

COST OF LIVING

PLAYA DEL CARMEN · 2026

What a month here actually costs — the real numbers, the ones your friend on the ground would give you.

ALL IN · PER MONTH

ONE PERSON · CENTRE OR BETTER

19,000—39,000

approx. USD 1,100 – 2,250

A COUPLE · CENTRE OR BETTER

28,000—69,000

approx. USD 1,600 – 4,000

HOUSING	MEXICAN PESOS PER MONTH	
	ONE-BED	TWO-BED
Local neighbourhood, away from the beach	7,000 – 14,000	13,000 – 20,000
Centre / Gonzalo Guerrero / near Quinta Avenida	14,000 – 26,000	20,000 – 40,000
Gated, newer condo or beachfront — Playacar, Zazil-Ha	20,000 – 27,000	25,000 – 50,000
UTILITIES & CONNECTION		
Electricity — moderate air-conditioning use		800 – 1,500
Electricity — air conditioning running constantly		1,500 – 2,500+
Internet — fibre (Telmex, Izzi)		450 – 850
Air conditioning is the one line here you control directly.		
FOOD		
Groceries — one person, cooking most meals		4,000 – 7,000
Groceries — a couple		7,000 – 12,000
Mid-range restaurant meal, per person		350 – 700
GETTING AROUND & HEALTH		
Transport — without a car		under 1,750
Private doctor's consultation		500 – 1,400

WHAT THESE NUMBERS DON'T INCLUDE

Every figure above is recurring. The costs that catch people out are the one-time ones — deposit and advance rent, furnishing an unfurnished place, residency filing, health-insurance setup, and the flights. Budget those separately, before you sign anything.

PLAYA DEL CARMEN · FIGURES AS PUBLISHED, AUGUST 2026

All figures in Mexican pesos — the currency you actually pay in, and the only one that does not move. USD shown above is approximate, at MXN 17.37 = 1 USD (mid-market, 31 July 2026). Rates move — the live table at [buildalifeabroad.com](#) converts to USD and CAD automatically.