



PENH HOUSE

P H N O M P E N H

SPA MENU

10am - 9pm

Penh House Spa

A restful sanctuary nestled in a Feng Shui green patio, by the pond.

The Penh House therapists are trained in various Eastern techniques. They will help you choose within the selection of massages and spa treatments inherited from Asia's wellness ancestral traditions, providing you a renewed sense of well-being.

Experience a wellness break with handpicked nature-based treatment products.

RESERVATIONS

Book at Reception or Call 0

🕒 10am - 9pm

🌐 www.penhhouse.asia

✉ info@penhhouse.asia

☎ +855 92 369 074

📍 #34A, St. 240, Phnom Penh, Cambodia





Traditional Asian Massages

Traditional Khmer Massage (Dry)
Feel Reinvigorated

	KHR / USD
60 minutes	147,000 / 35
90 minutes	189,000 / 45

One of the local wonders, a dry massage inspired by ancient Khmer healing treatments. A rhythmic combination of compressions, stretches, and range of motion techniques.

Aroma Relax Massage (Oil)
Feel Relaxed

60 minutes	163,800 / 39
90 minutes	205,800 / 49

From gentle to deeper pressure, this massage uses the pleasant scents of Cambodian plants and essences blended with local coconut oil. Aromatherapy promotes a sense of well-being and balance throughout the body.

Deep Tissue Massage (Oil)
Feel Released

60 minutes	163,800 / 39
90 minutes	205,800 / 49

By applying deep pressure and warmth, this technique targets deeper muscle layers and addresses trigger points with gentle pressure. Hot stones, warm compresses, or local herbal balm may be used to enhance the treatment.

Rejuvenating Facial (Natural)
Feel Radiant

60 minutes	163,800 / 39
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Beautify skin with a cleansing and gentle turmeric exfoliation, followed by a soothing massage with a hint of coconut oil, and a nourishing aloe vera mask. Using pure products, this facial treatment provides an instant glow, rejuvenates the skin, and deep relaxation.

Foot Massage (Cream / Tiger Balm)
Focus Restored

60 minutes | 121,800 / 29

This treatment applies targeted pressure to key points on the feet, helping to ease tension and restore balance. A grounding experience that leaves feeling lighter and re-energised. Particularly recommended after a full day of exploration.

Back & Shoulder (Dry or Oil)
Focus Restored

60 minutes | 147,000 / 35
90 minutes | 189,000 / 45

Focusing on the back & shoulders, and to loosen muscles and ease tensions, this treatment helps to improve the central nervous system, relieve stress, enhance energy flow, and stimulate blood circulation.

Legs & Back (Dry or Oil)
Focus Restored

60 minutes | 147,000 / 35
90 minutes | 189,000 / 45

Relieve muscle aches and stiffness with a focus on the legs and back. Skilled hands work to ease tension and boost circulation. The result is a balanced, revitalising experience, leaving the body lighter, freer, and ready to move with ease. Particularly recommended after a long plane or overland journey.

Four Hands (Oil)
Focus Restored

60 minutes | 289,800 / 69
90 minutes | 373,800 / 89

Experience the balance of a four-hand massage, where two therapists work in harmony. With every synchronised movement, guiding the body into a sense of calm and ease.



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