: News & Daily Chronicle 11:00am: Frisbee Golf 11:30am: A Bunch of Lunch 1:00pm: Scenic Drive 3:00pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs	30 8:00am: The Breakfast Club 10:00am: Balloon Exercises 10:30am: News & Views 11:00am: Name the Shadow 11:30am: A Bunch of Lunch 1:00pm: Rhinestone Jars 2:15pm: Snack & Hydration! 4:30pm: Dine & Unwind 5:30pm: Activity with the CNAs			

Activites are subject to change

"May the memories we make bring you lots of smiles."



Memory Care



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Court*

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Happy Grandparents Day!

Grandparents have a special way of making life a little sweeter. They're the keepers of family stories, the makers of treasured memories, the warmest hugs, and sometimes the best secret treat-givers!

On September 20th, we celebrate the grandparents who love us unconditionally, cheer us on through every stage of life, and remind us that the simplest moments often become our most cherished memories. Whether you're celebrating with a big family gathering, a phone call, a handwritten note, or simply holding a special memory close to your heart, we hope you take a moment to celebrate the incredible grandparents who make our families so special.

Happy Grandparents Day to all the wonderful grandparents! You are loved, appreciated, and treasured more than words can say.



September 2026

A Paper for the People

On September 3, 1833, in New York City, Benjamin Day began printing his daily newspaper, *The Sun*, for which he charged one penny per copy. For this reason, September 3 is celebrated as Penny Press Day. Day's small paper was groundbreaking for many reasons. First, it brought the news to the masses. Working-class families and immigrants could at last afford to be well informed.

Secondly, it relied on advertising, not subscriptions, for revenue, which helped keep its cost low. The invention of the steam engine also aided Day's cause. In 1840, he could print 4,000 copies an hour; by 1851, he was printing 18,000. Day was also the first newspaper man to hire reporters to follow stories.

Thanks to his ingenuity, Day became New York's first great newspaper magnate.



What type of car
does September
drive?



An autumn-mobile.

