AISHA PATTERSON

YOUR BREAST CANCER RESOURCE GUIDE 2026



RESOURCE GUIDE

BY: AISHA PATTERSON
BREAST CANCER SURVIVOR. ACTIVIST. LOVER OF GOOD RESOURCES

70 RESOURCES
FOR THE STRESSED OUT, MAXXED OUT, BREAST CANCER BAD A**

HEY THERE!



My name is Aisha Patterson.

I am a breast cancer survivor, activist and **FINDER OF GOOD RESOURCES.** Finding great resources is something I LOVE to do. I consider it my superpower.
I am so excited to share this guide with you to help you along your journey.

This is the 2nd edition of the Resource Guide with close to 40 new resources added! In addition to being a resource finding queen, I am a wife, mom and homesteader. Come follow along on my side of the internet!

FINANCIAL ASSISTANCE

CANCER CARE

Cancer care offers financial assistance with childcare, home care, co-pays and more.

HTTPS://WWW.CANCERCARE.ORG/FINANCIAL_ASSISTANCE

THE PINK FUND

The pink fund provides financial assistance for breast cancer patients in active treatment.

HTTPS://PINKFUND.ORG/GET-HELP/

PRETTY IN PINK FOUNDATION

The pretty in pink foundation provides medical financial assistance to breast cancer patients that do not have health insurance. Assistance may be used towards surgery (excludes reconstruction), chemotherapy, radiation therapy, office copays and more.

HTTPS://WWW.PRETTYINPINKFOUNDATION.ORG/GET-HELP/

PROJECT31

Project31 provides financial assistance for counseling services for breast cancer patients and their families. They also offer a tote bag that is filled with items that support patients throughout treatment and beyond.

HTTPS://PROJECT31.COM/SERVICES/

TGIN FOUNDATION

The TGIN foundation provides a $20 (each way) LYFT credit for breast cancer survivors that need a ride to a breast health appointment od COVID-19 vaccination.

HTTPS://TGINFOUNDATION.ORG/LYFTPARTNERSHIP/

CLEANING FOR A REASON

Cleaning for reason provides two home cleanings for cancer patients that are in active treatment.

HTTPS://CLEANINGFORAREASON.ORG/PATIENTS/

THE AIRS FOUNDATION

Co-pay assistance for breast reconstructive surgery and surgical and/or facility fees related to breast reconstructive surgery. Restorative areola tattooing. Assistance with final statement balance for breast reconstructive surgeries (within past 6 months that have processed through insurance)

HTTPS://AIRSFOUNDATION.ORG/APPLY-FOR-GRANT/

PINK AID

PinkAid is the only national organization providing compassionate support and rapid emergency financial assistance within 48 hours to breast cancer patients in treatment.

HTTPS://PINKAID.ORG/PINK-AID-PINK-PURSE/

SUSAN G. KOMEN FOUNDATION

The Susan G. Komen foundation will provide treatmeent assistant for breast cancer patients that are currently undergoing treatment. Funds are determined by stage,
Stage 4 - $750 / Stage 0-3 $500

HTTPS://WWW.KOMEN.ORG/TREATMENT-ASSISTANCE-PROGRAM/

LIVING BEYOND BREAST CANCER

Living beyond breast cancer provides grants to help with living expenses such as rent, mortgage, car payments, internet, phone, gas, electric, etc. Grants range from **$500 - $1,200.**

HTTPS://WWW.LBBC.ORG/FUND

THE CARE PROJECT INC.

The care project inc. provides grants for utility bills, rental assistance and co-pays. Travel assistance and gift cards to grocery stores.

HTTPS://THECAREPROJECTINC.ORG/

CHICK MISSION - HOPE GRANT PROGRAM

The hope grant program supports newly diagnosed women choosing to preserve fertility before treatment begins. This program is available to women in the following states: California, Colorado, Illinois, New jersey, New York & Texas.

HTTPS://WWW.THECHICKMISSION.ORG/

PATIENT ADVOCATE FOUNDATION

Financial AID and services to patients facing life-threatening disease.

HTTPS://CLOZTALK.COM/COLLECTIONS/PATIENT-ADVOCATE-FOUNDATION

GENEVIEVE'S HELPING HANDS

We award stay grants that extend and enhance recovery from any type of breast cancer treatment, including before, during, and after treatment, including reconstruction.

HTTPS://WWW.GENSHELPINGHANDS.ORG

SISTERS NETWORK INC.

Sisters network inc. provides financial assistance with utilities and housing, Breast cancer assistance program (BCAP) will be . open from June 3, 2024 - July 1, 2024.

HTTPS://WWW.SISTERSNETWORKINC.ORG/PROGRAMS.HTML

EXPECT MIRACLES FOUNDATION + THE SAMFUND

The Samfund provides grants to cancer patients up to $4,000. These grants can help with IUI, surrogracy/gestional carrier, adoption, mortgages, car payments, medical bills and more.

HTTPS://EXPECTMIRACLESFOUNDATION.ORG/SAMFUND-GRANTS

NORTHWEST HOPE & HEALING

Providing cancer patients in the pacific northwest with financial aid for everyday basics.

HTTPS://NWHOPEANDHEALING.ORG/

CANCER FINANCIAL ASSISTANCE COALITION

CFAC is a coalition of organizations helping cancer patients manage their financial challenges.

HTTPS://WWW.THISISLIVINGWITHCANCER.COM/CONTENT/CANCER-FINANCIAL-ASSISTANCE-COALITION

HOUSTON HAVEN

Provides low cost housing to out of town cancer patients undergoing treatment ar the Texas medical center.

HTTPS://WWW.HOUSTONHAVEN.COM

FRIDAY HARBOUR

Free temporary lodging to cancer patients & families receiving treatment at the Texas medical center

HTTPS://FRIDAYHARBOUR.ORG

AMERICAN CANCER SOCIETY - HOPE LODGE

The American cancer society health lodge provides a free place to stay when treatment is far away. (Not available in every state)

HTTPS://WWW.CANCER.ORG/SUPPORT-PROGRAMS-AND-SERVICES/PATIENT-LODGING/HOPE-LODGE.HTML

CHILDREN & FAMILIES

KESEM

Kesem is a nationwide community that supports children through and beyond their parent's cancer. Kesem is the largest national organization dedicated to supporting children impacted by parent's cancer at no cost to families.

HTTPS://WWW.KESEM.ORG/

BRIGHT SPOT NETWORK

Provides support to young cancer survivors who are parents to of small children.

HTTPS://WWW.BRIGHTSPOTNETWORK.ORG

ONE DAY TO REMEMBER

One day to remember provides a day trip pr experience to families with a parent that is facing a life limiting illness.

HTTPS://WWW.ONEDAYTOREMEMBER.ORG/APPLY

PICKLES

Picles group provides free peer-to-peer support and resources for kidsand teens impacted by their parent or guardian's cancer.

HTTPS://WWW.PICKLESGROUP.ORG/

METASTATIC BREAST CANCER SUPPORT

MBC CONNECT

MBC connect is a patient experience registry where you can share info about your diagnosis and treatment history to help advance research and get potential matches to clinical trials.

HTTPS://WWW.MBCCONNECT.ORG

PROJECT LIFE MBC

Virtual wellness website for those living with metastiatic breast cancer.

HTTPS://WWW.PROJECTLIFEMBC.COM

ANGELMIRA

Angelmira provides MBC support for the spanish speaking population.

HTTPS://WWW.ANGELMIRA.ORG

THE RIGHT DOSE

Advocates for better quality of life for people living with metastic breast cancer through patient-centeres dosing.

HTTPS://WWW.THERIGHTDOSE.ORG

SAY YES TO HOPE

Say yes to hope provides support, resources, and information for those living with advanced (metastatic) cancers.

HTTPS://WWW.SAYYESTOHOPE.ORG

TWISTED PINK

Twisted pink provides support for the MBC community and a “Box of hope”

HTTPS://WWW.TWISTEDPINK.ORG/

TRIPS & RETREATS

CASTING FOR RECOVERY

Casting for recovery provides and all expense paid fly fishing trip fr breast cancer survivors. Applications open in the fall.

HTTPS://CASTINGFORRECOVERY.ORG/RETREATS/

FIGHT THROUGH FLIGHTS

Fights through flights supports black breast cancer survivors by providing free wellness retreats and travel experiences as well as mental health, nutrition and fitness resources.

HTTPS://WWW.FIGHTTHROUGHFLIGHTS.ORG/ABOUT-US

FIRST DESCENTS

First descents provides life-changing outdoor adventures for young adults impacted by cancer and other serious health conditions.

HTTPS://FIRSTDESCENTS.ORG/

RIVER DISCOVERY

River discovery offers outdoor adventures for cancer survivors that promote healing & strengthening of the mind, body & spirit.

HTTPS://RIVERDISCOVERY.ORG/CATEGORY/ADVENTURES/

PINK HOUSES OF HOPE

Little pink house of hope provides retreats for families, singles and couples that are facing a breast cancer diagnosis and need time to rest and be rewened.

HTTPS://WWW.LITTLEPINK.ORG/

PROJECT ATHENA

Project Athena helps survivors live their most adventurous dreams by providing them epic trip to hike the grand canyon, kayak trough the Florida keys and more, All expenses covered.

HTTPS://WWW.PROJECTATHENA.ORG

TREATMENT ASSISTANCE

THE AIRS FOUNDATION

Co-pay assistances for breast reconstructive surgery and surgical and/or facility fees related to breast constructive surgery. Restorative areola tattooing. Assistance with final statement balances for breast reconstructive surgeries (within past 6 months that have processed through insurance))

HTTPS://AIRSFOUNDATION.ORG/APPLY-FOR-GRANT/

ANNIE APPLESEED PROJECT

Provides resources for natural therapies for cancer patients.

HTTPS://WWW.ANNIEAPPLESEEDPROJECT.ORG

PRETTY GIRLS WITH CANCER

Connecting cancer survivors, patients, & Caregivers together through therapeutic sessions, services & wellness activities, focusing on mental health.

HTTPS://WWW.PRETTYGIRLSWITHCANCER.ORG

THE SURVIVOR'S NEST

Support that focuses on nutrition, fitness & overall well-being. Also provides scholarships, make-overs, holistic care packages, and retreats.

HTTP://WWW.THESURVIVORSNESTINC.ORG

NORDSTROM

Nordstrom certified prosthesis fitters assist with fitting and can sew pockets for breast forms. Additionally, they partner with major medical insurance companies and many will cover the cost of 1-2 Bras. This is not limited to nordstroms.

HTTPS://WWW.NORDSTROM.COM

BRCA STRONG

BRCA strong provides mastectomy care packages for survivors, previvors & thrivers that will have a mastectomy. The package includes a robe with drain pockets, and post mastectomy bra.

HTTPS://WWW.BRCASTRONG.ORG/PROGRAMS.HTML

HAIR TO STAY

Hair to stay provides subsidies to cancer patients for cold capping supplies which help to minimize hair loss from chemotherapy.

HTTPS://WWW.HAIRTOSTAY.ORG/APPLY-FOR-A-SUBSIDY/

KNITTED KNOCKERS CHARITIES

Hair to stay provides subsidies to cancer patients for cold capping supplies which helps to minimize hair loss chemotherapy.

HTTPS://KNITTEDKNOCKERSONLINE.ORG/PRODUCTS

UNITE FOR HER

Unite for her provides integrative and supportive therapies for bc patients and free integrative wellness programs that support breast cancer ovarian canver patients nationwide

HTTP://UNITEFORHER.ORG

STAY BEAUTIFUL FOUNDATION

The stay beautiful foundation monthly beauty box subscriptions for those facing a cancer diagnosis, peer-to-peer community and patient navigation.

HTTPS://WWW.THESTAYBEAUTIFULFOUNDATION.ORG

COMMUNITY & SUPPORT

QUEERING CANCER

Provides support, information and resources for the sexual and gender diverse community.

HTTPS://QUEERINGCANCER.CA

JACK CAREGIVER COALITION

Provides support to men who are caregivers to cancer patients, as well as a variety of COED programming opportunities

HTTPS://WWW.JACKSCAREGIVERCO.ORG

LATINA SHARE CANCER SUPPORT

Latina share cancer support provides support and information on women's gynecological cancers and metastatic breast cancer.

HTTPS://LATINA.SHARECANCERSUPPORT.ORG

STUPID CANCER

Empowers the adolescent and young adult (AYA) communities who are facing cancer.

HTTPS://STUPIDCANCER.ORG

FOR THE BREAST OF US

For the breast of us for the breast of us provides information and resources for women of color that are facing a breast cancer diagnosis.

HTTPS://BREASTOFUS.COM

THE BREASTIES

The breasties provides community support for survivors, previvors, thrivers and caregivers that have been impacted by breast and gynecological cancers. The breasties offer virtual events, resources and chapters around the world.

HTTP://THEBREASTIES.ORG

CANCER & CAREERS

Empowers and educates people with cancer to thrive in their workplace by providing experts advice, interactive tools and educational events.

HTTP://CANCERANDCAREERS.ORG

YOUNG SURVIVAL COALITION

Nonprofit dedicated to all young breast cancer survivors (diagnosed under 40) and their co-survivor support networks.

HTTPS://YOUNGSURVIVAL.ORG

WILDFIRE MAGAZINE

The only magazine for and by people “too young ” for breast cancer.

HTTPS://WWW.WILDFIRECOMMUNITY.ORG

FU** CANCER

Fu** cancer is dedicated to prevention, early detection and providing emotional support and guidance to those affected by cancer.

HTTPS://WWW.LETSFCANCER.COM/

CANCARE

Cancare provides post treatment survivorship support.

HTTPS://CANCERADVOCACY.ORG

LATINA SISTER SUPPORT

Education for hispanic/latina women feaced with all types of cancers.

HTTPS://LATINASISTERSSUPPORT.ORG

305 PINK PACK

Only program in south Florida that gives women with all types of cancers the equity they need to access their cancer care and recover from it.

HTTPS://WWW.305PINKPACK.ORG

AFTER BREAST CANCER DIAGNOSIS

After a breast cancer diagnosis provides mentorship to newly diagnosed breast cancer patients.

HTTPS://ABCDBREASTCANCERSUPPORT.ORG

LATINA CONTRA CANCER

Latina contra cancer creates a more equitable and accessible healthcare system for the latin community around issues of cancer.

HTTPS://WWW.LATINASCONTRACANCER.ORG

EVOLVE PINK

Nonprofit supporting and empowering women affected by breast cancer.

HTTPS://WWW.EVOLVEPINK.ORG

AMERICAN CANCER SOCIETY - CARES APP

The mobile app that provides you, your family, and your caregivers with the resources to navigate your cancer journet with confidence.

HTTPS://WWW.CANCER.ORG/SUPPORT-PROGRAMS-AND-SERVICES/ACS CARES.HTML

I HOPE THIS GUIDE WAS HELPFUL TO YOU!

Please pass this on to another special person that may need it.

This guide will be updated regularly. If you would like to add a non-profit to the list, please email **hello@aishapatterson.com.**