November 2026



November
Comes and
November goes,
With the last red
berries
And the first white
snows.

With night coming
early
and dawn coming
late,
And ice in the
bucket
and frost by the gate.

The fires burn
and the kettle sings,
And earth sinks to
rest
Until next spring.

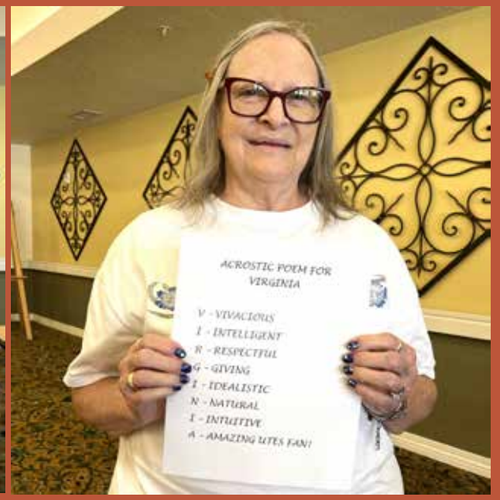
-Elizabeth
Coatsworth



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **CLOCKS FALLS BACK ONE HOUR!!** ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	2 9:30 Let's Move! 10:30 Parachute Craziness!! 11:15 **Resident Council Meeting all residents are encouraged to attend** 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	3 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 **LIVE Musical Entertainment** 5:00 Dinner	4 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 Concentration 12:00 Lunch 2:30 ***Afternoon Matinee "The Man from Snowy River"*** 5:00 Dinner	5 9:00 **Outing - Scenic Drive** 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	6 9:30 Let's Move! 10:30 **Our human & dog friends visit from Dog Training Elite** 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	7 9:30 University of Utah students lead exercise 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
8 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	9 9:30 Let's Move! 10:30 Sink the Ping Pong Balls 11:15 We list all the words we can think of with "???" 12:00 Lunch 3:00 **We make greeting cards with Kathy** 5:00 Dinner	10 9:30 Let's Move! 10:30 **Jordan Ridge 5th Graders Visit** 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	11 **VETERANS DAY** 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 Concentration 12:00 Lunch 3:00 **Veterans Day Program (Bill Elmer will be our speaker)** 5:00 Dinner 6:00 LDS Carrington Court Branch Activity Night	12 9:00 **Outing – Scenic Drive** 12:00 Lunch 12:30 **"Slices of Gratitude"** in the dining room 3:00 B-I-N-G-O 5:00 Dinner	13 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	14 9:30 University of Utah students lead exercise 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
15 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	16 9:30 Let's Move! 10:30 Golfing 11:15 Pictionary 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	17 9:30 Let's Move! 10:30 Fill-in-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 **LIVE Musical Entertainment "Good Time Players" perform** 5:00 Dinner	18 9:30 Let's Move! 10:30 Clever Crossword Puzzle 11:15 Concentration 12:00 Lunch 2:30 ***Afternoon Matinee "42 The Jackie Robinson Story"*** 5:00 Dinner	19 9:00 **Outing - Scenic Bus Ride** 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	20 9:30 Let's Move! 10:30 Balloon Badminton 11:15 Cranium Crunches 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	21 9:30 University of Utah students lead exercise 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
22 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	23 9:30 Let's Move! 10:30 Thanksgiving Candy Dice Game 11:00 Friendship Web 12:00 Lunch 3:00 **LIVE Musical Entertainment "Moods-N-Music" Perform** 5:00 Dinner	24 9:30 Let's Move! 10:30 Fill-in-the-Blanks 11:00 Marvelous Manicures 12:00 Lunch 3:00 **Stories shared by "Tom Warne"** 5:00 Dinner	25 9:00 **Outing- Scenic Drive** 12:00 Lunch 2:30 ***Afternoon Matinee "On Moonlight Bay"*** 5:00 Dinner	26 	27 9:30 Let's Move! 12:00 Lunch 3:00 B-I-N-G-O 5:00 Dinner	28 9:30 NO University of Utah students 10:30 Catholic Communion Service in the Family Room 12:00 Lunch 5:00 Dinner
29 ENJOY YOUR SUNDAY! 9:30 Music and the Spoken Word (TV Channel 5) 10:30 LDS Sacrament Meeting 11:15 Relief Society/Priesthood OR Sunday School 12:00 Lunch 5:00 Dinner	30 9:30 Let's Move! 10:30 Bocce Ball 11:00 Sort it Out?! 12:00 Lunch 3:00 **Two Christmas Crafts with Kathy** 5:00 Dinner					

We are thankful for all the residents of Carrington Court, pictured below are few with their Acrostic Poems written for them by other residents.

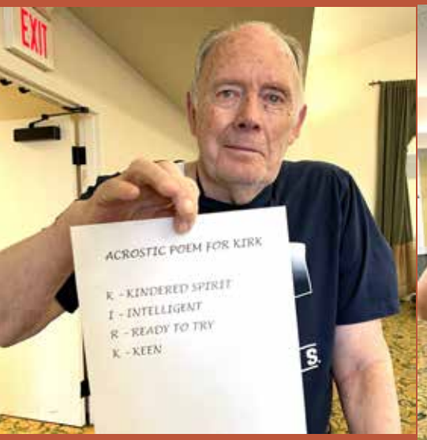


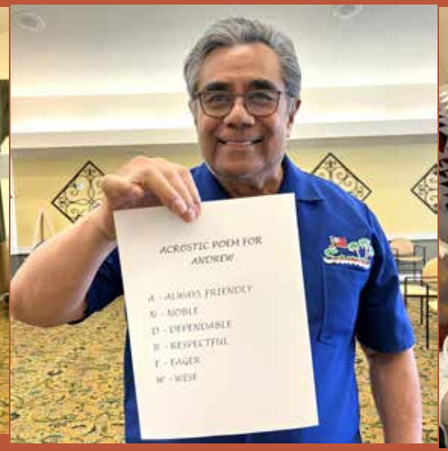














Assisted Living

Carrington Court

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HONOR OUR VETERANS

Let us pay tribute to the veterans of Carrington Court; Alan (Army), Andy (Air Force), Brent (Army), Calvin (Army), Donald (Navy), Kirk (Army), Marty (Airforce), Marylyn(Air Force), Mike (Air Force), Ray (Army),Richard (Army), Willard (Army). We thank you and all veterans for their service!



Alan was a First Sergeant in the Utah Army National Guard Band for 44 years, performing throughout the United States and the World!

November 2026

Thankful for Families

November is the month that we think of the many things in life we are thankful for. The residents here at Carrington Court speak of their family so often and express their appreciation and love for their support. Families bring happiness and smiles all around here at Carrington. We want to encourage family members to call and make a reservation in the months ahead to join their loved one for a meal. Eating together is a great way to spend family time and enjoy great conversation with the ones you LOVE!

Happy Birthday!



Maurine B. - 18th
Richard E. - 19th
Luz M. - 29th

