

NEW PATIENT GUIDE

Preparing for Your First Visit

What to Bring & What to Expect

Welcome — we're glad you're here. A little preparation before your visit helps us make the most of your time together and get you started on the path to staying active. Here's what to bring and what to expect.

What to Bring

IDENTIFICATION & INSURANCE

- ☐ Photo ID (driver's license, state ID, or passport)
- ☐ Insurance card(s) — primary and secondary, if applicable
- ☐ Referral authorization, if required by your insurance or primary care provider
- ☐ Payment method for any co-pay or deductible due at the time of service

MEDICATIONS

- ☐ A current list of medications, including prescriptions, over-the-counter drugs, and supplements

MEDICAL HISTORY & IMAGING

- ☐ Prior medical records, operative notes, or specialist reports related to your condition
- ☐ Copies (or a disc) of any X-rays, MRIs, or CT scans, along with their written reports
- ☐ A list of known allergies, including medications, latex, and metal/implant materials

OTHER HELPFUL ITEMS

- ☐ Any brace, orthotic, or mobility aid you currently use
- ☐ A brief note on your symptoms — when they started, and what makes them better or worse — plus any questions you'd like to ask
- ☐ A support person, especially if surgery may be part of the conversation

Before You Arrive

- Please arrive 15–20 minutes early to complete registration and any remaining paperwork.
- If available, complete your intake forms in advance through our online patient portal to save time at check-in.
- Confirm with your insurance whether a referral from your primary care provider is required.

What to Expect During Your Visit

- A review of your medical history and current symptoms.
- A physical exam, including range of motion, strength, and gait, as relevant to your condition.
- In-office X-rays, if appropriate.
- A conversation about your non-surgical and surgical treatment options.
- A clear plan for next steps, including any follow-up imaging, therapy, or referrals.

Location & Contact

Suezie Kim, MD

Providence Seaside Hospital
727 S Wahanna Rd, Suite 230
Seaside, OR 97138

Appointment Line: (503) 717-7060

This guide is intended for general preparation purposes and does not replace individualized medical advice. For urgent concerns between visits, please call our office.