SCIENTIFIC PROGRAM

BEVERLY HILLS BODY ACADEMY™

NOVEMBER 20 - 22, 2026



DAY 01 · OPENING CEREMONY

The Art of Anatomical Mastery



DAY 02 · THE NEW ERA

The Science of Transformation



DAY 03 · THE ANATOMY LAB

The Full Immersion™

DAY



THE ART OF ANATOMICAL MASTERY

DAY

6:00 - 11:00 AM



LIVE SURGERY

THE S-CURVE®

Performed by: Dr. Ashkan Ghavami | OR Moderator: Dr. Alfredo Hoyos

6:00 – 7:00 AM	REGISTRATION & BREAKFAST
7:00 – 7:15 AM	WELCOME · DR. KIYA MOVASSAGHI, SCIENTIFIC CHAIR
7:15 – 10:30 AM	**LIVE SURGERY · THE S-CURVE®**
10:30 – 11:00 AM	REFRESHMENT BREAK · EXHIBIT HALL

MODERATORS



DR. KIYA MOVASSAGHI



DR. ADAM RUBINSTEIN

DAY

11:00 AM - 1:30 PM

IN BODY CONTOURING

PATIENT SAFETY

Moderated by:



Dr. Kiya Movassaghi



11:00 – 11:20 AM

Recovery Strategies for Better Patient Experiences
Dr. Adam Rubinstein



11:20 – 11:40 AM

Optimizing the Journey: Preoperative and Postoperative Protocols for Comprehensive Body Contouring
Dr. Jerry Chidester

11:40 AM – 12:00 PM

Panel Discussion

12:00 – 1:30 PM LUNCH · SPONSORED PRESENTATION

PRESENTED BY



Dr. Alfredo Hoyos



Dr. Adam Rubinstein

CO2 LIFT

Topical Carboxytherapy and Skincare

DAY

1:30 - 3:50 PM

BREAST & ABDOMEN

MOMMY MAKEOVER

Moderated by:


Dr. Alfredo Hoyos


Dr. Adam Rubinstein



1:30 – 1:50 PM

High-Definition Tummy Tuck: A Necessary Advancement

Dr. Ashkan Ghavami



1:50 – 2:10 PM

Primary Augmentation — Submuscular vs. Subfascial: Are We Ready to Settle?

Dr. Kiya Movassaghi



2:10 – 2:30 PM

Defining the Waist in Female Body Contouring — S-Curve®: State of the Art

Dr. Ashkan Ghavami



2:30 – 2:50 PM

Minimally Invasive Robotic Endoscopic Lipoabdominoplasty (MIRELA) Technique

Dr. Alexandre Sanfurgo



2:50 – 3:10 PM

Reverse Abdominoplasty

Dr. Andre Marshall

3:10 – 3:30 PM

Q&A · Panel Discussion

3:30 – 3:50 PM REFRESHMENT BREAK · EXHIBIT HALL

DAY

3:50 - 5:50 PM

BEYOND BREAST & ABDOMEN

MOMMY MAKEOVER

Moderated by:


Dr. Ashkan Ghavami


Dr. Kiya Movassaghi



3:50 – 4:10 PM

Beyond the Mommy Makeover: Restoring Whole-Body Proportion After Pregnancy

Dr. Jerry Chidester



4:10 – 4:30 PM

The Architecture of the Human Body: High-Def Lipo, Rib Remodeling Surgery (Circus or Science?) and the New Surgical Era

Dr. Alfredo Hoyos



4:30 – 4:50 PM

BBL Safety Guide: A Practical Guide to Preventing Complications in Gluteal Fat Grafting

Dr. Ashkan Ghavami



4:50 – 5:10 PM

Safely Combining BBL and Abdominoplasty

Dr. Andre Marshall



5:10 – 5:30 PM

Algorithm for Skin Excision: GLP-1 vs. Skin Tightening

Dr. Alfredo Hoyos

5:30 – 5:50 PM

Q&A · Panel Discussion

FROM 6:30 PM — RECEPTION · 8:30 PM FACULTY DINNER

DAY



THE SCIENCE OF TRANSFORMATION

DAY

7:15 - 11:00 AM

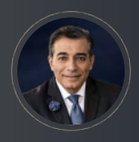


LIVE SURGERY

HIGH-DEFINITION LIPOSUCTION

Performed by: Dr. Ashkan Ghavami | OR Moderator: Dr. Alfredo Hoyos

7:15 – 10:30 AM LIVE SURGERY · HIGH-DEFINITION LIPOSUCTION

MODERATORS  DR. KIYA MOVASSAGHI  DR. AL ALY

10:30 – 11:00 AM ☕ REFRESHMENT BREAK · EXHIBIT HALL

DAY 1 1 1

11:00 AM – 1:30 PM

THE NEW ERA: CHALLENGE & OPPORTUNITY

GLP-1

Moderated by:


Dr. Kiya Movassaghi


Dr. Alfredo Hoyos



11:00 – 11:20 AM

Postpartum vs. Post-GLP-1: Different Patients, Different Problems, or the Same Operation?

Dr. Jerry Chidester



11:20 – 11:40 AM

Beyond the Operating Room: Optimizing Body Contouring Outcomes Through Pre- and Postoperative Therapies

Dr. Ali Tehrani

11:40 AM – 12:00 PM

Q&A · Panel Discussion

12:00 – 1:30 PM LUNCH · SPONSORED PRESENTATION

PRESENTED BY


Dr. Kiya Movassaghi

sofwave™

SOFWAVE & PUREIMPACT VIP

Improving skin quality and functional strength in body contouring patients

DAY 3

1:30 - 3:30 PM

AFTER MASSIVE WEIGHT LOSS

BODY CONTOURING

Moderated by:


Dr. Ashkan Ghavami


Dr. Adam Rubinstein


1:30 – 1:50 PM

The GLP-1 Paradox: Less Fat, More Challenges — A New Era in Body Contouring

Dr. Ali Tehrani


1:50 – 2:10 PM

Bioengineered Breasts: Optimizing Outcomes in Breast Reduction and Mastopexy

Dr. Kiya Movassaghi


2:10 – 2:30 PM

Rebuilding the Breast: Pocket Conversion, Implant Wraps, and Internal Support in Complex Revision Surgery

Dr. Jerry Chidester


2:30 – 2:50 PM

My No Drain, No Narcotics Practice: How to Handle Seromas

Dr. Al Aly

2:50 – 3:10 PM

Q&A · Panel Discussion

3:10 – 3:30 PM ☕ REFRESHMENT BREAK · EXHIBIT HALL

PRESENTED BY


Dr. Jerry Chidester

Apyx™ MEDICAL

APYX MEDICAL

Energy Elevating Lives®

DAY

3:30 - 5:50 PM

THE TRUNK & EXTREMITIES

REFINING

Moderated by:


Dr. Adam Rubinstein


Dr. Kiya Movassaghi



3:30 – 3:50 PM

Belt Lipectomy: Video Demonstration of Markings and Surgery

Dr. Al Aly



3:50 – 4:10 PM

Beyond the Abdomen: The Evolution of 360° Contouring and Total Body Rejuvenation in Modern Aesthetic Surgery

Dr. Ali Tehrani



4:10 – 4:30 PM

Upper Body Lift

Dr. Al Aly



4:30 – 4:50 PM

Brachioplasty

Dr. Al Aly



4:50 – 5:10 PM

The Gray Zone: When Liposuction Isn’t Enough and a Tummy Tuck Is Too Much

Dr. Ali Tehrani



5:10 – 5:30 PM

Body Contouring in Gender-Affirming Surgery

Dr. Andre Marshall

5:30 – 5:50 PM

Q&A · Panel Discussion

FROM 7:30 PM A NIGHT OF SCULPTED LIGHT · THE BALLROOM

DAY



THE FULL IMMERSION™ | CADAVER LAB

DAY

6:00 AM – 1:30 PM

CADAVER LAB

6:00 AM — SHUTTLE BOARDING · HOTEL LOBBY

6:15 AM — SHUTTLE DEPARTS TO THE KECK SCHOOL OF MEDICINE OF USC FROM THE MAYBOURNE · APPROX. 30–45 MINUTE DRIVE

7:30 – 8:00 AM — BREAKFAST · KECK SCHOOL OF MEDICINE

8:00 AM – 12:00 PM

HANDS-ON CADAVER DISSECTION · 12 STATIONS

Twelve dissection stations, including two master stations. Photography, video and livestreaming are not permitted in the lab.



MASTER STATION 1 OF 12

DR. ASHKAN GHAVAMI

S-Curve® · Hands-on master station



MASTER STATION 2 OF 12

DR. ALFREDO HOYOS

Rib Remodeling & HD Liposuction · Hands-on master station

12:00 – 12:30 PM — CERTIFICATES, PHOTOS, AND FILMING

12:30 – 1:30 PM — LUNCH · USC CONFERENCE CENTER