

TRT clinic comparison

Questions to ask before paying

- ☐ **Clinical responsibility**
Who is the clinical provider, responsible prescriber and dispensing pharmacy?
- ☐ **Registration**
Where can I check the relevant service and professional registrations?
- ☐ **Diagnosis**
Which properly timed samples and repeat results are needed? Can you use my existing reports?
- ☐ **Further assessment**
What happens if TRT is unsuitable or another cause needs investigation?
- ☐ **Fertility**
How do current or future plans for children affect the assessment?
- ☐ **Formulation**
Why is this formulation proposed? What alternatives and practical precautions should I discuss?
- ☐ **Monitoring**
Which tests, collection methods and clinician reviews are included, and when?
- ☐ **Clinical questions**
Who reviews abnormal results and side effects? How do I contact a clinician?
- ☐ **Complete costs**
What are the first-year and subsequent-year totals, including all excluded items?
- ☐ **Terms**
What is the minimum commitment, cancellation notice and refund policy?
- ☐ **Continuity**
How are records, transfers, missed monitoring and supply interruptions handled?
- ☐ **Written confirmation**
Can I keep the itemised quote, monitoring schedule and handover arrangements?

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Compare written quotes for the same needs

Quote date: _____ Formulation / plan quoted: _____

Keep your completed sheet privately. Do not include personal medical details when sharing.

Clinic / provider		
Assessment and diagnostic tests		
Recurring plan fee per month		
Extra medication per month		
Extra tests and collection per year		
Extra consultations per year		
Supplies and delivery per year		
Other annual costs		
Estimated first-year total		
Estimated later-year total		
Minimum term / cancellation		
Prescriber / clinical contact		
Monitoring and handover notes		

Budget formula

First year = one-off costs + months x (plan + extra medication) + other annual costs.

Do not count bundled tests or medicines twice. Include only charges outside the plan.

An estimate is not an invoice, a treatment recommendation or a promise of eligibility.

Testogel starts at GBP 90/month at Heracles; injectable plans start at GBP 130/month.

Diagnostic costs and additional medicines are separate. Confirm your actual written quote.