

ALLERGEN GUIDE

! Please tell your server about any allergies before you order.

All dishes are prepared in one kitchen handling gluten, nuts, peanuts, sesame, milk, egg, fish, soya, mustard, celery and sulphites. We take great care, but cannot guarantee any dish is free from these allergens — traces may be present through cross-contact. Recipes and suppliers change, so always check with our team on the day.

MILK Contains this allergen

MILK^R **R** = removable on request

Gluten-free bread available on request wherever flatbread or pita is served.

SMALL PLATES & MEZZE

BABA GANOUSH

Charred aubergine, toasted walnuts, pomegranate molasses, bread

NUTS (WALNUT)^R **GLUTEN^R**

HUMMUS & PEANUT PESTO

Hummus, peanut pesto, olive oil, flatbread

SESAME **PEANUTS^R** **GLUTEN^R**

CELERY^R

PADRON PEPPERS & FETA DIP

Fried padron peppers, feta dip, sunflower dukkah

MILK^R **SESAME^R**

GRILLED HALLOUMI & HARISSA GLAZE

Grilled halloumi, harissa glaze

MILK

CHARRED LEEKS & CULTURED LABNEH

Charred leeks, whipped labneh, charcoal dressing, tarragon, pine nuts

MILK **SOYA** **NUTS (PINE NUT)^R**

TENDERSTEM BROCCOLI & CHIPOTLE TAHINI

Tahini dressing, lemon dressing, toasted almonds, Maldon

NUTS (ALMOND)^R **SESAME^R**

LE BAB FRIED CHICKEN

Chicken thigh, batter, BBQ, ranch, chives, pickled chilli

GLUTEN **MILK^R** **EGG^R**

MUSTARD^R **SOYA^R**

BABY GEM & CAESAR CREAM

Baby gem, caesar cream, za'atar crumb

FISH **EGG** **MILK** **MUSTARD**
GLUTEN^R **SESAME^R**

SALADS

HERITAGE TOMATO SALAD

Mixed tomatoes, red onion, feta, basil, house dressing

MILK^R **MUSTARD^R**

HOUSE SALAD

Butterhead lettuce, chervil, chives, house dressing

MUSTARD^R

HOUSE CRUNCHY SALAD

Cucumber, radish, lemon, Maldon

NO LISTED ALLERGENS

SPELT SALAD BOWL

Spelt, chimichurri, grilled & pickled courgette, vadouvan cauliflower, gomashio

GLUTEN **SESAME^R** **MUSTARD^R**

KEBABS

SALT BEEF BRISKET KEBAB

Slow-cooked salt beef, sauerkraut, confit garlic mayo, gochugaru relish, flatbread

EGG^R **MILK^R** **GLUTEN^R**
MUSTARD^R **SESAME^R** **SULPHITES**

LAMB ADANA KEBAB

Lamb adana, sun-dried tomato mayo, tzatziki, roasted onion, guindilla chilli, flatbread

EGG^R **MILK^R** **GLUTEN^R** **SOYA**
CELERY^R

LAMB STEAK KEBAB

Grilled lamb steak, harissa labneh, green pepper & capers salsa, jalapeno, flatbread

MILK^R **GLUTEN^R** **SULPHITES**

FALAFEL KEBAB

Falafel, fennel salad, vegan herb mayo, fresh herbs, flatbread

GLUTEN^R **MUSTARD^R** **SULPHITES**

PANEER KEBAB

Marinated paneer, beetroot puree, curry mayo, sweet pickled cucumber, crispy shallots, flatbread

MILK **EGG^R** **GLUTEN^R**

MUSTARD^R **CELERY^R**

FREE RANGE CHICKEN SHISH KEBAB

Kashmir-marinated chicken, garlic & crème fraîche mayo, hispi, bell peppers, chicken skin, bread

EGG^R **MILK^R** **SOYA** **GLUTEN^R**

SULPHITES

SIDES & EXTRAS

CHEESE FONDUE

Cheddar & mozzarella, sodium citrate base, confit garlic, baked to order

MILK **MUSTARD** **FISH** **GLUTEN**

SULPHITES

RANCH DRESSING

Mayo, buttermilk, sour cream, herbs, miso (served on the side)

EGG **MILK** **MUSTARD** **SOYA**