

| Category           | Name                                                        | Website                                                              | Phone Number              | County        |
|--------------------|-------------------------------------------------------------|----------------------------------------------------------------------|---------------------------|---------------|
| Addiction          | MountainSide Addiction Treatment Center (Thea Ross)         | Mountainside.com                                                     | (855) 705-6097            | Hudson Valley |
| Addiction          | Wellbridge                                                  | Wellbridge.org                                                       | (631) 508-5522            | Statewide     |
| Addiction          | The Kenneth Peters Center for Recovery                      | KenPetersCenter.com                                                  | (888) 224-7312            | Suffolk       |
| Addiction          | National Law Enforcement & First Responder Wellness Center  | HarborofGraceRecovery.com                                            | (443) 502-8606            | Statewide     |
| Addiction          | Water Gap Wellness                                          | WatergapWellness.com                                                 | (631) 891-7400            | Statewide     |
| Addiction          | Innovative Health Systems                                   | InnovativeHealthSystemsInc.com                                       | (914) 683-8050            | Hudson Valley |
| Addiction          | NYS Office of Addiction Services and Support                | oasas.ny.gov                                                         | (877) 846-7369            | Nationwide    |
| Domestic Violence  | Hope's Door                                                 | HopesDoorNY.org                                                      | (888) 438-8700            | Westchester   |
| Domestic Violence  | National Domestic Violence Hotline                          | TheHotline.org                                                       | (800) 799-7233            | Hotline       |
| Domestic Violence  | My Sisters' Place                                           | Mspny.org                                                            | (800) 298-7233            | Westchester   |
| Financial          | Affinity Federal Credit Union                               | affinityfcu.com                                                      | (800) 325-0808            | Westchester   |
| Financial          | Contour Mortgage                                            | contourmtg.com                                                       | (914) 274-0931            | Statewide     |
| Financial          | Hudson Valley Federal Credit Union                          | hvcu.org                                                             | (800) 468-3011            | Hudson Valley |
| Mental Health      | Westchester County Crisis Prevention and Response Team      | mentalhealth.westchestergov.com/mental-health/suicide-prevention     | (914) 925-5959            | Westchester   |
| Mental Health      | Crisis Text Line                                            | crisistextline.org                                                   | Text "BADGE" to 741-741   | Nationwide    |
| Mental Health      | Wholistic Counseling                                        | wholisticcounselingpc.com                                            | (631) 406-9308            | Long Island   |
| Mental Health      | 988 National Suicide & Crisis Lifeline                      | 988lifeline.org                                                      | 988                       | Nationwide    |
| Mental Health      | Westchester B.L.U.E. Foundation Inc                         | westchesterblue.org                                                  | (844) WST-BLUE (978-2583) | Westchester   |
| Mental Health      | Westchester County EAP (Employee Assistance Program)        | mentalhealth.westchestergov.com/employee-assistance-program/overview | (914) 995-6070            | Westchester   |
| Mental Health      | National Alliance on Mental Illness (NAMI)                  | nami.org                                                             | (914) 592-5458            | Westchester   |
| Mental Health      | CopLine                                                     | copline.org                                                          | (800) 267-5463            | Hotline       |
| Mental Health      | Hope For Heroes Foundation                                  | heroeshope.org                                                       | (845) 476-9142            | Dutchess      |
| Mental Health      | Choice Of NY (Wakia Watkins)                                | choiceofny.org                                                       | (914) 576-0173            | Westchester   |
| Mental Health      | Family Services of Westchester                              | fsw.org                                                              | (914) 937-2320            | Westchester   |
| Mental Health      | Four Winds Hospital                                         | fourwindshospital.com                                                | (914) 763-8151            | Westchester   |
| Mental Health      | Greater Mental Health Of New York                           | greatermentalhealth.org                                              | (914) 266-2922            | Hudson Valley |
| Mental Health      | Peaceful Living Mental Health Counseling                    | peacefulivingmentalhealthcounseling.com                              | (914) 222-3983            | Westchester   |
| Mental Health      | First Help                                                  | 1sthelpp.org                                                         |                           | Nationwide    |
| Mental Health      | First Responder Children's Foundation                       | 1strcf.org/mental-health                                             | (646) 822-4236            | Nationwide    |
| Mental Health      | First Responder Foundation                                  | FirstRespondersFoundation.org                                        | (402) 218-1234            | Nationwide    |
| Mental Health      | New York Law Enforcement Assistance Program (NYLEAP)        | NYLEAP.org                                                           | (518) 625-1899            | Statewide     |
| Mental Health      | Safe Call Now                                               | safecallnowusa.org                                                   | (206) 459-3020            | Nationwide    |
| Mental Health      | Bulletproof                                                 | Bulletproof.org                                                      | (602) 433-2677            | Nationwide    |
| Multiple Resources | Guardian Revival                                            | guardianrevival.org                                                  | (845) 617-6421            | Dutchess      |
| Multiple Resources | Concerns Of Police Survivors (C.O.P.S.)                     | concernsofpolicesurvivors.org                                        | (573) 346-4911            | Hotline       |
| Physical           | New York State Smoker's Quitline                            | NYSmokeFree.com                                                      | (866) NY-QUITS (697-8487) | Statewide     |
| Physical           | Monte Nido (Treatment for eating disorders related to PTSD) | montenido.com                                                        | (888) 228-1253            | Hudson Valley |
| Physical           | Cancer Support Team                                         | cancersupportteam.org/                                               | (914) 777-2777            | Hudson Valley |
| Physical           | Calm Sea Psychology (Video Counseling Service)              | calmseapsyc.com                                                      | (888) 975-2256            | Nationwide    |
| Physical           | Westchester Birth (Childbirth education and Counseling)     | westchesterbirth.com                                                 | (401) 743-0814            | Westchester   |
| Physical           | Northwell Katz Institute for Women's Health                 | northwell.edu/kiwh                                                   |                           | Statewide     |
| Physical           | Westchester County Department of Health                     | health.westchestergov.com                                            | (914) 813-5000            | Westchester   |
| Physical           | Office on Women's Health                                    | WomensHealth.gov                                                     |                           | Nationwide    |
| Spiritual          | Bereavement Center of Westchester                           | BCWtreehouse.org                                                     | (914) 787-6158            | Westchester   |
| Stress / Trauma    | Westchester Vet Center                                      | va.gov/westchester-vet-center                                        | (800) 698-2411            | Westchester   |
| Stress / Trauma    | Veterans Rehab                                              | veterans.westchestergov.com                                          | (914) 995-2000            | Westchester   |
| Stress / Trauma    | Family Ties Westchester (Family Support Services)           | familytieswestchester.org                                            | (914) 995-5238            | Westchester   |
| Stress / Trauma    | Crisis Text Line                                            | crisistextline.org                                                   | Text 741-741              | Hotline       |
| Stress / Trauma    | Recovery Centers of America                                 | recoverycentersofamerica.com                                         | (855) 397-8741            | Hotline       |
| Stress / Trauma    | The Wounded Blue (Injured and Disabled LEO Resources)       | thewoundedblue.org                                                   | (833) 892-8255            | Hotline       |