Brain Injury
SOLUTIONS



2026 IMPACT REPORT

Connection

Every connection moves recovery forward.

Help for today. Hope for tomorrow.

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A LETTER

From the Director's Desk

Every journey after a brain injury is different, but one thing remains true: no one should have to navigate it alone.

At Brain Injury Solutions, connection is at the heart of everything we do. Connection is often the first step toward hope, healing, and renewed independence. It is the relationship between a survivor and a case manager who listens without judgment. It is the support of a peer who understands the challenges of living with a brain injury. It is a family finding answers, a community welcoming someone back, or a donor making it possible for help to reach someone in need.

This year, we strengthened those connections across 16,000 square miles of Southwest Virginia and portions of Central and Southside Virginia. We connected survivors and families to services, healthcare, housing, education, employment opportunities, and one another. Through support groups, community partnerships, prevention programs, advocacy efforts, and individualized case management, we walked alongside people as they rebuilt confidence, pursued goals, and rediscovered possibilities.

The stories and numbers throughout this report reflect more than services delivered. They represent lives touched, barriers overcome, and relationships built. Behind every referral, every community home visit, every support group, and every helmet distributed is a person whose life is stronger because someone chose to connect.

That connection extends to you.

Whether you are a survivor, family member, donor, volunteer, advocate, partner, or community supporter, your involvement makes our work possible. Together, we are building a network of support that reaches people where they are and reminds them they are not alone.

Thank you for being part of this mission. Thank you for helping create meaningful connections that move recovery forward and make hope possible for thousands of individuals and families across our region.

JL Judge

Jodi Judge, Executive Director



OUR MISSION

To help children and adults living with brain injury improve the quality of their lives and reintegrate into family and community.

Across our largely rural region, distance from specialized services can make life after brain injury harder to navigate. Brain Injury Solutions (BIS) helps survivors and families find support close to home.

16,000	32	28
SQUARE MILES	COUNTIES	CITIES & TOWNS

BIS is the region's *only* community-based provider of comprehensive brain injury support.

OUR CORE VALUES

Accountable • Person-Centered • Tenacious • Collaborative • Quality-Focused



CLIENT SPOTLIGHT

Juanita Prada turned her journey into Behold Be Gold, a voice for childhood cancer survivors. Now she impacts others through her work.

WHO WE REACHED

Client Impact

Behind every number is a survivor or family member who found support, answers and a path forward.

2,439 CLIENT-CENTERED COORDINATION & ADVOCACY

1,740 CASE MANAGEMENT VISITS

633 INFORMATION & REFERRALS

251 SUPPORT GROUP PARTICIPANTS

78 RISK ASSESSMENTS COMPLETED



HOW WE HELPED

Case Management

Our case managers provide free, long-term, person-centered support to survivors and their families, meeting them at home and in the community. Together, case managers and clients set personal goals, like returning to work, managing medical needs or finding stable housing, then create a step-by-step plan to reach each one.



FROM A CASE MANAGER

"When my clients reach a goal, I love watching their confidence grow. Knowing I helped them become more independent makes it all worthwhile."

— KIM MILLIRONES, CASE MANAGER

384
SURVIVORS SUPPORTED

97%
GOALS ACHIEVED

91%
CLIENT SATISFACTION

HOW WE HELPED

Community Living Connection (CLiC)

CLiC brings BIS clients together, in person and online, in small groups that offer support, education, social connection and cognitive skill-building. Through art, music and conversation, participants practice skills they use in everyday life.



A CLiC participant shares her painting during an online session.

154
INDIVIDUAL PARTICIPANTS

118
SESSIONS THIS YEAR

91%
PARTICIPANTS SATISFIED

WHAT PARTICIPANTS TOLD US

> *"I believe I can have a better future."*

> *"It made me feel like someone cares."*

> *"Feel lonely, isolated... Joining CLiC class... made better. I add new family each class."*

> *"So wonderful to see I am not alone."*

HOW WE HELPED

Community Support Specialist Services (CSSS)

Relearning everyday life, one skill at a time.

CSSS provides intensive one-on-one, goal-driven services and supports designed to help brain injury survivors relearn skills and build compensatory strategies for greater independence.

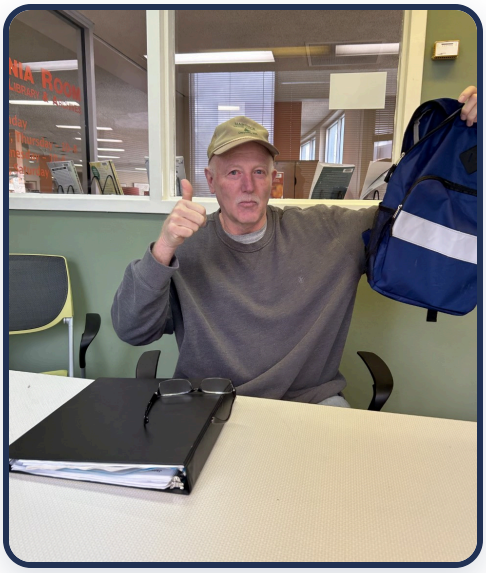


MARIE'S STORY

After her brain injury, Marie wanted to make her family's brownie recipe again. To reach that goal, she and CSSS case manager Michelle made a list, shopped for the ingredients, and baked the brownies together.

JOHNNY'S STORY

Johnny had a stroke in November 2021. He has made significant progress, but keeping track of appointments and organizing his mail were a struggle. Michelle got him a new bookbag and a binder with a planner for his mail, contacts and appointments. They meet weekly, and Johnny is doing a great job using his binder to stay on schedule.





HOW WE HELPED

Beyond the Injury

A justice, education and collaborative reentry initiative

Beyond the Injury provides person-centered support, education and resource connection for people with brain injury who are involved in the justice system. Working alongside detention center staff, courts, supervision professionals and community partners, BIS helps increase awareness, improve identification and build stronger pathways to successful reentry.

A.H.E.A.D. Group

ACHIEVING HEALING THROUGH EDUCATION, ACCOUNTABILITY & DETERMINATION

A curriculum from MINDSOURCE Brain Injury Network that helps participants understand brain injury and learn practical strategies for daily life.

CLiC REIgnite

COMMUNITY LIVING CONNECTION

Wellness and skill-building groups with mindfulness, gentle movement, daily living tools and stress reduction to support reentry.

95%

Up to 95% of incarcerated women report a history of brain injury.

> *Awareness. Compassion. Opportunity.*



A.H.E.A.D. PARTICIPANT

HOW WE HELPED

Brain Injury Prevention & Education

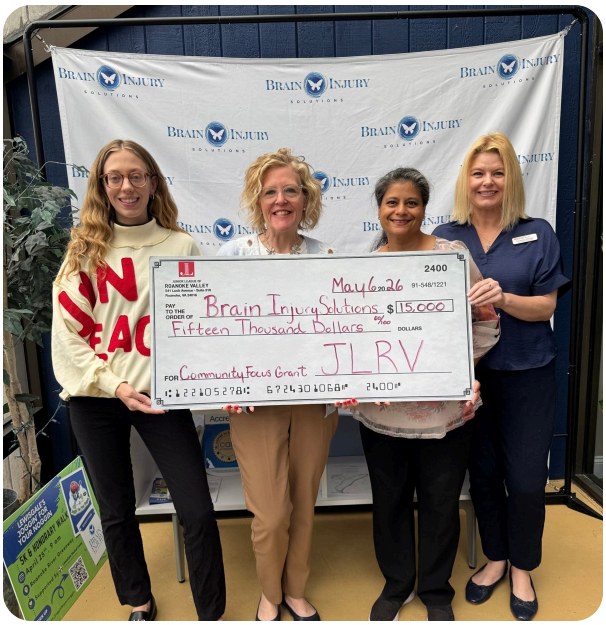
The best brain injury is the one that never happens. Our year-round helmet program fits children with free bike helmets and teaches families how to protect their brains.

$15K

JUNIOR LEAGUE COMMUNITY FOCUS GRANT

300+

HELMETS FITTED AT GO FEST



Executive Director Jodi Judge accepts a check from the Junior League of Roanoke Valley.

Thank you, Junior League of Roanoke Valley. Your $15,000 Community Focus Grant puts a helmet on every child we reach.



Case manager Emily Honse fits a child with a helmet purchased through the Junior League's Community Focus Grant.

WHERE WE SHOWED UP

- Go Fest
- Burlington Elementary bike rodeo
- Move-A-Palooza with Fleet Feet
- Williamson Road Library helmet event
- Commonwealth Day of Play
- Growing partnerships with county schools

WHY HELMETS MATTER

"Brain Injury Solutions helmet saved my son's life... The doctors said it would have been a much different story if he hadn't been wearing his helmet. PLEASE keep giving out helmets!"

— Parent of a child who got his helmet at Go Fest

Community Impact

463 COMMUNITY IMPACT ACTIVITIES
Events, presentations & support groups

20,000+ PEOPLE REACHED

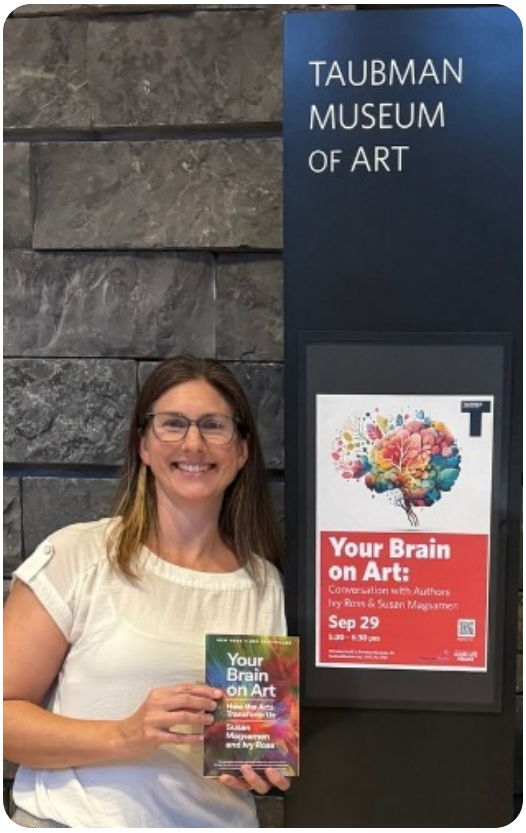


COMMUNITY OUTREACH

Meeting people where they are

At health fairs, festivals and community events, our team connects people to brain injury information and resources, often the first step toward help.

Katherine King shares resources at Brain School with the Fralin Biomedical Research Institute.



COMMUNITY PARTNERSHIPS

Your Brain on Art at the Taubman Museum

BIS joined the Taubman Museum of Art for *Your Brain on Art*, a conversation with authors Susan Magsamen and Ivy Ross about how the arts heal and transform the brain. The evening connected our community with the same idea behind CLiC: creativity helps people recover.

CLiC Project Director Stacey Nichols at the Taubman Museum of Art.



HOW WE HELPED · ADVOCACY

A voice for survivors

This year BIS carried survivors' stories from Southwest Virginia to Richmond and Washington, D.C., meeting with lawmakers about the services and funding that help people rebuild their lives after brain injury.



In Richmond, left to right: Jason Young, Executive Director, Community Brain Injury Services; Senator Todd Pillion, Virginia Senate District 6; Melinda Caldwell and Jodi Judge, Brain Injury Solutions.



Jodi Judge at the Brain Injury Association of America's National Brain Injury Conference in Washington, D.C.

HOW WE HELPED

When a Need Can't Wait

WINTER WISHES

40 clients received holiday gifts, thanks to donors and sponsors.

For many survivors, the holidays can be isolating. Winter Wishes makes sure they know their community is thinking of them.



$26,000 raised last December through our **26 for 26** campaign. Those unrestricted gifts went where they were needed most, including Winter Wishes.



MEETING URGENT NEEDS

For one client, the right mobility support meant she could move safely around her own home.

BIS helps survivors meet urgent needs that insurance doesn't cover, like mobility aids, transportation and utilities, so they can stay safe and independent at home.

101 URGENT CLIENT NEEDS MET

WHY IT MATTERS

“Michele was the first person to tell me that I can do hard things. You have given me a champion in my corner.”



I came to live in Rocky Mount, Virginia, with knowledge of my brain injury but absolutely no support or education to navigate life. You have given me community, classes via telehealth and a champion in my corner.

The loaner computer allowed me to reach out to the world. I was able to talk to people who understood that I am not any less of a person because I have neurological difficulties.

I am starting my life over at 57. I will need help, but because of your help, knowledge and compassion, I am able to move forward.

— Corey

BIS CLIENT · WORKED WITH MICHELE RYBERG, BEHAVIORAL HEALTH THERAPIST

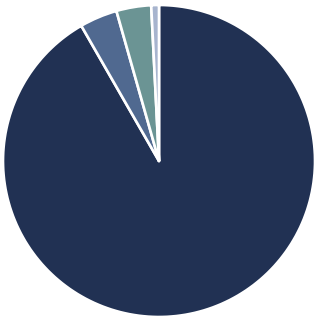
HOW YOU MAKE IT POSSIBLE

Financial Summary

Fiscal year 2026

REVENUE

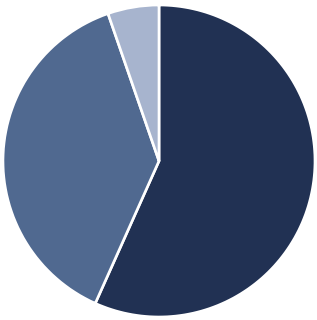
$2,029,618



Contracts	**91.7%**
Grants	**3.9%**
Individual & business gifts	**3.6%**
Fundraising events	**0.8%**

EXPENSES

$1,910,368



Programs & services	**56.7%**
Management & operations	**38.0%**
Fundraising	**5.4%**

BIS manages every dollar with care. Our largest investment is in people: our case managers are the lifeblood of our services, meeting clients at home and in the community across 16,000 square miles.

WHY YOUR GIFT MATTERS

Your gift lets us say *yes.*

Contracts and grants fund specific services, and every dollar comes with rules. Your gift has none. It can build a ramp so a client can leave home again, buy a wheelchair or a lift, or remodel a bathroom so someone can bathe safely and with dignity. Whatever the need, your gift lets BIS say yes.

When you give, you help BIS meet clients where they are, not just where contracts allow.

Thank you!

WITH GRATITUDE

Our Supporters

FISCAL YEAR 2026

To our sponsors and donors: every dollar given, hour volunteered and word of encouragement keeps survivors connected to the help they need. To our staff: you show up every day with heart and purpose.

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Williams DeLoatche, PC

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Shawn Utt
Laken Vail
Rudolph Van Thiel
Paul VanWagoner
Jason Williams
Joshua Wilson
Melissa Woodson
Bonnie Wright

Brain Injury SOLUTIONS

LOOKING FORWARD

No one should face brain injury alone.

In 2027, Brain Injury Solutions will keep walking beside survivors and their families through every stage of recovery. We will reach more people across our region and deepen our programs. And we will keep building a community of support that reaches every survivor who needs it.

Every connection in these pages was made possible by people like you. We look forward to staying connected in the year ahead, and we hope you'll share our story with the people in your life. Every introduction helps another survivor, family or supporter find their way to Brain Injury Solutions.

Every connection moves recovery forward.
Thank you for being part of the connection.

Stay connected

Scan the code or visit **BISolutions.org** to give, volunteer, sponsor an event or share BIS with a friend.

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*When you think **Brain Injury**, think **Solutions**.*